

HERB LIST CALE + NCCAOM + PAN-CANADIAN

PINYIN	CN/KR	C	N	P	LATIN	ENGLISH	CATEGORY
A							
AI YE	艾葉(애엽)	▲	●	■	Artemisiae Argyi Folium	mugwort leaf	Stop bleeding
B							
BA JI TIAN	巴戟天(파극천)	▲	●	■	Morindae Officinalis Radix	morinda root	Yang Tonics
BAI BIAN DOU	白扁豆(백편두)	▲	●	■	Lablab Semen Album	hyacinth bean	Qi Tonics
BAI BU	百部(백부)	▲	●	■	Stemonae Radix	stemona root	Stop Cough & Wheezing
BAI DOU KOU	白豆蔻(백두구)	▲	●	■	Amomi Fructus Rotundus	round cardamon	Aromatics for Damp
BAI FU ZI	白附子(백부자)			■	Typhonii Rhizoma	typhonium rhizome	Dissolve Cold-Phlegm
BAI GUO	白果(백과)	▲	●	■	Ginkgo Semen	ginkgo nut	Astringents
BAI HE	百合(백합)	▲	●	■	Lilii Bulbus	lily bulb	Yin Tonics
BAI HUA SHE	白花蛇(백화사)	▲	●		Agkistrodon/Bungarus	multibanded krati	Dispel Wind-Damp
BAI HUA SHE SHE CAO	白花蛇舌草(백화사설초)		●	■	Hedyotis diffusa Herba	heydyotis, oldenlandia	Clear Toxic-Heat
BAI JI	白芨(백급)		●	■	Bletillae Rhizoma	bletilla rhizome	Stop bleeding
BAI JI LI (CI JI LI)	白蒺藜(백질러)	▲	●	■	Tribuli Fructus	puncture-vine caltrop fruit	Extinguish Liver Wind
BAI JIANG CAO	敗醬草(패장초)	▲	●	■	Patriniae Herba	patrinia	Clear Toxic-Heat
BAI JIE ZI	白芥子(백개자)	▲	●	■	Sinapis Semen	white mustard seed	Dissolve Cold-Phlegm
BAI MAO GEN	白茅根(백모근)	▲	●	■	Imperatae Rhizoma	alang grass rhizome	Stop bleeding
BAI QIAN	白前(백전)	▲	●	■	Cynanchi Stauntonii Rhizoma	swallow wort rhizome	Dissolve Cold-Phlegm
BAI SHAO	白芍(백작)	▲	●	■	Paeoniae Radix Alba	white peony root	Blood Tonics
BAI TOU WENG	白頭翁(백두옹)	▲	●	■	Pulsatillae Radix	pulsatilla	Clear Toxic-Heat
BAI WEI	白薇(백미)	▲	●	■	Cynanchi Atrati Radix	swallowwort root	Clear Deficiency-Heat
BAI XIAN PI	白鮮皮(백선피)		●	■	Dictamni Cortex	dictamnus root bark	Clear Toxic-Heat
BAI ZHI	白芷(백지)	▲	●	■	Angelicae Dahuricae Radix	angelica root	Disperse Wind-Cold
BAI ZHU	白朮(백출)	▲	●	■	Atractylodis Macrocephalae Rhizoma	white atractylodes	Qi Tonics
BAN BIAN LIAN	半邊蓮(반변련)			■	Lobeliae Chinensis Herba	chinese lobelia	Drain Damp
BAI ZI REN	柏子仁(백자인)	▲	●	■	Platycladi Semen	chinese arborvitae seed	Nourish & Calm Shen
BAN LAN GEN	板藍根(판남근)	▲	●	■	Isatidis Radix	isatidis root	Clear Toxic-Heat
BAN MAO	斑蝥(반모)			■	Mylabris	mylabris, cantharides	External Use
BAN XIA	半夏(반하)	▲	●	■	Pinelliae Rhizoma	pinellia	Dissolve Cold-Phlegm
BEI SHA SHEN	北沙參(북사삼)	▲	●	■	Glehniae Radix	glehnia root	Yin Tonics
BI BA	華荜(활밭)	▲	●		Piperis Longi Fructus	long pepper	Warm Interior
BI XIE	萹蓄(비혜)	▲	●	■	Dioscoreae Hypoglaucae Rhizoma	tokoro	Drain Damp
BIAN XU	菵蓄(편축)	▲	●	■	Polygoni Avicularis Herba	knotgrass	Drain Damp
BIE JIA	鱉甲(별갑)	▲	●	■	Trionycis Carapax	turtle shell (dorsal side)	Yin Tonics
BING LANG	檳榔(빙랑)			■	Arecae Semen	areaca	Expel Parasites
BING PIAN	冰片(빙편)			■	Borneolum	borneol	Aromatics for Orifices
BO HE	薄荷(박하)	▲	●	■	Menthae Haplocalycis Herba	field mint	Disperse Wind-Heat

BU GU ZHI	補骨脂(보골지)	▲	●	■	Psoraleae Fructus	psoralea fruit	Yang Tonics
C							
CAN SHA	蠶砂(잠사)			■	Bombycis Faeces	silkworm feces	Dispel Wind-Damp
CANG ER ZI	蒼耳子(창이자)	▲	●	■	Xanthii Fructus	xanthium fruit	Disperse Wind-Cold
CANG ZHU	蒼朮(창술)	▲	●	■	Atractylodis Rhizoma	atractylodes rhizome	Aromatics for Damp
CAO DOU KOU	草豆蔻(초두구)	▲	●	■	Alpiniae Katsumadai Semen	katsumada galangal seed	Aromatics for Damp
CAO GUO	草果(초과)	▲	●	■	Tsaoko Fructus	tsaoko fruit	Aromatics for Damp
