

**CANADIAN FORMULAS - MAP 2**

**[4] CLEAR HEAT (b)**

**ORGAN-HEAT**

- Ma Xing Shi Gan Tang (Ephedra, Apricot Kernel, Gypsum, and Licorice Decoction)
- Yue Bi Jia Zhu Tang (Maid-servant from Yue's Decoction plus Atractylodes)
- Xie Bai San (Drain the White Powder)
- Ting Li Da Zao Xie Fei Tang (Lepidium/Descurainia and Jujube Decoction to Drain the Lungs)
- Xie Huang San (Drain the Yellow Powder)
- Qing Wei San (Clear the Stomach Powder)
- Yu Nu Jian (Jade Women Decoction)
- Dao Chi San (Guide Out the Red Powder)
- Long Dan Xie Gan Tang (Gentiana Decoction to Drain the Liver)
- Zuo Jin Wan (Left Metal Pill)
- Dai Ge San (Natural Indigo and Cyclina Powder)
- Shao Yao Tang (Peony Decoction)
- Bai Tou Weng Tang (Pulsatilla Decoction)

**DEFICIENCY-HEAT**

- Qing Hao Bie Jia Tang (Artemisia Annu and Soft-shelled Turtle Shell Decoction)
- Qing Gu San (Cool the Bones Powder)
- Qing Jing San (Clear the Menses Powder)
- Qin Jiao Bie Jia San (Large Gentian and Soft-Shelled Turtle Shell Powder)
- Dang Gui Liu Huang Tang (Tangkuei and Six-Yellow Decoction)

**[5] DISPEL SUMMER-HEAT**

**SUMMER-HEAT**

- Qing Luo Yin (Clear the Collaterals Drink)
- Xin Jia Xiang Ru San (Newly Augmented Mosla Drink)
- Liu Yi San (Six-to-One Powder)
- Qing Shu Yi Qi Tang (Clear Summerheat and Augment the Qi Decoction)

**[6] WARM INTERIOR**

**CHANNEL**

- Dang Gui Si Ni Tang (Tangkuei Decoction for Frigid Extremities)
- Huang Qi Gui Zhi Wu Wu Tang (Astragalus and Cinnamon Twig Five-Substance Decoction)

**MIDDLE BURNER**

- Li Zhong Wan (Regulate the Middle Pill)
- Fu Zi Li Zhong Wan (Aconite Accessory Root Pill to Regulate the Middle)
- Wu Zhu Yu Tang (Evodia Decoction)
- Xiao Jian Zhong Tang (Minor Construct the Middle Decoction)
- Da Jian Zhong Tang (Major Construct the Middle Decoction)

**YANG COLLAPSE**

- Si Ni Tang (Frigid Extremities Decoction)
- Hui Yang Jiu Ji Tang (Restore and Revive the Yang Decoction from Revised Popular Guide)
- Shen Fu Tang (Ginseng and Aconite Accessory Root Decoction)

**[7] RELEASE EXTERIOR-INTERIOR EXCESS**

**INTERIOR EXCESS**

- Da Chai Hu Tang (Major Bupleurum Decoction)
- Fang Feng Tong Sheng San (Saposhnikovia Powder that Sagely Unblocks)

**INTERIOR HEAT**

- Ge Gen Huang Qin Huang Lian Tang (Kudzu, Scutellaria, and Coptis Decoction)

**INTERIOR COLD**

- Wu Ji San (Five-Accumulation Powder)

**[8] TONIFY (a)**

**QI DEFICIENCY**

- Si Jun Zi Tang (Four-Gentlemen Decoction)
- Yi Gong San (Extraordinary Merit Powder)
- Liu Jun Zi Tang (Six-Gentlemen Decoction)
- Xiang Sha Liu Jun Zi Tang (Six-Gentlemen Decoction with Aucklandia and Amomum)
- Bao Yuan Tang (Preserve the Primal Decoction)
- Shen Ling Bai Zhu San (Ginseng, Poria, and White Atractylodes Powder)
- Qi Wei Bai Zhu San (Seven-Ingredient Powder with White Atractylodes)
- Bu Zhong Yi Qi Tang (Tonify the Middle and Augment the Qi Decoction)
- Ju Yuan Jian (Lift the Source Decoction)
- Sheng Xian Tang (Raise the Sunken Decoction)
- Yu Ping Feng San (Jade Windscreen Powder)
- Sheng Mai San (Generate the Pulse Powder)
- Ren Shen Ge Jie San (Ginseng and Gecko Powder)
- Ren Shen Wu Wei Zi Tang (Ginseng and Schisandra Decoction)

