

HERB CATEGORIES

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HERB LIST CALE + NCCAOM + PAN-CANADIAN

PINYIN	CN/KR	C	N	P	LATIN	ENGLISH
1. DISPERSE WIND-COLD						
MA HUANG	麻黃(마황)		●	■	Ephedrae Herba	ephedra stem
GUI ZHI	桂枝(계지)	▲	●	■	Cinnamomi Ramulus	cinnamon twig
ZI SU YE	紫蘇葉(자소엽)	▲	●	■	Perillae Folium	perilla leaf
JING JIE	荊芥(형개)	▲	●	■	Schizonepetae Herba	schizonepeta
FANG FENG	防風(방풍)	▲	●	■	Saposhnikoviae Radix	siler
QIANG HUO	羌活(강활)	▲	●	■	Notopterygii Rhizoma seu Radix	notopterygium root
GAO BEN	藁本(고본)	▲	●	■	Ligustici Rhizoma	chinese lovage root
BAI ZHI	白芷(백지)	▲	●	■	Angelicae Dahuricae Radix	angelica root
XI XIN	細辛(세신)			■	Asari Herba	chinese wild ginger
SHENG JIANG	生薑(생강)	▲	●	■	Zingiberis Rhizoma Recens	fresh ginger
XIANG RU	香薷(향유)	▲	●	■	Moslae Herba	aromatic madder
CANG ER ZI	蒼耳子(창이자)	▲	●	■	Xanthii Fructus	xanthium fruit
XIN YI HUA	辛夷花(신이화)	▲	●	■	Magnoliae Flos	magnolia flower
2. DISPERSE WIND-HEAT						
BO HE	薄荷(박하)	▲	●	■	Menthae Haplocalycis Herba	field mint
NIU BANG ZI	牛蒡子(우방자)	▲	●	■	Arctii Fructus	burdock fruit
CHAN TUI	蟬蛻(선태)	▲	●	■	Cicadae Periostracum	cicada moulting
SANG YE	桑葉(상엽)	▲	●	■	Mori Folium	mulberry leaf
JU HUA	菊花(국화)	▲	●	■	Chrysanthemi Flos	chrysanthemum flower
MAN JING ZI	蔓荊子(만형자)	▲	●	■	Vitici Fructus	vitex fruit
DAN DOU CHI	淡豆豉(담두시)	▲	●	■	Sojae Semen Preparatum	prepared soybean
MU ZEI	木賊(목적)	▲	●		Equiseti Hiemalis herba	scouring rush
GE GEN	葛根(갈근)	▲	●	■	Puerariae Radix	kudzu root
CHAI HU	柴胡(사호)	▲	●	■	Bupleuri Radix	hare's ear root
SHENG MA	升麻(승마)	▲	●	■	Cimicifugae Rhizoma	bugbane rhizome
3. CLEAR & PURGE HEAT						
SHI GAO	石膏(석고)	▲	●	■	Gypsum Fibrosum	gypsum
ZHI MU	知母(지모)	▲	●	■	Anemarrhenae Rhizoma	anemarrhena rhizome
ZHI ZI	梔子(차자)	▲	●	■	Gardeniae Fructus	gardenia fruit
DAN ZHU YE	淡竹葉(담죽엽)	▲	●	■	Lophatheri Herba	lophatherum
XIA KU CAO	夏枯草(하고초)	▲	●	■	Prunellae Spica	selfheal spike
LU GEN	蘆根(노근)	▲	●	■	Phragmitis Rhizoma	reed rhizome
TIAN HUA FEN	天花粉(천화분)	▲	●	■	Trichosanthis Radix	trichosanthes root
JUE MING ZI	決明子(결명자)	▲	●	■	Cassiae Semen	cassia seed
4. CLEAR BLOOD-HEAT						
SHUI NIU JIAO	水牛角(수우각)	▲	●	■	Bubali Cornu	water buffaloo horn
SHENG DI HUANG	生地黃(생지황)	▲	●	■	Rehmanniae Radix	rehmannia root

XUAN SHEN	玄參(현삼)	▲	●	■	Scrophulariae Radix	figwort root
MU DAN PI	牡丹皮(목단피)	▲	●	■	Moutan Cortex	tree peony bark
ZI CAO	紫草(자초)			■	Arnebiae/Lithospermi Radix	lithospermum root
5. CLEAR DAMP-HEAT						
HUANG QIN	黃芩(황금)	▲	●	■	Scutellariae Radix	scute
HUANG LIAN	黃連(황련)	▲	●	■	Coptidis Rhizoma	coptis root
HUANG BAI	黃柏(황백)	▲	●	■	Phellodendri Cortex	amur cork-tree bark
LONG DAN CAO	龍膽草(용담초)	▲	●	■	Gentianae Radix	gentiana