CAO WU	草烏(초오)	▲	●		Aconiti Kusnezoffii Preparata	wild aconite root	Warm Interior
CE BAI YE	側柏葉(측백엽)	▲	●	■	Platycladi Cacumen	chinese arborvitae	Stop bleeding
CHAI HU	柴胡(시호)	▲	●	■	Bupleuri Radix	hare's ear root	Disperse Wind-Heat
CHAN TUI	蟬蛻(선태)	▲	●	■	Cicadae Periostracum	cicada moulting	Disperse Wind-Heat
CHE QIAN ZI	車前子(차전자)	▲	●	■	Plantaginis Semen	plantago seed	Drain Damp
CHEN PI (JU PI)	陳皮(진피)	▲	●	■	Citri Reticulatae Pericarpium	tangerine peel	Regulate Qi
CHEN XIANG	沈香(침향)	▲	●	■	Aquilariae Lignum Resinatum	aquilaria wood	Regulate Qi
CHI SHAO	赤芍(적작)	▲	●	■	Paeoniae Radix Rubra	red peony root	Activate Blood
CHI SHI ZHI	赤石脂(적석지)	▲	●	■	Halloysitum Rubrum	halloysite	Astringents
CHI XIAO DOU	赤小豆(적소두)			■	Phaseoli Semen	adzuki bean	Drain Damp
CHUAN BEI MU	川貝母(천배모)	▲	●	■	Fritillariae Cirrhosae Bulbus	sichuan fritillaria bulb	Dissolve Hot-Phlegm
CHUAN LIAN ZI	川楝子(천련자)	▲	●	■	Toosendan Fructus	sichuan chinaberry	Regulate Qi
CHUAN MU TONG	川木通(천목통)	▲			Clematidis Armandii Caulis	clematidis caulis	Drain Damp
CHUAN NIU XI	川牛膝(천우슬)	▲	●		Cyathulae Radix	cyathula root	Activate Blood
CHUAN XIONG	川芎(천궁)	▲	●	■	Chuanxiong Rhizoma	cnidium	Activate Blood
CHUN PI	椿皮(춘피)	▲	●		Ailanthi Cortex	ailanthus bark	Astringents
CI SHI	磁石(자석)	▲	●	■	Magnetitum	magnetite	Anchor & Calm Shen
D							
DA FU PI	大腹皮(대복피)	▲	●	■	Arecae Pericarpium	areca husk	Regulate Qi
DA HUANG	大黃(대황)	▲	●	■	Rhei Radix et Rhizoma	rhubarb root	Purgatives
DA JI	大戟(대극)	▲		■	Euphorbiae Pekinensis Radix	euphorbia root	Cathartics
DA JI	大薊(대계)		●	■	Cirsii Japonici Herba sive Radix	large thistle	Stop bleeding
DA QING YE	大青葉(대청엽)			■	Isatidis Folium	isatidis leaf	Clear Toxic-Heat
DA ZAO	大棗(대조)	▲	●	■	Jujubae Fructus	jujube	Qi Tonics
DAI ZHE SHI	代赭石(대자석)	▲	●	■	Haematitum	hematite	Extinguish Liver Wind
DAN DOU CHI	淡豆豉(담두시)	▲	●	■	Sojae Semen Preparatum	prepared soybean	Disperse Wind-Heat
DAN NAN XING	膽南星(담남성)	▲	●		Arisaema Cum Bile	bile-prepared Arisaema	Dissolve Hot-Phlegm
DAN SHEN	丹參(단삼)	▲	●	■	Salviae Miltiorrhizae Radix	salvia root	Activate Blood
DAN ZHU YE	淡竹葉(담죽엽)	▲	●	■	Lophatheri Herba	lophatherum	Clear & Purge Heat
DANG GUI	當歸(당귀)	▲	●	■	Angelicae Sinensis Radix	chinese angelica root	Blood Tonics
DANG SHEN	黨參(당삼)	▲	●	■	Codonopsis Radix	codonopsis	Qi Tonics
DENG XIN CAO	燈心草(등심초)	▲	●		Junci Medulla	juncus pith	Drain Damp

DI BIE CHONG	地鳖蟲(지벌충)			■	Eupolyphaga/Steleophaga	ground beetle	Activate Blood
DI FU ZI	地膚子(지부자)	▲	●	■	Kochiae Fructus	broom cypress fruit	Drain Damp
DI GU PI	地骨皮(지골피)	▲	●	■	Lycii Cortex	wolfberry root bark	Clear Deficiency-Heat
DI LONG	地龍(지룡)	▲	●	■	Pheretima	earthworm	Extinguish Liver Wind
DI YU	地榆(지유)	▲	●	■	Sanguisorbae Radix	garden burnet root	Stop bleeding
DING XIANG	丁香(정향)	▲	●	■	Caryophylli Flos	clove	Warm Interior
DONG CHONG XIA CAO	冬蟲夏草(동충하초)		●	■	Cordyceps	chinese caterpillar fungus	Yang Tonics
DONG GUA PI	冬瓜皮(동과피)			■	Benincasae Exocarpium	winter melon rind	Drain Damp
DONG GUA ZI	冬瓜子(동과자)	▲	●		Benincasae Semen	winter melon seed	Drain Damp
DONG KUI ZI	冬葵子(동규자)	▲	●	■	Malvae Fructus	mallow fruit	Drain Damp
DU HUO	獨活(독활)	▲	●	■	Angelicae Pubescentis Radix	pubescent angelica root	Dispel Wind-Damp
DU ZHONG	杜仲(두충)	▲	●	■	Eucommiae Cortex	eucommia bark	Yang Tonics