**CANADIAN FORMULAS - MAP 3**

**[8] TONIFY (b)**

	<p><b>Si Wu Tang</b> (Four-Substances Decoction)</p> <p><b>Tao Hong Si Wu Tang</b> (Four-Substance Decoction with Safflower and Peach Pit)</p> <p><b>Sheng Yu Tang</b> (Sage-Like Healing Decoction)</p> <p><b>Dang Gui Bu Xue Tang</b> (Tangkuei Decoction to Tonify the Blood)</p> <p><b>Bao Yin Jian</b> (Yin-Protecting Decoction)</p> <p><b>Xiao Ying Jian</b> (Minor Nourishing Decoction)</p>
<b>BLOOD DEFICIENCY</b>	
	<p><b>Ba Zhen Tang</b> (Eight-Treasure Decoction)</p> <p><b>Shi Quan Da Bu Tang</b> (All-Inclusive Great Tonifying Decoction)</p> <p><b>Nei Bu Huang Qi Tang</b> (Internally Tonifying Decoction with Astragalus)</p> <p><b>Ren Shen Yang Rong Tang</b> (Ginseng Decoction to Nourish Luxuriance)</p> <p><b>Gui Pi Tang</b> (Restore the Spleen Decoction)</p>
<b>QI &amp; BLOOD DEFICIENCY</b>	
	<p><b>Qi Fu Yin</b> (Seven Blessing Decoction)</p> <p><b>Zhi Gan Cao Tang</b> (Honey-fried Licorice Decoction)</p> <p><b>Tai Shan Pan Shi San</b> (Powder that Gives the Stability of Mount Tai)</p> <p><b>He Ren Yin</b> (Fleeceflower Root and Ginseng Drink)</p> <p><b>Tai Yuan Yin</b> (Fetus Original Qi Decoction)</p>
	<p><b>Liu Wei Di Huang Wan</b> (Six-Ingredient Pill with Rehmannia)</p> <p><b>Du Qi Wan</b> (Capital Qi Pill)</p> <p><b>Qi Ju Di Huang Wan</b> (Lycium, Chrysanthemum, and Rehmannia Pill)</p> <p><b>Zhi Bai Di Huang Wan</b> (Anemarrhena, Phellodendron, and Rehmannia Pill)</p> <p><b>Mai Wei Di Huang Wan</b> (Ophiopogonis, Schisandra, and Rehmannia Pill)</p> <p><b>Zuo Gui Wan</b> (Restore the Left Kidney Pill)</p> <p><b>Zuo Gui Yin</b> (Restore the Left Kidney Decoction)</p> <p><b>Da Bu Yuan Jian</b> (Great Tonify the Primal Decoction)</p>
<b>YIN DEFICIENCY</b>	
	<p><b>Da Bu Yin Wan</b> (Great Tonify the Yin Pill)</p> <p><b>Hu Qian Wan</b> (Hidden Tiger Pill)</p> <p><b>Yi Guan Jian</b> (Linking Decoction)</p> <p><b>Er Zhi Wan</b> (Two Solstice Pill)</p> <p><b>Bai He Gu Jin Tang</b> (Lily Bulb Decoction to Preserve the Metal)</p> <p><b>Yue Hua Wan</b> (Moonlight Pill)</p> <p><b>Shi Hu Ye Guang Wan</b> (Dendrobium Pill for Night Vision)</p> <p><b>Liang Di Tang</b> (Rehmannia and Lycia Radicis Decoction)</p> <p><b>Yi Yin Jian</b> (One-Yin Decoction)</p>
	<p><b>Jin Gui Shen Qi Wan</b> (Kidney Qi Pill from the Golden Cabinet)</p> <p><b>Ji Sheng Shen Qi Wan</b> (Kidney Qi Pill from Formulas that Aid the Living)</p> <p><b>Wu Bi Shan Yao Wan</b> (Incomparable Dioscorea Pill)</p>
<b>YANG DEFICIENCY</b>	
	<p><b>You Gui Wan</b> (Restore the Right Kidney Pill)</p> <p><b>You Gui Yin</b> (Restore the Right Kidney Decoction)</p> <p><b>Gu Shen Wan</b> (Restore the Kidneys Pill)</p> <p><b>Bu Shen Gu Chong Tang</b> (Kidney-Tonifying and Penetrating Vessel Consolidation Decoction)</p>
	<p><b>Di Huang Yin Zi</b> (Rehmannia Drink)</p>
<b>YIN &amp; YANG DEFICIENCY</b>	
	<p><b>Gui Lu Er Xian Jiao</b> (Tortoise Shell and Deer Antler Two-Immortal Syrup)</p> <p><b>Er Xian Tang</b> (Two Immortal Decoction)</p>