KU SHEN	苦參(고삼)	▲	●	■	Sophorae Flavescens Radix	sophora root
QIN PI	秦皮(진피)	▲	●	■	Fraxini Cortex	ash bark
6. CLEAR TOXIC-HEAT						
JIN YIN HUA	金銀花(금은화)	▲	●	■	Lonicerae Flos	honeysuckle flower
LIAN QIAO	連翹(연교)	▲	●	■	Forsythiae Fructus	forsythia fruit
DA QING YE	大青葉(대청엽)			■	Isatidis Folium	isatidis leaf
BAN LAN GEN	板藍根(판남근)	▲	●	■	Isatidis Radix	isatidis root
QING DAI	靑黛(청대)			■	Indigo naturalis	indigo
PU GONG YING	浦公英(포공영)	▲	●	■	Taraxaci Herba	dandelion
ZI HUA DI DING	紫花地丁(자화지정)			■	Viola Herba	violet
YE JU HUA	野菊花(야국화)		●		Chrysanthemi indici Flos	wild chrysanthemum flower
SI GUA LUO	絲瓜絡(사과락)			■	Luffae Fructus Retinervus	loofah
BAI JIANG CAO	敗醬草(패장초)	▲	●	■	Patriniae Herba	patrinia
YU XING CAO	魚腥草(어성초)		●	■	Houttuyniae Herba	houத்துynia
BAI HUA SHE SHE CAO	白花蛇舌草(백화사설초)		●	■	Hedyotis diffusa Herba	heydyotis, oldenlandia
BAI TOU WENG	白頭翁(백두옹)	▲	●	■	Pulsatillae Radix	pulsatilla
HE YE	荷葉(하엽)	▲	●		Nelumbinis Folium	lotus leaf
LU DOU	綠豆(녹두)		●		Phaseoli raiati Semen	mung bean
HONG TENG	紅藤(홍등)			■	Sargentodoxae Caulis	sargentodoxa vine
BAI XIAN PI	白鮮皮(백선피)		●	■	Dictamni Cortex	dictamnus root bark
TU FU LING	土茯苓(토복령)	▲	●	■	Smilacis Glabrae Rhizoma	smilax
MA BO	馬勃(마밭)		●		Lasio-sphaera/Calvatia	puffball
SHAN DOU GEN	山豆根(산두근)	▲	●	■	Sophorae Tonkinensis Radix	bushy sophora
SHE GAN	射干(사간)	▲	●	■	Belamcandae Rhizoma	blackberry lily rhizome
7. CLEAR DEFICIENCY-HEAT						
QING HAO	靑蒿(청호)	▲	●	■	Artemisiae Annuae Herba	sweet wormwood
DI GU PI	地骨皮(지골피)	▲	●	■	Lycii Cortex	wolfberry root bark
BAI WEI	白薇(백미)	▲	●	■	Cynanchi Atrati Radix	swallowwort root
YIN CHAI HU	銀柴胡(은시호)			■	Stellariae Radix	stellaria root
HU HUANG LIAN	胡黃蓮(호황련)			■	Picrorhizae Rhizoma	picrorhiza rhizoma
8. PURGATIVES						
DA HUANG	大黃(대황)	▲	●	■	Rhei Radix et Rhizoma	rhubarb root
MANG XIAO	芒硝(망초)	▲	●	■	Natrii Sulfas	mirabilite

FAN XIE YE	番瀉葉(번사엽)		●	■	Sennae Folium	senna leaf
LU HUI	蘆薈(노회)	▲	●	■	Aloe	aloe
9. LAXATIVES						
HUO MA REN	火麻仁(화마인)	▲	●	■	Cannabis Semen	hemp seeds
YU LI REN	郁李仁(육리인)			■	Pruni Semen	bush cherry pit
10. CATHARTICS						
GAN SUI	甘遂(감수)			■	Kansui Radix	kan-sui root
DA JI	大戟(대극)	▲		■	Euphorbiae Pekinensis Radix	euphorbia root
YUAN HUA	芫花(원화)			■	Genkwa Flos	genkwa flower
11. DRAIN DAMP						
FU LING	茯苓(복령)	▲	●	■	Poria	poria
ZHU LING	豬苓(저령)	▲	●	■	Polyporus	polyporus
ZE XIE	澤瀉(택사)	▲	●	■	Alismatis Rhizoma	water plantain
YI YI REN	薏苡仁(यी이인)	▲	●	■	Coicis Semen	coix seed
CHE QIAN ZI	車前子(차전자)	▲	●	■	Plantaginis Semen	plantago seed
HUA SHI	滑石(활석)	▲	●	■	Talcum	talc
MU TONG	木通(목통)	▲	●	■	Akebiae Caulis	akebia caulis
CHUAN MU TONG	川木通(천목통)	▲			Clematidis Armandii Caulis	clematidis caulis