E							
E JIAO	阿膠(아교)	▲	●	■	Asini Corii Colla	donkey-hide gelatin	Blood Tonics
E ZHU	莪朮(아술)	▲	●	■	Curcumae Rhizoma	curcuma zedoaria	Activate Blood
ER CHA	兒茶(아차)			■	Catechu	black cutch	External Use
F							
FAN XIE YE	番瀉葉(번사엽)		●	■	Sennae Folium	senna leaf	Purgatives
FANG FENG	防風(방풍)	▲	●	■	Saposhnikoviae Radix	siler	Disperse Wind-Cold
FENG MI	蜂蜜(봉밀)			■	Mel	honey	Qi Tonics
FO SHOU	佛手(불수)		●	■	Citri Sarcodactylis Fructus	Buddha's hand	Regulate Qi
FU HAI SHI	浮海石(부해석)			■	Pumex	pumice	Dissolve Hot-Phlegm
FU LING	茯苓(복령)	▲	●	■	Poria	poria	Drain Damp
FU PEN ZI	覆盆子(복분자)	▲	●	■	Rubi Fructus	palm-leaf raspberry	Astringents
FU SHEN	茯神(복신)		●		Poria Paradicis	innermost part of poria	Nourish & Calm Shen
FU XIAO MAI	浮小麥(부소맥)	▲	●	■	Tritici Fructus Levis	light wheat	Astringents
FU ZI	附子(부자)	▲	●	■	Aconiti Radix Lateralis Preparata	aconite accessory root	Warm Interior
G							
GAN CAO	甘草(감초)	▲	●	■	Glycyrrhizae Radix	licorice root	Qi Tonics
GAN JIANG	乾薑(건강)	▲	●	■	Zingiberis Rhizoma	dried ginger	Warm Interior
GAN SUI	甘遂(감수)			■	Kansui Radix	kan-sui root	Cathartics
GAO BEN	藜本(고본)	▲	●	■	Ligustici Rhizoma	chinese lovage root	Disperse Wind-Cold
GAO LIANG JIANG	高良薑(고량강)	▲	●	■	Alpiniae Officinarum Rhizoma	galanga	Warm Interior
GE GEN	葛根(갈근)	▲	●	■	Puerariae Radix	kudzu root	Disperse Wind-Heat
GE JIE	蛤蚧(합개)			■	Gecko	gecko	Yang Tonics
GOU JI	狗脊(구척)	▲	●	■	Cibotii Rhizoma	chain fern	Yang Tonics
GOU QI ZI	枸杞子(구기자)	▲	●	■	Lycii Fructus	chinese wolfberry	Blood Tonics
GOU TENG	鉤藤(구등)	▲	●	■	Uncariae Ramulus Cum Uncis	gambir	Extinguish Liver Wind
GU SUI BU	骨碎補(골쇄보)	▲	●	■	Drynariae Rhizoma	drynaria rhizome	Yang Tonics

GU YA	穀芽(곡아)	▲	●	■	Setariae Fructus Germinatus	grain sprout	Digestives
GUA LOU	瓜蒌(과루)		●	■	Trichosanthis Fructus	trichosanthes fruit	Dissolve Hot-Phlegm
GUA LOU PI	瓜蒌皮(과루피)	▲	●		Trichosanthis Pericarpium	trichosanthes peel	Dissolve Hot-Phlegm
GUA LOU REN	瓜蒌仁(과루인)	▲	●		Trichosanthis Semen	trichosanthes seed	Dissolve Hot-Phlegm
GUANG FANG JI	廣防己(광방기)			■	Aristolochiae Fangchi Radix	southern fangji root	Obsolete Substances
GUI BAN	龜板(구판)	▲	●	■	Testudinis Plastrum	tortise plastron (ventral side)	Yin Tonics
GUI BAN JIAO	龜板膠(구판교)	▲	●		Testudinis Plastrum Colla	tortise plastron gelatin	Yin Tonics
GUI ZHI	桂枝(계지)	▲	●	■	Cinnamomi Ramulus	cinnamon twig	Disperse Wind-Cold
H							
HAI GE KE	海蛤殼(해합각)			■	Meretricis/Cyclinae Concha	clam shell	Dissolve Hot-Phlegm
HAI JIN SHA	海金沙(해금사)			■	Lygodii Spora	lygodium spore	Drain Damp
HAI PIAO XIAO (WU ZEI GU)	海螵蛸(해표소)	▲	●	■	Sepiae Endoconcha	cuttlefish bone	Astringents
HAI TONG PI	海桐皮(해동피)	▲	●		Erythrinae Cortex	coral-bean bark	Dispel Wind-Damp
HAI ZAO	海藻(해조)	▲	●	■	Sargassum	seaweed	Dissolve Hot-Phlegm
HAN FANG JI	漢防己(한방기)	▲	●	■	Stephaniae Tetrandrae Radix	stephania root	Drain Damp
HAN LIAN CAO	旱蓮草(한련초)		●	■	Ecliptae Herba	eclipta	Yin Tonics
HE HUAN PI	合歡皮(합환피)		●	■	Albiziae Cortex	silk tree bark	Nourish & Calm Shen
HE SHOU WU	何首烏(하수오)		●	■	Polygoni Multiflori Radix	fleeceflower root	Blood Tonics
HE YE	荷葉(하엽)	▲	●		Nelumbinis Folium	lotus leaf	Clear Toxic-Heat
HE ZI	訶子(가자)	▲	●	■	Chebulae Fructus	myrobalan fruit	Astringents
HEI ZHI MA	黑芝麻(흑지마)	▲	●	■	Sesami Semen Nigrum	black sesame seed	Yin Tonics