**CANADIAN  
FORMULAS - MAP 4**

**[9] STABILIZE & BIND**

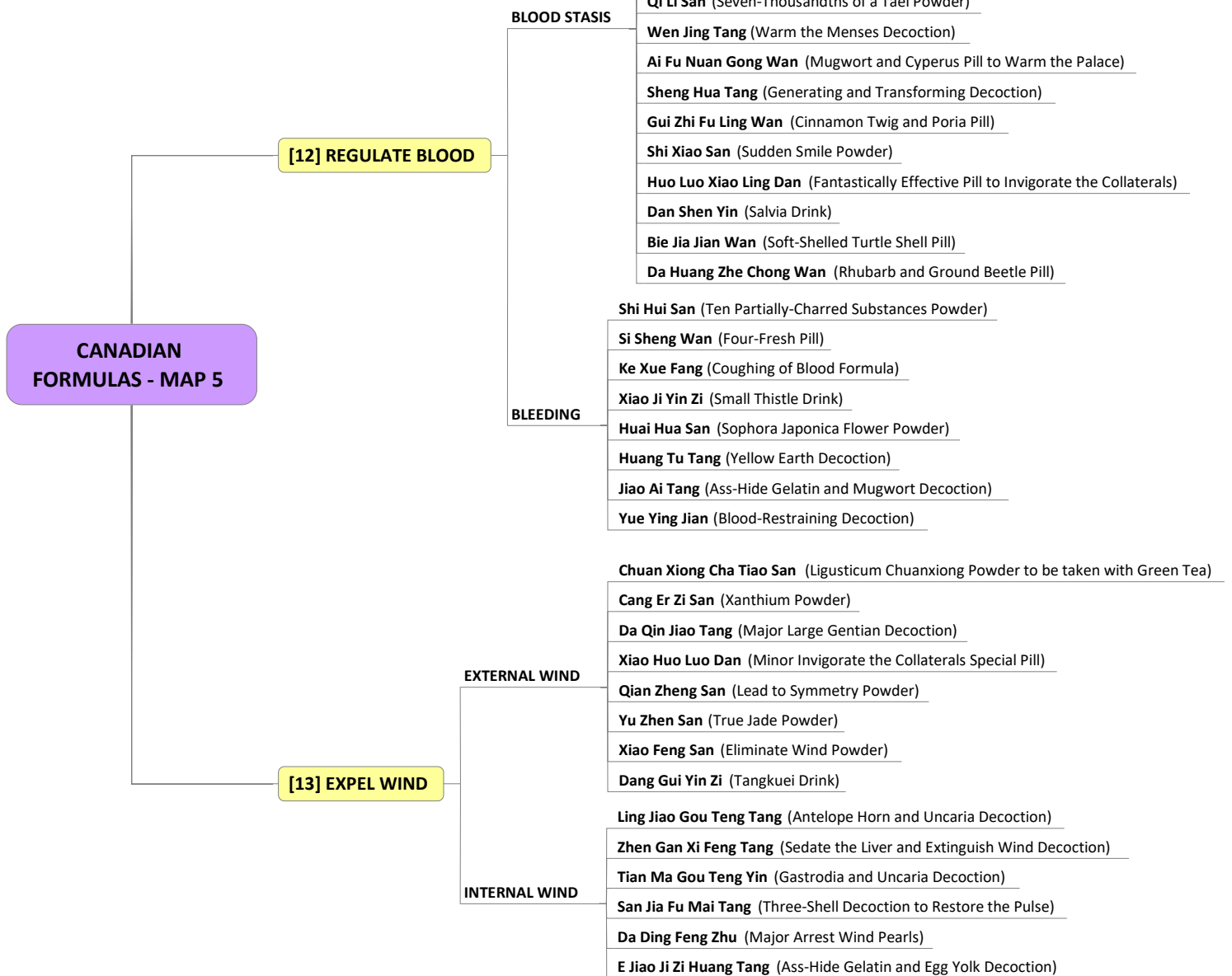
EXTERIOR	<u>Mu Li San (Oyster Shell Powder)</u>
LUNGS	<u>Jiu Xian San (Nine-Immortal Powder)</u>
INTESTINE	<u>Zhen Ren Yang Zang Tang (True Man's Decoction to Nourish the Organs)</u> <u>Tao Hua Tang (Peach Blossom Decoction)</u> <u>Si Shen Wan (Four-Miracle Pill)</u>
ESSENCE	<u>Jin Suo Gu Jing Wan (Metal Lock Pill to Stabilize the Essence)</u> <u>Sang Piao Xiao San (Mantis Egg-case Powder)</u> <u>Suo Quan Wan (Restrict the Fountain Pill)</u> <u>Shou Tai Wan (Fetus Longevity Pill)</u>
WOMB	<u>Gu Chong Tang (Stabilize Gushing Decoction)</u> <u>Gu Jing Wan (Stabilize the Menses Pill)</u> <u>Wan Dai Tang (End Discharge Decoction)</u> <u>Yi Huang Tang (Change Yellow Decoction)</u> <u>Zhi Dai Fang (Discharge-Stopping Formula)</u>