TONG CAO	通草(통초)		●	■	Tetrapanacis Medulla	rice paper plant pith
DENG XIN CAO	燈心草(등심초)	▲	●		Junci Medulla	juncus pith
QU MAI	瞿麥(구맥)	▲	●	■	Dianthi Herba	lilac pink
BIAN XU	篇蓄(편축)	▲	●	■	Polygoni Avicularis Herba	knotgrass
SHI WEI	石葦(석위)	▲	●	■	Pyrrosiae Folium	pyrrosia leaf
DI FU ZI	地膚子(지부자)	▲	●	■	Kochiae Fructus	broom cypress fruit
DONG GUA ZI	冬瓜子(동과자)	▲	●		Benincasae Semen	winter melon seed
DONG GUA PI	冬瓜皮(동과피)			■	Benincasae Exocarpium	winter melon rind
DONG KUI ZI	冬葵子(동규자)	▲	●	■	Malvae Fructus	mallow fruit
BI XIE	萆薢(비해)	▲	●	■	Dioscoreae Hypoglaucae Rhizoma	tokoro
JIN QIAN CAO	金錢草(금전초)			■	Lysimachiae Herba	lysimachia
HAI JIN SHA	海金沙(해금사)			■	Lygodii Spora	lygodium spore
CHI XIAO DOU	赤小豆(적소두)			■	Phaseoli Semen	adzuki bean
YIN CHEN	茵陳(인진)	▲	●	■	Artemisiae Scopariae Herba	virgate wormwood
HAN FANG JI	漢防己(한방기)	▲	●	■	Stephaniae Tetrandrae Radix	stephania root
BAN BIAN LIAN	半邊蓮(반변련)			■	Lobeliae Chinensis Herba	chinese lobelia
YU MI XU	玉米鬚(옥미수)			■	Maydis Stigma	cornsilk
SHENG JIANG PI	生薑皮(생강피)	▲	●		Zingiberis Rhizomatis Cortex	peel of fresh ginger
12. DISPEL WIND-DAMP						
DU HUO	獨活(독활)	▲	●	■	Angelicae Pubescentis Radix	pubescent angelica root
WEI LING XIAN	威靈仙(위령선)	▲	●	■	Clematidis Radix	clematis root
HAI TONG PI	海桐皮(해동피)	▲	●		Erythrinae Cortex	coral-bean bark
MU GUA	木瓜(목과)	▲	●	■	Chaenomelis Fructus	chinese quince fruit

CAN SHA	蠶砂(잠사)			■	Bombycis Faeces	silkworm feces
SANG JI SHENG	桑寄生(상기생)	▲	●	■	Taxilli Herba	mulberry mistletoe
WU JIA PI	五加皮(오가피)	▲	●	■	Acanthopanax Cortex	acanthopanax root bark
QIN JIAO	秦艽(진교)	▲	●	■	Gentianae Macrophyllae Radix	gentiana macrophylla root
SANG ZHI	桑枝(상지)	▲	●	■	Mori Ramulus	mulberry twig
XI XIAN CAO	豨薟草(희렴초)	▲	●	■	Siegesbeckiae Herba	siegesbeckia
BAI HUA SHE	白花蛇(백화사)	▲	●		Agkistrodon/Bungarus	multibanded krati
13. DISSOLVE HOT-PHLEGM						
QIAN HU	前胡(전호)	▲	●	■	Peucedani Radix	hog-fennel root
CHUAN BEI MU	川貝母(천패모)	▲	●	■	Fritillariae Cirrhosae Bulbus	sichuan fritillaria bulb
ZHE BEI MU	浙貝母(절패모)	▲	●	■	Fritillariae Thunbergii Bulbus	zhejiang fritillaria bulb
GUA LOU	瓜蒌(과루)		●	■	Trichosanthis Fructus	trichosanthes fruit
GUA LOU PI	瓜蒌皮(과루피)	▲	●		Trichosanthis Pericarpium	trichosanthes peel
GUA LOU REN	瓜蒌仁(과루인)	▲	●		Trichosanthis Semen	trichosanthes seed
ZHU RU	竹茹(죽어)	▲	●	■	Bambusae Caulis in Taeniam	bamboo shavings
FU HAI SHI	浮海石(부해석)			■	Pumex	pumice
HAI GE KE	海蛤殼(해합각)			■	Meretricis/Cyclinae Concha	clam shell
KUN BU	昆布(곤포)			■	Eckloniae Thallus	kelp
HAI ZAO	海藻(해조)	▲	●	■	Sargassum	seaweed
HUANG YAO ZI	黃藥子(황약자)			■	Dioscoreae Bulbiferae Rhizoma	dioscorea bulbifera tuber
DAN NAN XING	膽南星(담남성)	▲	●		Arisaema Cum Bile	bile-prepared Arisaema
14. DISSOLVE COLD-PHLEGM						