HONG HUA	紅花(홍화)	▲	●	■	Carthami Flos	safflower	Activate Blood
HONG TENG	紅藤(홍등)			■	Sargentodoxae Caulis	sargentodoxa vine	Clear Toxic-Heat
HOU PO	厚朴(후박)	▲	●	■	Magnoliae Officinalis Cortex	magnolia bark	Aromatics for Damp
HU HUANG LIAN	胡黃蓮(호황련)			■	Picrorhizae Rhizoma	picrorhiza rhizoma	Clear Deficiency-Heat
HU JIAO	胡椒(호초)	▲	●	■	Piperis Fructus	pepper	Warm Interior
HU PO	琥珀(호박)			■	Succinum	amber	Anchor & Calm Shen
HU TAO REN	胡桃仁(호도인)	▲	●	■	Juglandis Semen	walnut	Yang Tonics
HU ZHANG	虎杖(호정)			■	Polygoni Cuspidati Rhizoma	bushy knotweed rhizome	Activate Blood
HUA JIAO	花椒(화초)	▲	●	■	Zanthoxyli Pericarpium	prickly-ash peel	Warm Interior
HUA SHI	滑石(활석)	▲	●	■	Talcum	talc	Drain Damp
HUAI HUA	槐花(괴화)	▲	●	■	Sophorae Flos Immaturus	pagoda tree bud	Stop bleeding
HUAI NIU XI	懷牛膝(회우슬)	▲	●	■	Achyranthis Bidentatae Radix	achyranthes root	Activate Blood
HUANG BAI	黃柏(황백)	▲	●	■	Phellodendri Cortex	amur cork-tree bark	Clear Damp-Heat
HUANG JING	黃精(황정)		●	■	Polygonati Rhizoma	siberian solomon's seal	Qi Tonics
HUANG LIAN	黃連(황련)	▲	●	■	Coptidis Rhizoma	coptis root	Clear Damp-Heat
HUANG QI	黃芪(황기)	▲	●	■	Astragali Radix	milkvetch root	Qi Tonics
HUANG QIN	黃芩(황금)	▲	●	■	Scutellariae Radix	scute	Clear Damp-Heat
HUANG YAO ZI	黃藥子(황약자)			■	Dioscoreae Bulbiferae Rhizoma	dioscorea bulbifera tuber	Dissolve Hot-Phlegm

HUO MA REN	火麻仁(화마인)	▲	●	■	Cannabis Semen	hemp seeds	Laxatives
HUO XIANG	藿香(곽향)	▲	●	■	Pogostemonis/Agastaches Herba	patchouli	Aromatics for Damp
J							
JI NEI JIN	雞內金(계내금)	▲	●	■	Gigeriae Galli Endothelium Corneum	chicken gizzard	Digestives
JI XUE TENG	雞血藤(계혈등)		●	■	Spatholobi Caulis	spatholobus root and vine	Activate Blood
JI ZI HUANG	鷄子黃(계지황)	▲			Galli Vitellus	chicken egg yolk	Yin Tonics
JIANG CAN	僵蚕(강잠)			■	Bombyx Batryticatus	silkworm	Extinguish Liver Wind
JIANG HUANG	薑黃(강황)	▲	●	■	Curcumae Longae Rhizoma	turmeric	Activate Blood
JIANG XIANG	降香(강향)			■	Dalbergiae Odoriferae Lignum	scented rosewood	Activate Blood
JIE GENG	桔梗(길경)	▲	●	■	Platycodi Radix	balloon flower root	Dissolve Cold-Phlegm
JIN QIAN CAO	金錢草(금전초)			■	Lysimachiae Herba	lysimachia	Drain Damp
JIN YIN HUA	金銀花(금은화)	▲	●	■	Lonicerae Flos	honeysuckle flower	Clear Toxic-Heat
JIN YING ZI	金櫻子(금영자)	▲	●	■	Rosae Laevigatae Fructus	cherokee rosehip	Astringents
JING JIE	荊芥(형개)	▲	●	■	Schizonepetae Herba	schizonepeta	Disperse Wind-Cold
JING MI	粳米(경미)	▲	●		Oryzae Semen	nonglutinous Rice	Qi Tonics
JU HE	橘核(굴핵)			■	Citri Reticulatae Semen	tangerine seed	Regulate Qi
JU HONG	橘紅(굴홍)	▲	●		Citri Reticulatae Exocarpium Rubrum	tangerine flavedo	Regulate Qi
JU HUA	菊花(국화)	▲	●	■	Chrysanthemi Flos	chrysanthemum flower	Disperse Wind-Heat
JUE MING ZI	決明子(결명자)	▲	●	■	Cassiae Semen	cassia seed	Clear & Purge Heat
K							
KU LIAN PI	苦楝皮(고련피)			■	Meliae Cortex	melia bark or root bark	Expel Parasites
KU SHEN	苦參(고삼)	▲	●	■	Sophorae Flavescentis Radix	sophora root	Clear Damp-Heat
KUAN DONG HUA	款冬花(관동화)		●	■	Farfarae Flos	tussilago flower	Stop Cough & Wheezing
KUN BU	昆布(곤포)			■	Eckloniae Thallus	kelp	Dissolve Hot-Phlegm
L							
LAI FU ZI	萊菔子(내복자)	▲	●	■	Raphani Semen	radish seed	Digestives
LI ZHI HE	荔枝核(여지핵)			■	Litchi Semen	leechee nut	Regulate Qi
LIAN QIAO	連翹(연교)	▲	●	■	Forsythiae Fructus	forsythia fruit	Clear Toxic-Heat
