

162 NCCAOM FORMULAS

	FORMULA	MEMO	INDICATIONS	
RELEASE EXTERIOR	Wind-Cold	MA HUANG TANG	麻黃湯(마황탕)	Exterior Wind-Cold of excess type
		GUI ZHI TANG	桂枝湯(계지탕)	Exterior Wind-Cold of deficiency type
		GE GEN TANG	葛根湯(갈근탕)	Exterior Wind-Cold of excess type with stiff neck
		XIAO QING LONG TANG	小青龍湯(소청룡탕)	Exterior Wind-Cold with congested Phlegm-Fluid in the LU
		XIANG SU SAN	香蘇散(향소산)	Exterior Wind-Cold with interior Qi stagnation
	Wind-Heat	SANG JU YIN	桑菊散(상국음)	Exterior Wind-Heat causing cough; Wind-Heat causing eye disorders
		YIN QIAO SAN	銀翹散(은교산)	Exterior Wind-Heat with Heat-Toxin; Toxic-Heat causing Boils and Sores
		CHAI GE JIE JI TANG	柴葛解肌湯(시갈해기탕)	Exterior Wind-Cold (Taiyang) transforming into interior Heat (Yangming)
		SHENG MA GE GEN TANG	升麻葛根湯(승마갈근탕)	Early stage of rashes due to externally contracted Heat
	Interior Deficiency	REN SHEN BAI DU SAN	人參敗毒散(인삼패독산)	Exterior Wind-Cold-Damp with interior Qi deficiency
JIA JIAN WEI RUI TANG		加減葳蕤湯(가감위유탕)	Exterior Wind-Heat with Yin deficiency	
DRAIN DOWNWARD	Heat Accumulation	DA CHENG QI TANG	大承氣湯(대승기탕)	Yangming organ syndrome causing severe constipation
		XIAO CHENG QI TANG	小承氣湯(소승기탕)	Moderate Yangming organ syndrome causing constipation
		TIAO WEI CHENG QI TANG	調胃承氣湯(조위승기탕)	Mild Yangming organ syndrome causing mild constipation
	Intestinal Dryness	RUN CHANG WAN	潤腸丸(윤장환)	Constipation due to Blood deficiency → Desiccated Intestines
		MA ZI REN WAN	麻子仁丸(마자인환)	Constipation due to Intestinal Dryness & Heat → Spleen Bind
		JI CHUAN JIAN	濟川煎(제천전)	Constipation due to KD Yang deficiency
HARMONIZE	Shao Yang	XIAO CHAI HU TANG	小柴胡湯(소시호탕)	Shaoyang syndrome
	Liver & Spleen	SI NI SAN	四逆散(사역산)	LV Qi stagnation overacting on the SP causing cold extremities (<i>Yang Jue</i>)
		XIAO YAO SAN	逍遙散(소요산)	LV Qi stagnation with LV Blood & SP Qi deficiency
		JIA WEI XIAO YAO SAN	加味逍遙散(가미소요산)	LV Qi stagnation with LV Blood & SP Qi deficiency + Interior Heat
		TONG XIE YAO FANG	痛瀉要方(통사요방)	LV Qi stagnation overacting on the SP causing diarrhea with abdominal pain
	Stomach & Intestines	BAN XIA XIE XIN TANG	半夏瀉心湯(반하사심탕)	Pi syndrome due to Cold-Heat complex

CLEAR HEAT	Qi Level	BAI HU TANG	白虎湯(백호탕)	Excess Heat in the Yangming channel or Qi level
		ZHU YE SHI GAO TANG	竹葉石膏湯(죽엽석고탕)	Qi-level Heat injuring the Qi & Fluid
	Ying Level	QING YING TANG	清營湯(청영탕)	Heat entering the Nutritive level
	Qi/Blood Levels	QING WEN BAI DU YIN	清瘟敗毒飲(청온패독음)	Severe Fire in the Qi/Blood levels
	Toxic-Heat	HUANG LIAN JIE DU TANG	黃連解毒湯(황련해독탕)	Fire-Toxin from excessive Heat in the Triple burners
		XIE XIN TANG	瀉心湯(사심탕)	Excess Heat in the Triple burners
		PU JI XIAO DU YIN	普濟消毒飲(보제소독음)	Epidemic Toxin with Wind-Heat & Damp-Phlegm
		LIANG GE SAN	涼膈散(양격산)	Heat and clumping in the diaphragm region