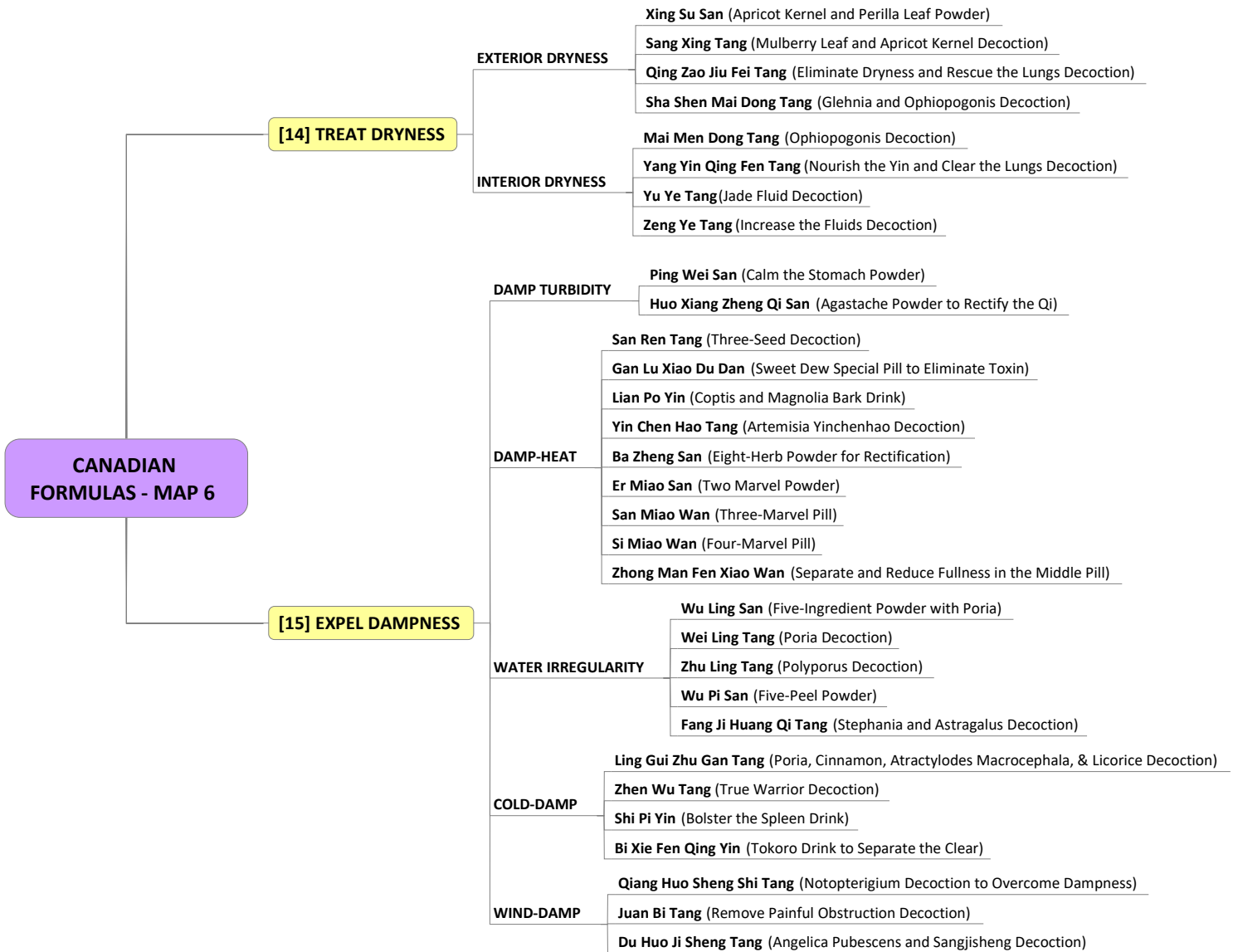
**[10] CALM SPIRIT**

HEART DEFICIENCY	<u>Tian Wang Bu Xin Dan (Emperor of Heaven's Special Pill to Tonify the Heart)</u> <u>Bai Zi Yang Xin Wan (Arborvitae Seed Pill to Nourish the Heart)</u> <u>Suan Zao Ren Tang (Sour Jujube Decoction)</u> <u>Kong Sheng Zhen Zhong Dan (Special Pill from Confucius' Pillow)</u> <u>Gan Mai Da Zao Tang (Licorice, Wheat, and Jujube Decoction)</u> <u>An Shen Ding Zhi Wan (Calm the Shen and Settle the Emotion Pill)</u>
HEART EXCESS	<u>Zhu Sha An Shen Wan (Cinnabar Pill to Calm the Spirit)</u> <u>Ci Zhu Wan (Magnetite and Cinnabar Pill)</u>

**[11] REGULATE QI**

QI STAGNATION	<u>Yue Ju Wan (Escape Restraint Pill)</u> <u>Chai Hu Shu Gan San (Bupleurum Powder to Spread the Liver)</u> <u>Zhi Shi Xie Bai Gui Zhi Tang (Unripe Bitter Orange, Chinese Garlic, and Cinnamon Twig Decoction)</u> <u>Gua Lou Xie Bai Bai Jiu Tang (Trichosanthes Fruit, Chinese Garlic, and Wine Decoction)</u> <u>Gua Lou Xie Bai Ban Xia Tang (Trichosanthes