LIAN XU	蓮鬚(연수)	▲	●		Nelumbinis Stamen	lotus stamen	Astringents
LIAN ZI	蓮子(연자)	▲	●	■	Nelumbinis Semen	lotus seed	Astringents
LIU HUANG	硫磺(유황)			■	Sulfur	sulfur	External Use
LIU JI NU	劉寄奴(유기노)			■	Artemisiae Anomalae Herba	anomalous artemesia	Activate Blood
LONG DAN CAO	龍膽草(용담초)	▲	●	■	Gentianae Radix	gentiana	Clear Damp-Heat
LONG GU	龍骨(용골)	▲	●	■	Fossilia Osis Mastodi	fossilized animal bones	Anchor & Calm Shen
LONG YAN ROU	龍眼肉(용안육)	▲	●	■	Longan Arillus	longan fruit	Blood Tonics
LU DOU	綠豆(녹두)		●		Phaseoli raiati Semen	mung bean	Clear Toxic-Heat
LU FENG FANG	露蜂房(노봉방)			■	Vespae Nidus	wasp nest	External Use
LU GAN SHI	爐甘石(노감석)			■	Calamina	smithsonite	External Use
LU GEN	蘆根(노근)	▲	●	■	Phragmitis Rhizoma	reed rhizome	Clear & Purge Heat

LU HUI	蘆薈(노회)	▲	●	■	Aloe	aloe	Purgatives
LU JIAO JIAO	鹿角膠(녹각교)	▲	●		Cervi Cornu Colla	deer horn gelatin	Yang Tonics
LU RONG	鹿茸(녹용)	▲	●	■	Cervi Cornu Pantotrichum	hairy deer horn	Yang Tonics
M							
MA BO	馬勃(마밭)		●		Lasiosphaera/Calvatia	puffball	Clear Toxic-Heat
MA DOU LING	馬兜鈴(마두령)			■	Aristolochiae Fructus	birthwort fruit	Obsolete Substances
MA HUANG	麻黃(마황)		●	■	Ephedrae Herba	ephedra stem	Disperse Wind-Cold
MA HUANG GEN	麻黃根(마황근)			■	Ephedrae Radix	ephedra root	Astringents
MA QIAN ZI	馬錢子(마전자)			■	Strychni Semen	nux-vomica seeds	Obsolete Substances
MAI MEN DONG	麥門冬(맥문동)	▲	●	■	Ophiopogonis Radix	ophiopogon tuber	Yin Tonics
MAI YA	麥芽(맥아)	▲	●	■	Hordei Fructus Germinatus	barley sprout	Digestives
MAN JING ZI	蔓荊子(만형자)	▲	●	■	Vitidis Fructus	vitex fruit	Disperse Wind-Heat
MANG XIAO	芒硝(망초)	▲	●	■	Natrii Sulfas	mirabilite	Purgatives
MENG CHONG	虻蟲(맹충)			■	Tabanus	horse fly	Activate Blood
MEI GUI HUA	玫瑰花(매괴화)		●		Rosae Rugosae Flos	chinese Rose bud	Regulate Qi
MING FAN	明礬(명반)			■	Alumen	alum	External Use
MO YAO	沒藥(몰약)	▲	●	■	Myrrha	myrrh	Activate Blood
MU DAN PI	牡丹皮(목단피)	▲	●	■	Moutan Cortex	tree peony bark	Clear Blood-Heat
MU GUA	木瓜(목과)	▲	●	■	Chaenomelis Fructus	chinese quince fruit	Dispel Wind-Damp
MU LI	牡蠣(모려)	▲	●	■	Ostreae Concha	oyster shell	Anchor & Calm Shen
MU TONG	木通(목통)	▲	●	■	Akebiae Caulis	akebia caulis	Drain Damp
MU XIANG	木香(목향)		●	■	Aucklandiae Radix	saussurea	Regulate Qi
MU ZEI	木賊(목적)	▲	●		Equiseti Hiemalis herba	scouring rush	Disperse Wind-Heat
N							
NAN GUA ZI	南瓜子(남과자)			■	Cucurbitae Moschatae Semen	pumpkin seeds and husks	Expel Parasites
NAN SHA SHEN	南沙參(남사삼)	▲	●		Adenophorae Radix	adenophora root	Yin Tonics
NIU BANG ZI	牛蒡子(우방자)	▲	●	■	Arctii Fructus	burdock fruit	Disperse Wind-Heat
NIU HUANG	牛黃(우황)	▲	●	■	Bovis Calculus	cattle bezoar	Aromatics for Orifices
NU ZHEN ZI	女貞子(여정자)	▲	●	■	Ligustri Lucidi Fructus	privet fruit	Yin Tonics
O							
OU JIE	藕節(우절)		●	■	Nelumbinis Nodus Rhizomatis	lotus rhizome node	Stop bleeding
P							
PAO JIANG	炮薑(포강)	▲	●	■	Zingiberis Rhizoma Preparatum	processed ginger	Stop bleeding
PEI LAN	佩蘭(패란)			■	Eupatorii Herba	eupatorium	Aromatics for Damp
PI PA YE	枇杷葉(비파엽)	▲	●	■	Eriobotryae Folium	loquat leaf	Stop Cough & Wheezing
PU GONG YING	蒲公英(포공영)	▲	●	■	Taraxaci Herba	dandelion	Clear Toxic-Heat
PU HUANG	蒲黃(포황)	▲	●	■	Typhae Pollen	cattail pollen	Stop bleeding
Q							
QIAN CAO	茜草(천초)	▲	●	■	Rubiae Radix	madder root	Stop bleeding

QIAN HU	前胡(전호)	▲	●	■	Peucedani Radix	hog-fennel root	Dissolve Hot-Phlegm