	Organ-Heat	MA XING SHI GAN TANG	麻杏石甘湯(마행석감탕)	Heat lodged in the LU
		XIE BAI SAN	瀉白散(사백산)	Constrained LU Heat causing wheezing
		XIE HUANG SAN	瀉黃散(사황산)	Smoldering Fire in the SP/ST
		QING WEI SAN	清胃散(청위산)	ST Heat accumulation
		YU NU JIAN	玉女煎(옥녀전)	ST Heat with Yin deficiency
		DAO CHI SAN	導赤散(도적산)	HT Fire transferring to the SI
		LONG DAN XIE GAN TANG	龍膽瀉肝湯(용담사간탕)	LV Fire blazing up; LV/GB Damp-Heat invading downward
		ZUO JIN WAN	左歸丸(좌귀환)	LV Fire burning ST causing LV & ST disharmony
		SHAO YAO TANG	芍藥湯(작약탕)	LI Damp-Heat with Qi & Blood stagnation causing dysentery
		BAI TOU WENG TANG	白頭翁湯(백두옹탕)	Dysentery due to Toxic-Heat in the ST & Intestine
	Deficiency-Heat	QING HAO BIE JIA TANG	青蒿鱉甲湯(청호별갑탕)	Yin deficiency with Heat in the Ying level during later stage of febrile disease
		QING GU SAN	清骨散(청골산)	KD/LV Yin deficiency leading to Steaming Bone disorder
DANG GUI LIU HUANG TANG		當歸六黃湯(당귀육황탕)	Yin deficiency with Empty-Heat causing night sweats	
DISPEL SUMMER-HEAT	Summer-Heat	LIU YI SAN	六一散(육일산)	Summer-Heat with interior Damp
WARM INTERIOR	Channel	DANG GUI SI NI TANG	當歸四逆湯(당귀사역탕)	Cold in the channels with underlying Blood deficiency
		LI ZHONG WAN	理中丸(이중환)	Deficiency-Cold of the SP/ST
	Middle Burner	WU ZHU YU TANG	吳茱萸湯(오수유탕)	Deficiency-Cold of the ST (Yangming), LV (Jueyin), and KD (Shaoyin)
		XIAO JIAN ZHONG TANG	小建中湯(소건중탕)	SP Yang deficiency with Cold causing abdominal pain
		DA JIAN ZHONG TANG	大建中湯(대건중탕)	Middle Burner Yang deficiency (root) + Vigorous Yin-cold (manifestation)
	Yang Collapse	SI NI TANG	四逆湯(사역탕)	KD Yang deficiency with Cold-Evil in Shaoyin stage (<i>Yin Jue</i>); Yang collapse
		SHEN FU TANG	參附湯(삼부탕)	Severe deficiency of the Source Qi with Sudden Collapse of the Yang Qi
RELEASE EXTERIOR & INTERIOR EXCESS	Interior Excess	DA CHAI HU TANG	大柴胡湯(대시호탕)	Concurrent Shaoyang with Yangming syndromes
		FANG FENG TONG SHENG SAN	防風通聖散(방풍통성산)	Heat excess in both the exterior and interior
	Interior Heat	GE GEN HUANG QIN HUANG LIAN TANG	葛根黃芩黃連湯(갈근황금황련탕)	Incompletely resolved exterior with interior excess Heat

TONIFY	Qi Deficiency	SI JUN ZI TANG	四君子湯(사군자탕)	SP/ST Qi deficiency
		LIU JUN ZI TANG	六君子湯(육군자탕)	SP/ST Qi deficiency + Phlegm
		SHEN LING BAI ZHU SAN	參苓白朮散(삼령백출산)	SP Qi deficiency & Damp causing diarrhea
		BU ZHONG YI QI TANG	補中益氣湯(보중익기탕)	SP/ST Qi deficiency causing intermittent fever; SP Qi sinking
		YU PING FENG SAN	玉屏風散(육병풍산)	Wei Qi deficiency causing sweating
		SHENG MAI SAN	生脈散(생맥산)	Concurrent Qi & Yin deficiency, primarily of the LU
	Blood Deficiency	SI WU TANG	四物湯(사물탕)	Blood deficiency + Blood stasis
		DANG GUI BU XUE TANG	當歸補血湯(당귀보혈탕)	Blood & Qi deficiency with floating Yang
		SHAO YAO GAN CAO TANG	芍藥甘草湯(작약감초탕)	Blood deficiency with injury to the Fluids
	Qi & Blood Deficiency	BA ZHEN TANG	八珍湯(팔진탕)	Qi & Blood deficiency