BAN XIA	半夏(반하)	▲	●	■	Pinelliae Rhizoma	pinellia
TIAN NAN XING	天南星(천남성)	▲	●	■	Arisaematis Rhizoma	jack-in-the-pulpit
BAI FU ZI	白附子(백부자)			■	Typhonii Rhizoma	typhonium rhizome
BAI JIE ZI	白芥子(백개자)	▲	●	■	Sinapis Semen	white mustard seed
ZAO JIAO CI	皂角子(조각자)			■	Gleditsiae Spina	gleditsia thorn
JIE GENG	桔梗(길경)	▲	●	■	Platycodi Radix	balloon flower root
XUAN FU HUA	旋覆花(선복화)	▲	●	■	Inulae Flos	inula flower
BAI QIAN	白前(백전)	▲	●	■	Cynanchi Stauntonii Rhizoma	swallow wort rhizome
15. STOP COUGH & WHEEZING						
XING REN	杏仁(행인)	▲	●	■	Armeniaca Semen Amarum	apricot kernel
ZI WAN	紫菀(자완)	▲	●	■	Asteris Radix	aster root
KUAN DONG HUA	款冬花(관동화)		●	■	Farfarae Flos	tussilago flower
ZI SU ZI	紫蘇子(자소자)	▲	●	■	Perillae Fructus	perilla fruit
PI PA YE	枇杷葉(비파엽)	▲	●	■	Eriobotryae Folium	loquat leaf
BAI BU	百部(백부)	▲	●	■	Stemonae Radix	stemona root
SANG BAI PI	桑白皮(상백피)	▲	●	■	Mori Cortex	mulberry root bark
TING LI ZI	葶藶子(정력자)			■	Lepidii/Descurainiae Semen	tingli seed
16. AROMATICS FOR DAMP						
CANG ZHU	蒼朮(창술)	▲	●	■	Atractylodis Rhizoma	atractylodes rhizome

HOU PO	厚朴(후박)	▲	●	■	Magnoliae Officinalis Cortex	magnolia bark
HUO XIANG	藿香(곽향)	▲	●	■	Pogostemonis/Agastaches Herba	patchouli
PEI LAN	佩蘭(패란)			■	Eupatorii Herba	eupatorium
SHA REN	砂仁(사인)	▲	●	■	Amomi Fructus	grains-of-paradise fruit
BAI DOU KOU	白豆蔻(백두구)	▲	●	■	Amomi Fructus Rotundus	round cardamon
CAO DOU KOU	草豆蔻(초두구)	▲	●	■	Alpiniae Katsumadai Semen	katsumada galangal seed
CAO GUO	草果(초과)	▲	●	■	Tsaoko Fructus	tsaoko fruit
17. DIGESTIVES						
SHAN ZHA	山楂(산사)	▲	●	■	Crataegi Fructus	hawthorn fruit
SHEN QU	神麴(신곡)	▲	●	■	Massa medicata Fermentata	medicated leaven
MAI YA	麥芽(맥아)	▲	●	■	Hordei Fructus Germinatus	barley sprout
GU YA	穀芽(곡아)	▲	●	■	Setariae Fructus Germinatus	grain sprout
LAI FU ZI	萊菔子(내복자)	▲	●	■	Raphani Semen	radish seed
JI NEI JIN	雞內金(계내금)	▲	●	■	Gigeriae Galli Endothelium Corneum	chicken gizzard
18. REGULATE QI						
CHEN PI (JU PI)	陳皮(진피)	▲	●	■	Citri Reticulatae Pericarpium	tangerine peel
JU HONG	橘紅(귤홍)	▲	●		Citri Reticulatae Exocarpium Rubrum	tangerine flavedo
JU HE	橘核(귤핵)			■	Citri Reticulatae Semen	tangerine seed
QING PI	青皮(청피)	▲	●	■	Citri Reticulatae Viride Pericarpium	immature tangerine peel
ZHI SHI	枳實(지실)	▲	●	■	Aurantii Fructus Immaturus	immature bitter orange
ZHI KE	枳殼(지각)	▲	●	■	Aurantii Fructus	bitter orange
FO SHOU	佛手(불수)		●	■	Citri Sarcodactylis Fructus	Buddha's hand
DA FU PI	大腹皮(대복피)	▲	●	■	Arecae Pericarpium	areca husk
XIANG FU	香附(향부)	▲	●	■	Cyperi Rhizoma	cyperus
MU XIANG	木香(목향)		●	■	Aucklandiae Radix	saussurea
WU YAO	烏藥(오약)	▲	●	■	Linderae Radix	lindera root
CHEN XIANG	沈香(침향)	▲	●	■	Aquilariae Lignum Resinatum	aquilaria wood