QIAN SHI	芡實(검실)	▲	●	■	Euryales Semen	euryale seed	Astringents
QIANG HUO	羌活(강활)	▲	●	■	Notopterygii Rhizoma seu Radix	notopterygium root	Disperse Wind-Cold
QIN JIAO	秦艽(진교)	▲	●	■	Gentianae Macrophyllae Radix	gentiana macrophylla root	Dispel Wind-Damp
QIN PI	秦皮(진피)	▲	●	■	Fraxini Cortex	ash bark	Clear Damp-Heat
QING DAI	靑黛(청대)			■	Indigo naturalis	indigo	Clear Toxic-Heat
QING HAO	靑蒿(청호)	▲	●	■	Artemisiae Annuae Herba	sweet wormwood	Clear Deficiency-Heat
QING PI	靑皮(청피)	▲	●	■	Citri Reticulatae Viride Pericarpium	immature tangerine peel	Regulate Qi
QU MAI	瞿麥(구맥)	▲	●	■	Dianthi Herba	lilac pink	Drain Damp
QUAN XIE	全蠍(전갈)			■	Scorpio	scorpion	Extinguish Liver Wind
R							
REN SHEN	人蔘(인삼)	▲	●	■	Ginseng Radix	ginseng	Qi Tonics
ROU CONG RONG	肉苁蓉(육종용)		●	■	Cistanches Herba	cistanche	Yang Tonics
ROU DOU KOU	肉豆蔻(육두구)	▲	●	■	Myristicae Semen	nutmeg	Astringents
ROU GUI	肉桂(육계)	▲	●	■	Cinnamomi Cortex	cinnamon bark	Warm Interior
RU XIANG	乳香(유향)	▲	●	■	Olibanum	frankincense	Activate Blood
S							
SAN LENG	三棱(삼릉)	▲	●	■	Sparganii Rhizoma	bur-reed rhizome	Activate Blood
SAN QI	三七(삼칠)	▲	●	■	Notoginseng Radix	pseudoginseng	Stop bleeding
SANG BAI PI	桑白皮(삼백피)	▲	●	■	Mori Cortex	mulberry root bark	Stop Cough & Wheezing
SANG JI SHENG	桑寄生(삼기생)	▲	●	■	Taxilli Herba	mulberry mistletoe	Dispel Wind-Damp
SANG PIAO XIAO	桑螵蛸(삼표소)		●	■	Mantidis Ootheca	mantis egg-case	Astringents
SANG SHEN	桑椹(삼심)	▲	●	■	Mori Fructus	mulberry fruit	Blood Tonics
SANG YE	桑葉(삼엽)	▲	●	■	Mori Folium	mulberry leaf	Disperse Wind-Heat
SANG ZHI	桑枝(삼지)	▲	●	■	Mori Ramulus	mulberry twig	Dispel Wind-Damp
SHA REN	砂仁(사인)	▲	●	■	Amomi Fructus	grains-of-paradise fruit	Aromatics for Damp
SHA YUAN ZI	沙苑子(사원자)	▲	●	■	Astragali Complanati Semen	flat-stem milkvetch seed	Yang Tonics
SHAN DOU GEN	山豆根(산두근)	▲	●	■	Sophorae Tonkinensis Radix	bushy sophora	Clear Toxic-Heat
SHAN YAO	山藥(산약)	▲	●	■	Dioscoreae Rhizoma	chinese yam	Qi Tonics
SHAN ZHA	山楂(산사)	▲	●	■	Crataegi Fructus	hawthorn fruit	Digestives
SHAN ZHU YU	山茱萸(산수유)	▲	●	■	Corni Fructus	asiatic cornelian cherry fruit	Astringents
SHE CHUANG ZI	蛇床子(사상자)	▲	●	■	Cnidii Fructus	cnidium fruit	External Use
SHE GAN	射干(사간)	▲	●	■	Belamcandae Rhizoma	blackberry lily rhizome	Clear Toxic-Heat
SHEN QU	神麩(신곡)	▲	●	■	Massa medicata Fermentata	medicated leaven	Digestives
SHENG DI HUANG	生地黄(생지황)	▲	●	■	Rehmanniae Radix	rehmannia root	Clear Blood-Heat
SHENG JIANG	生薑(생강)	▲	●	■	Zingiberis Rhizoma Recens	fresh ginger	Disperse Wind-Cold
SHENG JIANG PI	生薑皮(생강피)	▲	●		Zingiberis Rhizomatis Cortex	peel of fresh ginger	Drain Damp
SHENG MA	升麻(승마)	▲	●	■	Cimicifugae Rhizoma	bugbane rhizome	Disperse Wind-Heat
SHI CHANG PU	石菖蒲(석창포)		●	■	Acori Tatarinowii Rhizoma	grassleaf sweetflag rhizome	Aromatics for Orifices

SHI DI	柿蒂(시체)			■	Kaki Calyx	persimmon calyx	Regulate Qi
SHI GAO	石膏(석고)	▲	●	■	Gypsum Fibrosum	gypsum	Clear & Purge Heat
SHI HU	石斛(석곡)		●	■	Dendrobii Herba	dendrobium	Yin Tonics
SHI JUE MING	石決明(석결명)	▲	●	■	Haliotidis Concha	abalone shell	Extinguish Liver Wind
SHI JUN ZI	使君子(사군자)			■	Quisqualis Fructus	rangoon creeper fruit with seeds	Expel Parasites
SHI LIU PI	石榴皮(석류피)			■	Granati Pericarpium	pomegranate husk	Astringents
SHI WEI	石葦(석위)	▲	●	■	Pyrrosiae Folium	pyrrosia leaf	Drain Damp