		SHI QUAN DA BU TANG	十全大補湯(십전대보탕)	Qi & Blood deficiency with mild Deficiency-Cold
		GUI PI TANG	歸脾湯(귀비탕)	SP Qi & HT Blood deficiency causing insomnia; SP Qi Not Controlling Blood
		ZHI GAN CAO TANG	炙甘草湯(자감초탕)	Qi & Blood deficiency causing irregular pulse
		TAI SHAN PAN SHI SAN	泰山盤石散(태산반석산)	Qi & Blood deficiency with unsecured Chong & Ren vessels
	Yin Deficiency	LIU WEI DI HUANG WAN	六味地黃丸(육미지황환)	KD & LV Yin deficiency
		DU QI WAN	都氣丸(도기환)	Chronic wheezing disorders or spermatorrhea from KD deficiency
		QI JU DI HUANG WAN	杞菊地黃丸(기국지황환)	Eye disorders due to LV & KD Yin deficiency
		ZHI BAI DI HUANG WAN	知柏地黃丸(지백지황환)	Empty-Heat due to KD & LV Yin deficiency
		ZUO GUI WAN	左歸丸(좌귀환)	KD Yin/Essence deficiency for severe case (more potent)
		ZUO GUI YIN	左歸飲(좌귀음)	KD Yin/Essence deficiency for moderate case (less potent)
		DA BU YIN WAN	大補陰丸(대보음환)	Severe KD & LV Yin/Essence deficiency with Empty Heat
		YI GUAN JIAN	一貫煎(일관전)	LV & KD Yin deficiency with mild LV Qi stagnation
		ER ZHI WAN	二至丸(이지환)	KD & LV Yin deficiency
		BAI HE GU JIN TANG	百合固金湯(백합고금탕)	Internal Dryness of the LU
	Yang Deficiency	JIN GUI SHEN QI WAN	金櫃腎氣丸(금계신기환)	KD Yang deficiency
		YOU GUI WAN	右歸丸(우귀환)	KD Yang/Essence deficiency for severe case (more potent)
		YOU GUI YIN	右歸飲(우귀음)	KD Yang/Essence deficiency for moderate case (less potent)
Yin & Yang Deficiency	ER XIAN TANG	二仙湯(이선탕)	KD Yin/Yang deficiency with Empty-Fire	

STABILIZE & BIND	Exterior	MU LI SAN	牡蠣散(모려산)	Unstable protective Qi with injury to the HT Yin
	Intestine	ZHEN REN YANG ZANG TANG	真人養臟湯(진인양장탕)	SP & KD Yang deficiency causing unremitting diarrhea
		SI SHEN WAN	四神丸(사신환)	SP & KD Yang deficiency causing daybreak diarrhea
	Essence	JIN SUO GU JING WAN	金鎖固精丸(금쇄고정환)	Spermatorrhea due to KD deficiency
		SANG PIAO XIAO SAN	桑螺蛸散(상표초산)	Qi deficiency of the KD & HT
		SHOU TAI WAN	壽胎丸(수태환)	KD deficiency leading to instability of the Chong & Ren channels
	Womb	GU JING WAN	固經丸(고경환)	Constrained LV Fire injuring Chong & Ren causing <i>Beng Lou</i> syndrome
WAN DAI TANG		完帶湯(완대탕)	Leukorrhea due to Dai/SP deficiency with Damp & Qi stagnation	
CALM SPIRIT	Heart Deficiency	TIAN WANG BU XIN DAN	天王補心丹(천왕보심단)	HT & KD Yin deficiency with Empty-Fire
		SUAN ZAO REN TANG	酸棗仁湯(산조인탕)	LV Blood & HT Yin deficiency with Empty-Heat
		HUANG LIAN E JIAO TANG	黃連阿膠湯(황련아교탕)	Fire from Yin deficiency affecting Spirit
		GAN MAI DA ZAO TANG	甘麥大棗湯(감맥대조탕)	HT Yin deficiency with LV Qi stagnation causing <i>Zang Zao</i> disorder
REGULATE QI	Qi Stagnation	YUE JU WAN	越鞠丸(월국환)	Six Stagnations of Qi, Blood, Phlegm, Damp, Fire and Food
		CHAI HU SHU GAN SAN	柴胡疏肝散(시호소간산)	LV Qi stagnation causing pain
		BAN XIA HOU PO TANG	半夏厚朴湯(반하후박탕)	LV Qi & Phlegm stagnation lodging in the throat causing Plum-pit syndrome