TAN XIANG	檀香(단향)	▲	●	■	Santali Albi Lignum	sandalwood
XIE BAI	薤白(해백)		●	■	Allii Macrostemi Bulbus	garlic chives
MEI GUI HUA	玫瑰花(매괴화)		●		Rosae Rugosae Flos	chinese Rose bud
CHUAN LIAN ZI	川楝子(천련자)	▲	●	■	Toosendan Fructus	sichuan chinaberry
LI ZHI HE	荔枝核(여지핵)			■	Litchi Semen	leechee nut
SHI DI	柿蒂(시체)			■	Kaki Calyx	persimmon calyx
19. STOP BLEEDING						
SAN QI	三七(삼칠)	▲	●	■	Notoginseng Radix	pseudoginseng
PU HUANG	蒲黃(포황)	▲	●	■	Typhae Pollen	cattail pollen
QIAN CAO	茜草(천초)	▲	●	■	Rubiae Radix	madder root
DA JI	大薊(대계)		●	■	Cirsii Japonici Herba sive Radix	large thistle
XIAO JI	小薊(소계)		●	■	Cirsii Herba	small thistle
DI YU	地榆(지유)	▲	●	■	Sanguisorbae Radix	garden burnet root

HUAI HUA	槐花(괴화)	▲	●	■	Sophorae Flos Immaturus	pagoda tree bud
CE BAI YE	側柏葉(측백엽)	▲	●	■	Platycladi Cacumen	chinese arborvitae
BAI MAO GEN	白茅根(백모근)	▲	●	■	Imperatae Rhizoma	alang grass rhizome
XIAN HE CAO	仙鶴草(선학초)	▲	●	■	Agrimoniae Herba	agrimony
BAI JI	白芨(백급)		●	■	Bletillae Rhizoma	bletilla rhizome
XUE YU TAN	血餘炭(혈여탄)			■	Crinis Carbonisatus	charred human hair
ZONG LU PI	棕櫚皮(중려피)			■	Trachycarpi Petiolus	trachycarpus stiple fiber
OU JIE	藕節(우절)		●	■	Nelumbinis Nodus Rhizomatis	lotus rhizome node
AI YE	艾葉(애엽)	▲	●	■	Artemisiae Argyi Folium	mugwort leaf
PAO JIANG	炮薑(포강)	▲	●	■	Zingiberis Rhizoma Preparatum	processed ginger
20. ACTIVATE BLOOD						
CHUAN XIONG	川芎(전궁)	▲	●	■	Chuanxiong Rhizoma	cnidium
DAN SHEN	丹參(단삼)	▲	●	■	Salviae Miltiorrhizae Radix	salvia root
JI XUE TENG	雞血藤(계혈등)		●	■	Spatholobi Caulis	spatholobus root and vine
YAN HU SUO	延胡索(연호색)	▲	●	■	Corydalis Rhizoma	corydalis
YU JIN	鬱金(을금)	▲	●	■	Curcumae Radix	curcuma
JIANG HUANG	薑黃(강황)	▲	●	■	Curcumae Longae Rhizoma	turmeric
YI MU CAO	益母草(익모초)	▲	●	■	Leonuri Herba	motherwort herb
ZE LAN	澤蘭(택란)	▲	●	■	Lycopi Herba	bugleweed
HU ZHANG	虎杖(호장)			■	Polygoni Cuspidati Rhizoma	bushy knotweed rhizome
CHI SHAO	赤芍(적작)	▲	●	■	Paeoniae Radix Rubra	red peony root
TAO REN	桃仁(도인)	▲	●	■	Persicae Semen	peach kernel
HONG HUA	紅花(홍화)	▲	●	■	Carthami Flos	safflower
E ZHU	莪朮(아술)	▲	●	■	Curcumae Rhizoma	curcuma zedoaria
SAN LENG	三棱(삼릉)	▲	●	■	Sparganii Rhizoma	bur-reed rhizome
RU XIANG	乳香(유향)	▲	●	■	Olibanum	frankincense
MO YAO	沒藥(몰약)	▲	●	■	Myrrha	myrrh
HUAI NIU XI	懷牛膝(회우슬)	▲	●	■	Achyranthis Bidentatae Radix	achyranthes root
CHUAN NIU XI	川牛膝(천우슬)	▲	●		Cyathulae Radix	cyathula root
WANG BU LIU XING	王不留行(왕불유행)	▲	●	■	Vaccariae Semen	vaccaria seed
LIU JI NU	劉寄奴(유기노)			■	Artemisiae Anomalae Herba	anomalous artemesia
XUE JIE	血竭(혈갈)			■	Daemonoropis Resina	dragon's blood
SU MU	蘇木(소목)			■	Sappan Lignum	sappan wood
WU LING ZHI	五靈脂(오령지)			■	Trogopterori Faeces	flying squirrel feces