SHU DI HUANG	熟地黄(숙지황)	▲	●	■	Rehmanniae Radix Preparata	cooked rehmannia	Blood Tonics
SHUI NIU JIAO	水牛角(수우각)	▲	●	■	Bubali Cornu	water bufflao horn	Clear Blood-Heat
SHUI ZHI	水蛭(수질)			■	Hirudo	leech	Activate Blood
SI GUA LUO	絲瓜絡(사과락)			■	Luffae Fructus Retinervus	loofah	Clear Toxic-Heat
SU MU	蘇木(소목)			■	Sappan Lignum	sappan wood	Activate Blood
SUAN ZAO REN	酸棗仁(산조인)	▲	●	■	Ziziphi Spinosae Semen	sour jujube seed	Nourish & Calm Shen
SUO YANG	鎖陽(쇄양)	▲	●	■	Cynomorii Herba	cynomorium	Yang Tonics
T							
TAI ZI SHEN	太子參(태자삼)		●	■	Pseudostellariae Radix	pseudostellaria root	Qi Tonics
TAN XIANG	檀香(단향)	▲	●	■	Santali Albi Lignum	sandalwood	Regulate Qi
TAO REN	桃仁(도인)	▲	●	■	Persicae Semen	peach kernel	Activate Blood
TIAN HUA FEN	天花粉(천화분)	▲	●	■	Trichosanthis Radix	trichosanthes root	Clear & Purge Heat
TIAN MA	天麻(천마)		●	■	Gastrodiae Rhizoma	gastrodia rhizome	Extinguish Liver Wind
TIAN MEN DONG	天門冬(천문동)	▲	●	■	Asparagi Radix	asparagus tuber	Yin Tonics
TIAN NAN XING	天南星(천남성)	▲	●	■	Arisaematis Rhizoma	jack-in-the-pulpit	Dissolve Cold-Phlegm
TING LI ZI	葶藶子(정력자)			■	Lepidii/Descurainiae Semen	tingli seed	Stop Cough & Wheezing
TONG CAO	通草(통초)		●	■	Tetrapanacis Medulla	rice paper plant pith	Drain Damp
TU FU LING	土茯苓(토복령)	▲	●	■	Smilacis Glabrae Rhizoma	smilax	Clear Toxic-Heat
TU SI ZI	菟絲子(토사자)	▲	●	■	Cuscutae Semen	dodder seed	Yang Tonics
W							
WA LENG ZI	瓦楞子(외릉자)			■	Arcae Concha	ark shell	Activate Blood
WANG BU LIU XING	王不留行(왕불유형)	▲	●	■	Vaccariae Semen	vaccaria seed	Activate Blood
WEI JIANG	煨薑(외강)			■	Zingiberis Rhizoma Recens (baked)	baked ginger	Warm Interior
WEI LING XIAN	威靈仙(위령신)	▲	●	■	Clematidis Radix	clematis root	Dispel Wind-Damp
WU BEI ZI	五倍子(오배자)			■	Galla Chinensis	gallnut of chinese sumac	Astringents
WU GONG	蜈蚣(오공)			■	Scolopendra	centipede	Extinguish Liver Wind
WU JIA PI	五加皮(오가피)	▲	●	■	Acanthopanax Cortex	acanthopanax root bark	Dispel Wind-Damp
WU LING ZHI	五靈脂(오령지)			■	Troglodyteri Faeces	flying squirrel feces	Activate Blood
WU MEI	烏梅(오매)	▲	●	■	Mume Fructus	mume	Astringents
WU WEI ZI	五味子(오미자)	▲	●	■	Schisandrae Fructus	schisandra fruit	Astringents
WU YAO	烏藥(오약)	▲	●	■	Linderae Radix	lindera root	Regulate Qi
WU ZHU YU	吳茱萸(오수유)	▲	●	■	Evodiae Fructus	evodia fruit	Warm Interior

X						
XI XIAN CAO	豨薟草(회령초)	▲	●	■	Siegesbeckiae Herba	siegesbeckia Dispel Wind-Damp
XI XIN	細辛(세신)			■	Asari Herba	chinese wild ginger Disperse Wind-Cold
XI YANG SHEN	西洋蔘(서양삼)		●	■	Panax Quinquefolii Radix	american ginseng root Yin Tonics
XIA KU CAO	夏枯草(하고초)	▲	●	■	Prunellae Spica	selfheal spike Clear & Purge Heat
XIAN HE CAO	仙鶴草(선학초)	▲	●	■	Agrimoniae Herba	agrimony Stop bleeding
XIAN MAO	仙茅(선모)	▲	●	■	Curculiginis Rhizoma	golden eye-grass Yang Tonics
XIANG FU	香附(향부)	▲	●	■	Cyperi Rhizoma	cyperus Regulate Qi
XIANG RU	香薷(향유)	▲	●	■	Moslae Herba	aromatic madder Disperse Wind-Cold
XIAO HUI XIANG	小茴香(소회향)	▲	●	■	Foeniculi Fructus	fennel fruit Warm Interior
XIAO JI	小薊(소계)		●	■	Cirsii Herba	small thistle Stop bleeding
XIE BAI	薤白(해백)		●	■	Allii Macrostemi Bulbus	garlic chives Regulate Qi
XIN YI HUA	辛夷花(신이화)	▲	●	■	Magnoliae Flos	magnolia flower Disperse Wind-Cold
XING REN	杏仁(행인)	▲	●	■	Armeniaca Semen Amarum	apricot kernel Stop Cough & Wheezing