Fruit, Chinese Garlic, and Pinellia Decoction)</u> <u>Ban Xia Hou Po Tang (Pinellia and Magnolia Bark Decoction)</u> <u>Hou Po Wen Zhong Tang (Magnolia Bark Decoction for Warming the Middle)</u> <u>Liang Fu Wan (Galangal and Cyperus Pill)</u> <u>Jin Ling Zi San (Melia Toosendan Powder)</u> <u>Si Mo Tang (Four Milled-Herb Decoction)</u> <u>Liu Mo Tang (Six Milled-Herb Decoction)</u> <u>Wu Mo Yin Zi (Five Milled-Herb Decoction)</u> <u>Tian Tai Wu Yao San (Top-quality Lindera Powder)</u> <u>Ju He Wan (Tangerine Seed Pill)</u> <u>Nuan Gan Jian (Warm the Liver Decoction)</u>
REBELLIOUS QI	<u>Su Zi Jiang Qi Tang (Perilla Fruit Decoction for Directing Qi Downward)</u> <u>Ding Chuan Tang (Arrest Wheezing Decoction)</u> <u>Xuan Fu Dai Zhe Tang (Inula and Hematite Decoction)</u> <u>Ju Pi Zhu Ru Tang (Tangerine Peel and Bamboo Shavings Decoction)</u> <u>Ding Xiang Shi Di Tang (Clove and Persimmon Calyx Decoction)</u> <u>Gan Jiang Ren Shen Ban Xia Wan (Ginger, Ginseng, and Pinellia Pill)</u>