JIANG XIANG	降香(강향)			■	Dalbergiae Odoriferae Lignum	scented rosewood
WA LENG ZI	瓦楞子(와릉자)			■	Arcae Concha	ark shell
SHUI ZHI	水蛭(수집)			■	Hirudo	leech
TU BIE CHONG <small>(ZHE CHONG)</small>	土鳖蟲(토벌충)			■	Eupolyphaga/Steleophaga	ground beetle
MENG CHONG	虻蟲(맹충)			■	Tabanus	horse fly
21. WARM INTERIOR						
FU ZI	附子(부자)	▲	●	■	Aconiti Radix Lateralis Preparata	aconite accessory root

CAO WU	草烏(초오)	▲	●		Aconiti Kusnezoffii Preparata	wild aconite root
GAN JIANG	乾薑(건강)	▲	●	■	Zingiberis Rhizoma	dried ginger
WEI JIANG	煨薑(외강)			■	Zingiberis Rhizoma Recens (baked)	baked ginger
ROU GUI	肉桂(육계)	▲	●	■	Cinnamomi Cortex	cinnamon bark
WU ZHU YU	吳茱萸(오수유)	▲	●	■	Evodiae Fructus	evodia fruit
HUA JIAO	花椒(화초)	▲	●	■	Zanthoxyli Pericarpium	prickly-ash peel
GAO LIANG JIANG	高良薑(고량강)	▲	●	■	Alpiniae Officinarum Rhizoma	galanga
DING XIANG	丁香(정향)	▲	●	■	Caryophylli Flos	clove
XIAO HUI XIANG	小茴香(소회향)	▲	●	■	Foeniculi Fructus	fennel fruit
BI BA	華荜(필발)	▲	●		Piperis Longi Fructus	long pepper
HU JIAO	胡椒(호초)	▲	●	■	Piperis Fructus	pepper
22. QI TONICS						
REN SHEN	人蔘(인삼)	▲	●	■	Ginseng Radix	ginseng
DANG SHEN	黨參(당삼)	▲	●	■	Codonopsis Radix	codonopsis
TAI ZI SHEN	太子蔘(태자삼)		●	■	Pseudostellariae Radix	pseudostellaria root
HUANG QI	黃芪(황기)	▲	●	■	Astragali Radix	milkvetch root
SHAN YAO	山藥(산약)	▲	●	■	Dioscoreae Rhizoma	chinese yam
BAI ZHU	白朮(백출)	▲	●	■	Atractylodis Macrocephalae Rhizoma	white atractylodes
DA ZAO	大棗(대조)	▲	●	■	Jujubae Fructus	jujube
GAN CAO	甘草(감초)	▲	●	■	Glycyrrhizae Radix	licorice root
ZHI GAN CAO	炙甘草(자감초)	▲	●		Glycyrrhizae Radix Preparata	prepared licorice
HUANG JING	黃精(황정)		●	■	Polygonati Rhizoma	siberian solomon's seal
BAI BIAN DOU	白扁豆(백편두)	▲	●	■	Lablab Semen Album	hyacinth bean
YI TANG	飴糖(이당)	▲	●		Maltosum	malt sugar
FENG MI	蜂蜜(봉밀)			■	Mel	honey
JING MI	粳米(강미)	▲	●		Oryzae Semen	nonglutinous Rice
23. BLOOD TONICS						
SHU DI HUANG	熟地黃(숙지황)	▲	●	■	Rehmanniae Radix Preparata	cooked rehmannia
HE SHOU WU	何首烏(허수오)		●	■	Polygoni Multiflori Radix	fleeceflower root
DANG GUI	當歸(당귀)	▲	●	■	Angelicae Sinensis Radix	chinese angelica root
BAI SHAO	白芍(백작)	▲	●	■	Paeoniae Radix Alba	white peony root
E JIAO	阿膠(아교)	▲	●	■	Asini Corii Colla	donkey-hide gelatin
GOU QI ZI	枸杞子(구기자)	▲	●	■	Lycii Fructus	chinese wolfberry
SANG SHEN	桑椹(상삼)	▲	●	■	Mori Fructus	mulberry fruit
LONG YAN ROU	龍眼肉(용안육)	▲	●	■	Longan Arillus	longan fruit
24. YANG TONICS						
LU RONG	鹿茸(녹용)	▲	●	■	Cervi Cornu Pantotrichum	hairy deer horn
LU JIAO JIAO	鹿角膠(녹각교)	▲	●		Cervi Cornu Colla	deer horn gelatin
GE JIE	蛤蚧(할개)			■	Gecko	gecko
DONG CHONG XIA CAO	冬蟲夏草(동충하초)		●	■	Cordyceps	chinese caterpillar fungus

ROU CONG RONG	肉蓯蓉(육충용)		●	■	Cistanches Herba	cistanche