		LIANG FU WAN	良附丸(양부환)	LV Qi stagnation with ST Cold causing pain
		JIN LING ZI SAN	金鈴子散(금령자산)	Pain due to LV stagnation with Heat
		TIAN TAI WU YAO SAN	天台烏藥散(천태오약산)	Cold invading the LV channel causing Qi stagnation
		NUAN GAN JIAN	暖肝煎(난간전)	Cold from LV & KD deficiency
	Rebellious Qi	SU ZI JIANG QI TANG	蘇子降氣湯(소자강기탕)	LU Cold-Phlegm (excess above) with KD Yang deficiency (deficiency below)
		DING CHUAN TANG	定喘湯(정천탕)	Internal LU Phlegm-heat with external Wind-Cold causing rebellious LU Qi
		XUAN FU DAI ZHE TANG	旋覆代赭湯(선복대자탕)	Rebellious ST Qi due to ST deficiency with Damp-Phlegm
JU PI ZHU RU TANG	橘皮竹茹湯(귤피죽여탕)	Rebellious ST Qi due to ST deficiency with Heat		

REGULATE BLOOD	Blood Stasis	TAO HE CHENG QI TANG	桃核承氣湯(도핵승기탕)	Accumulation of Blood stasis & Heat in the Lower burner
		XUE FU ZHU YU TANG	血府逐瘀湯(혈부축어탕)	Blood stasis with Qi stagnation in the chest
		GE XIA ZHU YU TANG	膈下逐瘀湯(격하축어탕)	Blood stasis with Qi stagnation in the Epigastrium
		SHAO FU ZHU YU TANG	少腹逐瘀湯(소복축어탕)	Blood stasis with Cold stagnation in the Lower Abdomen
		SHEN TONG ZHU YU TANG	身痛逐瘀湯(신통축어탕)	Blood stasis with Qi stagnation in the Channels/Collaterals
		BU YANG HUAN WU TANG	補陽還五湯(보양환오탕)	Hemiplegia due to Qi/Blood stagnation in the channels with Qi deficiency
		FU YUAN HUO XUE TANG	復元活血湯(복원활혈탕)	Blood stasis & Qi stagnation in the trunk due to trauma
		WEN JING TANG	溫經湯(온경탕)	Chong & Ren Deficiency-Cold with Blood stasis causing irregular menstruation
		SHENG HUA TANG	生化湯(생화탕)	Blood & Cold stagnation causing postpartum lochial retention
		GUI ZHI FU LING WAN	桂枝茯苓丸(계지복령환)	Blood stasis in the uterus during pregnancy
		SHI XIAO SAN	失笑散(실소산)	Blood stasis in the lower abdomen causing pain
	DAN SHEN YIN	丹參飲(단삼음)	Blood & Qi stagnation in the Upper/Middle burners causing chest pain	
	Bleeding	SHI HUI SAN	十灰散(십회산)	Acute bleeding due to LV & ST Fire with Blood Heat
		XIAO JI YIN ZI	小蓟飲子(소계음자)	Heat causing urinary bleeding
HUAI HUA SAN		槐花散(괴화산)	Rectal bleeding due to LI Wind-Heat or Damp-Heat Toxin	
JIAO AI TANG		膠艾湯(교애탕)	Uterine bleeding due to Chong & Ren Deficiency-Cold with Blood deficiency	
EXPEL WIND	External Wind	CHUAN XIONG CHA TIAO SAN	川芎茶調散(천궁다조산)	Headache from exterior Wind
		CANG ER ZI SAN	蒼耳子散(창이자산)	Wind causing nasal congestion or discharge
		XIAO HUO LUO DAN	小活絡丹(소활락단)	Wind-Phlegm obstruction with Blood stasis in the channels & collaterals
		XIAO FENG SAN	消風散(소풍산)	Wind-Damp-Heat in the skin causing pruritus
	Internal Wind	ZHEN GAN XI FENG TANG	鎮肝熄風湯(진간식풍탕)	LV Yang rising & internal Wind due to LV & KD Yin deficiency
		TIAN MA GOU TENG YIN	天麻鉤藤飲(천마구등음)	LV Yang rising; LV Yang rising causing Internal Wind
TREAT DRYNESS	Exterior Dryness	XING SU SAN	杏蘇散(형소산)	Cool-Dryness
		SANG XING TANG	桑杏湯(상형탕)	Warm-Dryness