XIONG HUANG	雄黃(웅황)			■	Realgar	realgar Obsolete Substances
XU DUAN	續斷(속단)	▲	●	■	Dipsaci Radix	himalayan teasel root Yang Tonics
XUAN FU HUA	旋覆花(선풍화)	▲	●	■	Inulae Flos	inula flower Dissolve Cold-Phlegm
XUAN SHEN	玄參(현삼)	▲	●	■	Scrophulariae Radix	figwort root Clear Blood-Heat
XUE JIE	血竭(혈갈)			■	Daemonoropis Resina	dragon's blood Activate Blood
XUE YU TAN	血餘炭(혈여탄)			■	Crinis Carbonisatus	charred human hair Stop bleeding
Y						
YAN HU SUO	延胡索(연호색)	▲	●	■	Corydalis Rhizoma	corydalis Activate Blood
YE JIAO TENG	夜交藤(야교등)	▲	●	■	Polygoni Multiflori Caulis	polygonum vine Nourish & Calm Shen
YE JU HUA	野菊花(야국화)		●		Chrysanthemi indicis Flos	wild chrysanthemum flower Clear Toxic-Heat
YI MU CAO	益母草(익모초)	▲	●	■	Leonuri Herba	motherwort herb Activate Blood
YI TANG	飴糖(이당)	▲	●		Maltosum	malt sugar Qi Tonics
YI YI REN	薏苡仁(의이인)	▲	●	■	Coicis Semen	coix seed Drain Damp
YI ZHI REN	益智仁(익지인)	▲	●	■	Alpiniae Oxyphyllae Fructus	black cardamon Yang Tonics
YIN CHAI HU	銀柴胡(은시호)			■	Stellariae Radix	stellaria root Clear Deficiency-Heat
YIN CHEN	茵陳(안진)	▲	●	■	Artemisiae Scopariae Herba	virgate wormwood Drain Damp
YIN YANG HUO	淫羊藿(음양곽)	▲	●	■	Epimedii Herba	epimedium Yang Tonics
YING SU KE	罌粟殼(앵숙각)			■	Papaveris Pericarpium	opium poppy husk Obsolete Substances
YU JIN	鬱金(을금)	▲	●	■	Curcumae Radix	curcuma Activate Blood
YU LI REN	郁李仁(옥리인)			■	Pruni Semen	bush cherry pit Laxatives
YU MI XU	玉米鬚(옥미수)			■	Maydis Stigma	cornsilk Drain Damp
YU XING CAO	魚腥草(어성초)		●	■	Houttuyniae Herba	houttuynia Clear Toxic-Heat
YU ZHU	玉竹(옥죽)			■	Polygonati Odorati Rhizoma	scented solomon's seal rhizome Yin Tonics
YUAN HUA	芫花(원화)			■	Genkwa Flos	genkwa flower Cathartics
YUAN ZHI	遠志(원지)	▲	●	■	Polygalae Radix	thin-leaf milkwort Nourish & Calm Shen

Z						
ZAO JIAO CI	皂角子(조각자)			■	Gleditsiae Spina	gleditsia thorn Dissolve Cold-Phlegm
ZE LAN	澤蘭(택란)	▲	●	■	Lycopi Herba	bugleweed Activate Blood
ZE XIE	澤瀉(택사)	▲	●	■	Alismatis Rhizoma	water plantain Drain Damp
ZHE BEI MU	浙貝母(질패모)	▲	●	■	Fritillariae Thunbergii Bulbus	zhejiang fritillaria bulb Dissolve Hot-Phlegm
ZHE CHONG	蟪蟲(자충)			■	Eupolyphaga/Steleophaga	ground beetle Activate Blood
ZHEN ZHU	珍珠(진주)	▲	●		Margarita	pearl Anchor & Calm Shen
ZHEN ZHU MU	珍珠母(진주모)			■	Margaritiferae Concha Usta	mother-of-pearl Anchor & Calm Shen
ZHI GAN CAO	炙甘草(자감초)	▲	●		Glycyrrhizae Radix Preparata	prepared licorice Qi Tonics
ZHI KE	枳殼(지각)	▲	●	■	Aurantii Fructus	bitter orange Regulate Qi
ZHI MU	知母(지모)	▲	●	■	Anemarrhenae Rhizoma	anemarrhena rhizome Clear & Purge Heat
ZHI SHI	枳實(지실)	▲	●	■	Aurantii Fructus Immaturus	immature bitter orange Regulate Qi
ZHI ZI	梔子(치자)	▲	●	■	Gardeniae Fructus	gardenia fruit Clear & Purge Heat
ZHU LING	豬苓(저령)	▲	●	■	Polyporus	polyporus Drain Damp
ZHU RU	竹茹(죽어)	▲	●	■	Bambusae Caulis in Taeniam	bamboo shavings Dissolve Hot-Phlegm
ZI CAO	紫草(자초)			■	Arnebiae/Lithospermi Radix	lithospermum root Clear Blood-Heat
ZI HUA DI DING	紫花地丁(자화지정)			■	Violae Herba	violet Clear Toxic-Heat
ZI SU YE	紫蘇葉(자소엽)	▲	●	■	Perillae Folium	perilla leaf Disperse Wind-Cold
ZI SU ZI	紫蘇子(자소자)	▲	●	■	Perillae Fructus	perilla fruit Stop Cough & Wheezing
ZI WAN	紫菀(자완)	▲	●	■	Asteris Radix	aster root Stop Cough & Wheezing
ZONG LU PI	棕櫚皮(총려피)			■	Trachycarpi Petiolus	trachycarpus stiple fiber Stop bleeding