SUO YANG	鎖陽(쇄양)	▲	●	■	Cynomorii Herba	cynomorium
YIN YANG HUO	淫羊藿(음양곽)	▲	●	■	Epimedii Herba	epimedium
BA JI TIAN	巴戟天(파극천)	▲	●	■	Morindae Officinalis Radix	morinda root
HU TAO REN	胡桃仁(호도인)	▲	●	■	Juglandis Semen	walnut
BU GU ZHI	補骨脂(보골지)	▲	●	■	Psoraleae Fructus	psoralea fruit
YI ZHI REN	益智仁(익지인)	▲	●	■	Alpiniae Oxyphyllae Fructus	black cardamon
XIAN MAO	仙茅(선묘)	▲	●	■	Curculiginis Rhizoma	golden eye-grass
DU ZHONG	杜仲(두충)	▲	●	■	Eucommiae Cortex	eucommia bark
GOU JI	狗脊(구척)	▲	●	■	Cibotii Rhizoma	chain fern
XU DUAN	續斷(속단)	▲	●	■	Dipsaci Radix	himalayan teasel root
GU SUI BU	骨碎補(골쇄보)	▲	●	■	Drynariae Rhizoma	drynaria rhizome
TU SI ZI	菟絲子(토사자)	▲	●	■	Cuscutae Semen	dodder seed
SHA YUAN ZI	沙苑子(사원자)	▲	●	■	Astragali Complanati Semen	flat-stem milkvetch seed
25. YIN TONICS						
BEI SHA SHEN	北沙參(북사삼)	▲	●	■	Glehniae Radix	glehnia root
NAN SHA SHEN	南沙參(남사삼)	▲	●		Adenophorae Radix	adenophora root
XI YANG SHEN	西洋參(서양삼)		●	■	Panacis Quinquefolii Radix	american ginseng root
MAI MEN DONG	麥門冬(맥문동)	▲	●	■	Ophiopogonis Radix	ophiopogon tuber
TIAN MEN DONG	天門冬(천문동)	▲	●	■	Asparagi Radix	asparagus tuber
SHI HU	石斛(석곡)		●	■	Dendrobii Herba	dendrobium
YU ZHU	玉竹(옥죽)			■	Polygonati Odorati Rhizoma	scented solomon's seal rhizome
BAI HE	百合(백합)	▲	●	■	Lilii Bulbus	lily bulb
HAN LIAN CAO	旱蓮草(한련초)		●	■	Ecliptae Herba	eclipta
NU ZHEN ZI	女貞子(여정자)	▲	●	■	Ligustri Lucidi Fructus	privet fruit
HEI ZHI MA	黑芝麻(흑지마)	▲	●	■	Sesami Semen Nigrum	black sesame seed
GUI BAN	龜板(구판)	▲	●	■	Testudinis Plastrum	tortise plastron (ventral side)
GUI BAN JIAO	龜板膠(구판교)	▲	●		Testudinis Plastris Colla	tortise plastron gelatin
BIE JIA	鱉甲(별갑)	▲	●	■	Trionycis Carapax	turtle shell (dorsal side)
JI ZI HUANG	鷄子黃(계지황)	▲			Galli Vitellus	chicken egg yolk
26. ASTRINGENTS						
SHAN ZHU YU	山茱萸(산수유)	▲	●	■	Corni Fructus	asiatic cornelian cherry fruit
WU WEI ZI	五味子(오미자)	▲	●	■	Schisandrae Fructus	schisandra fruit
WU MEI	烏梅(오매)	▲	●	■	Mume Fructus	mume
HE ZI	訶子(가자)	▲	●	■	Chebulae Fructus	myrobalan fruit
ROU DOU KOU	肉豆蔻(육두구)	▲	●	■	Myristicae Semen	nutmeg
SHI LIU PI	石榴皮(석류피)			■	Granati Pericarpium	pomegranate husk
CHUN PI	椿皮(춘피)	▲	●		Ailanthi Cortex	ailanthus bark
CHI SHI ZHI	赤石脂(적석지)	▲	●	■	Halloysitum Rubrum	halloysite
LIAN ZI	蓮子(연자)	▲	●	■	Nelumbinis Semen	lotus seed

LIAN XU	蓮鬚(연수)	▲	●		Nelumbinis Stamen	lotus stamen
QIAN SHI	芡實(검실)	▲	●	■	Euryales Semen	euryale seed
JIN YING ZI	金櫻子(금영자)	▲	●	■	Rosae Laevigatae Fructus	cherokee rosehip
FU PEN ZI	覆盆子(복분자)	▲	●	■	Rubi Fructus	palm-leaf raspberry
WU BEI ZI	五倍子(오배자)			■	Galla Chinensis	gallnut of chinese sumac
BAI GUO	白果(백과)	▲	●	■	Ginkgo Semen	ginkgo nut