		QING ZAO JIU FEI TANG	清燥救肺湯(청조구폐탕)	Dryness attacking the LU
	Interior Dryness	MAI MEN DONG TANG	麥門冬湯(맥문동탕)	LU/ST Qi & Yin deficiency
		ZENG YE TANG	增液湯(증액탕)	Constipation due to exhaustion of the Fluids

EXPEL DAMPNES	Damp Turbidity	PING WEI SAN	平胃散(평위산)	Damp-Cold stagnation in the SP/ST
		HUO XIANG ZHENG QI SAN	藿香正氣散(곽향정기산)	Damp stagnation in the Middle burner + External Wind-Cold
	Damp-Heat	SAN REN TANG	三仁湯(삼인탕)	Early-stage Damp-Warmth disease affecting Wei/Qi levels (Damp > Heat)
		YIN CHEN HAO TANG	茵陳蒿湯(인진호탕)	Jaundice due to LV/GB Damp-Heat
		BA ZHENG SAN	八正散(팔정산)	Damp-Heat clumping in the Lower burner
		ER MIAO SAN	二妙散(이묘산)	Damp-Heat lodging in Lower burner
	Water Irregularity	WU LING SAN	五苓散(오령산)	Water-Damp retention marked by edema; Taiyang Fu syndrome
		ZHU LING TANG	豬苓湯(저령탕)	Water & Heat retention in the UB with Yin injury
		WU PI SAN	五皮散(오피산)	SP Qi deficiency with excessive Damp causing skin edema (<i>Pi Shui</i>)
	Cold-Damp	LING GUI ZHU GAN TANG	苓桂朮甘湯(영계출감탕)	LU Damp-Phlegm or Phlegm-fluid (<i>Tan Yin</i>) syndrome
		ZHEN WU TANG	眞武湯(진무탕)	KD & SP Yang deficiency causing Water retention
		SHI PI YIN	實脾飲(실비음)	Yin edema due to SP & KD Yang deficiency
		BI XIE FEN QING YIN	萆薢分清飲(비해분청음)	Cloudy urination due to KD Yang Deficiency-Cold
	Wind-Damp	QIANG HUO SHENG SHI TANG	羌活勝濕湯(강활승습탕)	Acute <i>Bi</i> syndrome due to Wind-Damp in the channel and muscle layer
		JUAN BI TANG	蠲痺湯(견비탕)	Acute <i>Bi</i> syndrome due to Wind-Cold-Damp
		DU HUO JI SHENG TANG	獨活寄生湯(독활기생탕)	Chronic <i>Bi</i> syndrome with LV/KD deficiency & Qi/Blood deficiency
GUI ZHI SHAO YAO ZHI MU TANG		桂枝芍藥知母湯(계지작약지모탕)	Recurrent painful obstruction with localized Heat	
DISSOLVE PHLEGM	Damp-Phlegm	ER CHEN TANG	二陳湯(이진탕)	Damp-Phlegm syndrome in the Middle burner or LU
		WEN DAN TANG	溫膽湯(온담탕)	GB & ST disharmony with Phlegm-Heat
	Hot-Phlegm	QING QI HUA TAN WAN	清氣化痰丸(청기화담환)	LU Phlegm-Heat causing cough
	Dry-Phlegm	BEI MU GUA LOU SAN	貝母栝樓散(배모과루산)	LU Dry-Phlegm causing cough
	Cold-Phlegm	SAN ZI YANG QIN TANG	三子養親湯(삼자양친탕)	LU Phlegm-Cold with Qi stagnation
	Wind-Phlegm	BAN XIA BAI ZHU TIAN MA TANG	半夏白朮天麻湯(반하백출천마탕)	Internal Wind-Phlegm rising upward causing dizziness/vertigo
ZHI SOU SAN		止嗽散(지수산)	External Wind attacking the LU causing cough	
DIGESTIVE	Food Retention	BAO HE WAN	保和丸(보화환)	Food retention in the Middle burner
TREAT ABSCESS	External Abscess	WU WEI XIAO DU YIN	五味消毒散(오미소독음)	All types of boils and carbuncles due to accumulation of Toxic-Heat
		YANG HE TANG	陽和湯(양화탕)	Yin-type (deep-rooted) localized swelling due to Blood & Yang deficiency
	Internal Abscess	WEI JING TANG	葶藶湯(위경탕)	Lung abscesses from Toxic-Heat accompanied by Phlegm and Blood stasis
		DA HUANG MU DAN TANG	大黃牡丹湯(대황목단탕)	Early-stage Intestinal abscess due to interior clumping of Heat and Blood