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ZAO JIAO CI	皂角子(조각자)			■	Gleditsiae Spina	gleditsia thorn Dissolve Cold-Phlegm
ZE LAN	澤蘭(택란)	▲	●	■	Lycopi Herba	bugleweed Activate Blood
ZE XIE	澤瀉(택사)	▲	●	■	Alismatis Rhizoma	water plantain Drain Damp
ZHE BEI MU	浙貝母(절페모)	▲	●	■	Fritillariae Thunbergii Bulbus	zhejiang fritillaria bulb Dissolve Hot-Phlegm
ZHE CHONG	蟪蟲(자충)			■	Eupolyphaga/Steleophaga	ground beetle Activate Blood
ZHEN ZHU	珍珠(진주)	▲	●		Margarita	pearl Anchor & Calm Shen
ZHEN ZHU MU	珍珠母(진주모)			■	Margaritiferae Concha Usta	mother-of-pearl Anchor & Calm Shen
ZHI GAN CAO	炙甘草(자감초)	▲	●		Glycyrrhizae Radix Preparata	prepared licorice Qi Tonics
ZHI KE	枳殼(지각)	▲	●	■	Aurantii Fructus	bitter orange Regulate Qi
ZHI MU	知母(지모)	▲	●	■	Anemarrhenae Rhizoma	anemarrhena rhizome Clear & Purge Heat
ZHI SHI	枳實(지실)	▲	●	■	Aurantii Fructus Immaturus	immature bitter orange Regulate Qi
ZHI ZI	梔子(지자)	▲	●	■	Gardeniae Fructus	gardenia fruit Clear & Purge Heat
ZHU LING	豬苓(저령)	▲	●	■	Polyporus	polyporus Drain Damp
ZHU RU	竹茹(죽여)	▲	●	■	Bambusae Caulis in Taeniam	bamboo shavings Dissolve Hot-Phlegm
ZI CAO	紫草(자초)			■	Arnebiae/Lithospermi Radix	lithospermum root Clear Blood-Heat
ZI HUA DI DING	紫花地丁(자화지정)			■	Violae Herba	violet Clear Toxic-Heat
ZI SU YE	紫蘇葉(자소엽)	▲	●	■	Perillae Folium	perilla leaf Disperse Wind-Cold
ZI SU ZI	紫蘇子(자소자)	▲	●	■	Perillae Fructus	perilla fruit Stop Cough & Wheezing
ZI WAN	紫菀(자완)	▲	●	■	Asteris Radix	aster root Stop Cough & Wheezing
ZONG LU PI	棕櫚皮(종려피)			■	Trachycarpi Petiolus	trachycarpus stiple fiber Stop bleeding