FU XIAO MAI	浮小麥(부소맥)	▲	●	■	Tritici Fructus Levis	light wheat
MA HUANG GEN	麻黃根(마황근)			■	Ephedrae Radix	ephedra root
HAI PIAO XIAO (WU ZEI GU)	海螵蛸(해표소)	▲	●	■	Sepiae Endoconcha	cuttlefish bone
SANG PIAO XIAO	桑螵蛸(상표소)		●	■	Mantidis Ootheca	mantis egg-case
27. ANCHOR & CALM SHEN						
LONG GU	龍骨(용골)	▲	●	■	Fossilia Ossis Mastodi	fossilized animal bones
MU LI	牡蠣(모리)	▲	●	■	Ostreae Concha	oyster shell
CI SHI	磁石(자석)	▲	●	■	Magnetitum	magnetite
ZHEN ZHU	珍珠(진주)	▲	●		Margarita	pearl
ZHEN ZHU MU	珍珠母(진주모)			■	Margaritiferae Concha Usta	mother-of-pearl
HU PO	琥珀(호박)			■	Succinum	amber
28. NOURISH & CALM SHEN						
SUAN ZAO REN	酸棗仁(산조인)	▲	●	■	Ziziphi Spinosae Semen	sour jujube seed
BAI ZI REN	柏子仁(백자인)	▲	●	■	Platycladi Semen	chinese arborvitae seed
YUAN ZHI	遠志(원지)	▲	●	■	Polygalae Radix	thin-leaf milkwort
HE HUAN PI	合歡皮(합환피)		●	■	Albiziae Cortex	silktree bark
YE JIAO TENG	夜交藤(야교등)	▲	●	■	Polygoni Multiflori Caulis	polygonum vine
FU SHEN	茯神(복신)		●		Poria Paradicis	innermost part of poria
29. AROMATICS FOR ORIFICES						
BING PIAN	冰片(빙편)			■	Borneolum	borneol
SHI CHANG PU	石菖蒲(석창포)		●	■	Acori Tatarinowii Rhizoma	grassleaf sweetflag rhizome
NIU HUANG	牛黃(우황)	▲	●	■	Bovis Calculus	cattle bezoar
30. EXTINGUISH LIVER WIND						
GOU TENG	鉤藤(구등)	▲	●	■	Uncariae Ramulus Cum Uncis	gambir
TIAN MA	天麻(천마)		●	■	Gastrodiae Rhizoma	gastrodia rhizome
BAI JI LI (CI JI LI)	白蒺藜(백질러)	▲	●	■	Tribuli Fructus	puncture-vine caltrop fruit
SHI JUE MING	石決明(석결명)	▲	●	■	Haliotidis Concha	abalone shell
DI LONG	地龍(지룡)	▲	●	■	Pheretima	earthworm
JIANG CAN	僵蚕(강잠)			■	Bombyx Batryticatus	silkworm
QUAN XIE	全蠍(전갈)			■	Scorpio	scorpion
WU GONG	蜈蚣(오공)			■	Scolopendra	centipede
DAI ZHE SHI	代赭石(대자석)	▲	●	■	Haematitum	hematite
31. EXPEL PARASITES						
SHI JUN ZI	使君子(사군자)			■	Quisqualis Fructus	rangoon creeper fruit with seeds
KU LIAN PI	苦楝皮(고련피)			■	Meliae Cortex	melia bark or root bark

BING LANG	檳榔(빈랑)			■	Arecae Semen	areaca
NAN GUA ZI	南瓜子(남과자)			■	Cucurbitae Moschatae Semen	pumpkin seeds and husks
32. EXTERNAL USE						
MING FAN	明礬(명반)			■	Alumen	alum
LU GAN SHI	礬甘石(노감석)			■	Calamina	smithsonite
LIU HUANG	硫磺(유황)			■	Sulfur	sulfur
SHE CHUANG ZI	蛇床子(사상자)	▲	●	■	Cnidii Fructus	cnidium fruit
ER CHA	兒茶(아차)			■	Catechu	black cutch
BAN MAO	斑蝥(반모)			■	Mylabris	mylabris, cantharides
LU FENG FANG	露蜂房(노봉방)			■	Vespae Nidus	wasp nest
33. OBSOLETE SUBSTANCES						
YING SU KE	罌粟殼(앵속각)			■	Papaveris Pericarpium	opium poppy husk
MA QIAN ZI	馬錢子(마전자)			■	Strychni Semen	nux-vomica seeds
MA DOU LING	馬兜鈴(마두령)			■	Aristolochiae Fructus	birthwort fruit
GUANG FANG JI	廣防己(광방기)			■	Aristolochiae Fangchi Radix	southern fangji root
XIONG HUANG	雄黃(웅황)			■	Realgar	realgar