

# INFERTILITY

## ACUPUNCTURE FOR INFERTILITY

Tx. Session	Left	Right
<b>1</b>	Lower LI4, Upper LV3	Lower LI4, Upper LV3
<b>2</b>	CHONG (SP4, PC6)	REN (LU7, KD6)
<b>3</b>	ST (+SI5, +ST41, -GB41, -ST43)	KD (+LU8, +KD7, -SP3, -KD3)
<b>4</b>	REN (LU7, KD6)	CHONG (SP4, PC6)

## THE FORMULA FOR INFERTILITY

**WEN JING TANG (Warm the Menses Decoction)**

## INFERTILITY TREATMENT BY THE FOUR PHASES

PHASE	TREATMENT PRINCIPLE	HERBAL FORMULA (Dr. Xia style)	8 Extra + TCM
<b>PHASE 1</b>	<ul style="list-style-type: none"> <li>● Invigorate Blood</li> </ul>	<ul style="list-style-type: none"> <li>● Ge Xia Zhu Yu Tang (scanty)</li> <li>● Tao Hong Si Wu Tang (heavy)</li> </ul>	<ul style="list-style-type: none"> <li>● SP4, PC6</li> <li>● KD14, SP10, SP6, LV3</li> </ul>
<b>PHASE 2</b>	<ul style="list-style-type: none"> <li>● Nourish Blood</li> <li>● Tonify KD</li> </ul>	<ul style="list-style-type: none"> <li>● You Gui Wan (KD Yang Xu)</li> <li>● Zuo Gui Wan (KD Yin Xu)</li> </ul>	<ul style="list-style-type: none"> <li>● LU7, KD6</li> <li>● RN4, KD13, SP6, UB23</li> </ul>
<b>PHASE 3</b>	<ul style="list-style-type: none"> <li>● Tonify KD, Tonify SP</li> <li>● Strengthen Chong/Ren</li> </ul>	<ul style="list-style-type: none"> <li>● You Gui Wan (KD Yang Xu)</li> <li>● Zuo Gui Wan (KD Yin Xu)</li> </ul>	<ul style="list-style-type: none"> <li>● LU7, KD6</li> <li>● RN4, KD13, SP6, UB23</li> </ul>
<b>PHASE 4</b>	<ul style="list-style-type: none"> <li>● Move Qi, Warm Uterus</li> <li>● Invigorate Blood</li> </ul>	<ul style="list-style-type: none"> <li>● Xiao Yao San (Qi stagnation)</li> <li>● Ge Xia Zhu Yu Tang (Blood stasis)</li> <li>● Wen Jing Tang (Cold Uterus)</li> <li>● Qi Gong Wan (Damp-Phlegm)</li> </ul>	<ul style="list-style-type: none"> <li>● SP4, PC6</li> <li>● SP10, KD14, LV3, SP6</li> </ul>

## CONTRAINDICATION FOR PREGNANCY

<b>Contraindication for Pregnancy</b>	<ul style="list-style-type: none"> <li>● <b>Points:</b> LI4, SP6, UB60, UB67, GB21, ST12</li> <li>● <b>Auricular Acupuncture:</b> if there is a history of miscarriage</li> </ul>
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# CALM THE FETUS

## ACUPUNCTURE

Tx	Points	Tx. Principle
<b>1</b>	KD3, SJ4 + LU7, KD6 + Yintang, DU20	Water gate + Ren
<b>2</b>	LV3, SI4 + SI3, UB62 + Yintang, DU20	Wood gate + Du
<b>3</b>	HT7, GB40 + SP4, PC6 + Yintang, DU20	Fire gate + Chong
<b>4</b>	SP3, SI4 + GB41, SJ5 + Yintang, DU20	Earth gate + Dai
<b>5</b>	+LU8, +KD7, -SP3, -KD3 + Yintang, DU20	Tonify KD (seed)
<b>6</b>	+SI5, +ST41, -GB41, -ST43 + Yintang, DU20	Tonify ST (field)
<b>7</b>	ST36, GB41, SP4, PC6 + Yintang, DU20	Meridian connecting
<b>8</b>	LU7, KD6 + SP4, PC6 + Yintang, DU20	Ren + Chong

## HERBAL FORMULAS

**Tai Shan Pan Shi San** (Overall Care)    or    **Bu Zhong Yi Qi Tang** (Lift Zhong Qi)

## MORNING SICKNESS

RN12, PC6, ST36 (Basic) + RN13, SP4 (if SP/ST Xu)    or    RN17, LV3 (if LV/ST disharmony)

# LABOR

<b>Breech Fetus</b>	Moxa at UB67	
<b>Induce Labor</b>	<b>Dui-Xue</b>	Tonify LI4 & Sedate SP6
	<b>TCM</b>	SP6, UB67 (basic) + ST36 (if Qi/Blood Xu) or LI4 (if Qi/Blood stagnation)

# POSTPARTUM

<b>Herbal Formula</b>	Sheng Hua Tang (Generate and Transform Decoction) - Also good for post miscarriage
<b>Insufficient Lactation</b>	ST18, RN17, SI1 (basic) + UB20, ST36, SP6 (Qi/Xue Xu) or LV14, PC6, LV3 (LV Qi stag)
<b>Inhibit Lactation</b>	GB41, GB37
<b>Uterus Prolapse</b>	DU20, RN6, RN12, ST36, ST29 (if Qi Xu) / RN4, Zigong, LV8, KD6 (if KD Xu)