**CANADIAN FORMULAS - MAP 7**

**[16] DISSOLVE PHLEGM**

- DAMP-PHLEGM**
  - Er Chen Tang (Two-Cured Decoction)
  - Jin Shui Liu Jun Jian (Six-Gentlemen of Metal and Water Decoction)
  - Dao Tan Tang (Guide Out Phlegm Decoction)
  - Fu Ling Wan (Poria Pill)
  - Wen Dan Tang (Warm the Gallbladder Decoction)
- HOT-PHLEGM**
  - Qing Qi Hua Tan Wan (Clear the Qi and Transform Phlegm Pill)
  - Xiao Xian Xiong Tang (Minor Decoction for Pathogens Stuck in the Chest)
  - Gun Tan Wan (Flushing Away Roiling Phlegm Pill)
  - Qing Jin Jiang Huo Tang (Metal-Clearing and Fire-Descending Decoction)
- PHLEGM-NODULE**
  - Hai Zao Yu Hu Tang (Sargassum Decoction for the Jade Flask)
- DRY-PHLEGM**
  - Bei Mu Gua Lou San (Fritillaria and Trichosanthes Fruit Powder)
- COLD-PHLEGM**
  - Ling Gan Wu Wei Jiang Xin Tang (Poria, Licorice, Schisandra, Ginger, and Asarum Decoction)
  - Leng Xiao Wan (Cold Asthma Pill)
  - San Zi Yang Qin Tang (Three-seed Decoction to Nourish One's Parents)
- WIND-PHLEGM**
  - Ban Xia Bai Zhu Tian Ma Tang (Pinellia, Atractylodis Macrocephalae, and Gastrodia Decoction)
  - Ding Xian Wan (Arrest Seizures Pill)
  - Zhi Sou San (Stop Coughing Powder)

**[17] DIGESTIVE**

- EXCESS**
  - Bao He Wan (Preserve Harmony Pill)
  - Zhi Shi Dao Zhi Wan (Unripe Bitter Orange Pill to Guide Out Stagnation)
  - Mu Xiang Bing Lang Wan (Aucklandia and Betel Nut Pill)
  - Fei Er Wan (Fat Baby Pill)
  - Xiao Ru Wan (Reduce Infantile Stagnation Pill)
- EXCESS + DEFICIENCY**
  - Jian Pi Wan (Strengthen the Spleen Pill)
  - Zi Sheng Wan (Nourish Life Pill)
  - Zhi Zhu Wan (Unripe Bitter Orange and Atractylodes Pill)
  - Zhi Shi Xiao Pi Wan (Unripe Bitter Orange Pill to Reduce Focal Distention)

**[18] EXPEL PARASITES**

- PARASITES**
  - Wu Mei Wan (Mume Pill)
  - Bu Dai Wan (Cloth Sack Pill)

**[19] TREAT ABSCESS**

- EXTERNAL ABSCESS**
  - Xian Fang Huo Ming Yin (Immortals' Formula for Sustaining Life)
  - Lian Qiao Bai Du San (Forsythia Decoction to Relieve Toxicity)
  - Wu Wei Xiao Du Yin (Five-Ingredient Drink to Eliminate Toxin)
  - Si Miao Yong An Tang (Four-Valiant Decoction for Well-Being)
  - Xi Huang Wan (Cattle Gallstone Pill)
  - Yang He Tang (Balmy Yang Decoction)
- INTERNAL ABSCESS**
  - Wei Jing Tang (Reed Decoction)
  - Da Huang Mu Dan Tang (Rhubarb and Moutan Decoction)
  - Qing Chang Yin (Clear the Intestines Drink)
  - Yi Yi Fu Zi Bai Jiang San (Coix, Aconite Accessory Root, and Patrinia Powder)
  - Yi Yi Ren Tang (Coix Decoction)