

SHANG HAN LUN DIFFERENTIATION

DIAGNOSIS		SIGNS AND SYMPTOMS		TONGUE	PULSE
TAI YANG	Wind Attack	Fever, aversion to cold, stiff neck, headache, aches in the body and floating pulse	Fever, aversion to wind, stiff neck, aches in the body, sweating	Thin, white coating	Superficial, Moderate
	Cold Attack		Fever, aversion to cold, stiff neck, headache, severe pain in the body, no sweating, shortness of breath	Thin, white coating	Superficial, Tight
YANG MING	Channel Pattern	High fever, profuse sweating, aversion to heat, thirst with a desire to drink cold water, red face, restlessness		Red tongue + yellow coating	Surging, Rapid
	Organ Pattern	High fever which is worse in the afternoon, profuse sweating, constipation, thirst with a desire to drink cold water, fullness and pain in the abdomen which becomes worse on pressure, restlessness and irritability, in severe cases delirium		Red tongue + a dry, yellow or black coating	Deep, Excess
SHAO YANG		Alternation of chills and fever, fullness of the costal and hypochondriac regions, lack of appetite, irritability, dry throat, nausea, bitter taste, blurred vision		White-slippery tongue coating on the side only	String-taut
TAI YIN		Abdominal fullness, vomiting, no appetite, diarrhea, absence of thirst		Pale tongue	Deep, Slow
SHAO YIN	Cold Pattern	Chills, aversion to cold, listlessness, lethargy, cold limbs, diarrhea, no thirst or desire to drink warm fluids, abundant-pale urine		Pale tongue	Deep, Thready
	Heat Pattern	Fever, irritability, insomnia, dry mouth and throat, scanty-dark urine		Red tongue without coating	Thready, Rapid
JUE YIN		Thirst, feeling of energy rising to the chest, pain and feeling of heat in the chest, feeling of hunger with no desire to eat, cold limbs, diarrhea and vomiting		Red thorns or Slippery white coat	Deep, String-taut

DIAGNOSIS		SIGNS AND SYMPTOMS		ACUPUNCTURE	FORMULA
TAI YANG	CHANNEL	WIND prevalence	Slight aversion to cold, aversion to wind, slight fever, slight sweating, headache, stiff neck, sneezing Ⓟ Floating-Slow	UB12, LU7, LI4, GB20, SJ5, ST36	Gui Zhi Tang
		COLD prevalence	Aversion to cold, slight fever, absence of sweating, headache, stiff neck, sneezing, runny nose with white discharge, breathlessness Ⓟ Floating-Tight	UB12, LU7, LI4, SJ5, GB20, Moxa	Ma Huang Tang
	ORGAN	WATER accumulation	Aversion to cold, fever, retention of urine, slight thirst, vomiting of fluids soon after drinking Ⓟ Floating-Rapid	RN9, RN3, ST28, LU7, UB22, UB39, UB64	Wu Ling San
		BLOOD accumulation	Hypogastric distension, fullness and urgency, blood in urine, mental restlessness Ⓟ Reddish-Purple tongue w/o coating Ⓟ Deep-Fine-Rapid or Deep-Choppy	RN3, KD14, ST28, UB39, UB22, SP10, LV3, SP6	Tao He Cheng Qi Tang

DIAGNOSIS	SIGNS AND SYMPTOMS	ACUPUNCTURE	FORMULA
SHAO YANG	Alternation of shivers (or cold feeling) and fever (or a feeling of heat), bitter taste, dry throat, blurred vision, hypochondrial fullness and distension, lack of desire to eat or drink, irritability, nausea, vomiting ① unilateral thin white coating ② Wiry-Fine pulse	SJ5, SJ6, GB41, DU13	Xiao Chai Hu Tang

DIAGNOSIS	SIGNS AND SYMPTOMS	ACUPUNCTURE	FORMULA	
YANG MING	CHANNEL PATTERN	High fever, profuse sweating, intense thirst, red face, feeling of heat, irritability, delirium ① Red tongue with yellow coating ② Overflowing-Rapid or Big-Rapid pulse	LI11, DU14, PC3, ST44, ST43	Bai Hu Tang
	ORGAN PATTERN	High fever that is worse in the afternoon, profuse sweating, sweating on limbs, abdominal fullness and pain, constipation, dry stools, thirst, dark urine ① Red tongue with thick dry yellow coating ② Deep-Full-Slippery-Rapid pulse	LI11, DU14, PC3, ST44, ST43, ST25, SP15, ST37, SP6	Cheng Qi Tang (Da / Xiao / Tiao Wei)

DIAGNOSIS	SIGNS AND SYMPTOMS	ACUPUNCTURE	FORMULA
TAI YIN	Abdominal fullness, a feeling of cold, vomiting, lack of appetite, diarrhoea, absence of thirst, tiredness Ⓣ Pale tongue with sticky white coating Ⓟ Deep-Weak-Slow pulse	RN12, UB20, ST36, ST25, SP6, Moxa	Li Zhong Tang

DIAGNOSIS	SIGNS AND SYMPTOMS	ACUPUNCTURE	FORMULA
SHAO YIN	COLD TRANSFORMATION Chills, a feeling of cold, lying with body curled, listlessness, desire to sleep, cold limbs, diarrhoea, absence of thirst, frequent pale urination Ⓣ Pale and wet tongue with white coating Ⓟ Deep-Weak-Slow pulse	UB23, RN4, RN6, RN8, KD7, KD3, Moxa	Si Ni Tang
	HEAT TRANSFORMATION A feeling of heat, irritability, insomnia, dry mouth and throat at night, dark urine, night sweating Ⓣ Red tongue without coating Ⓟ Fine-Rapid pulse	RN4, RN6, KD3, KD6, SP6	Huang Lian E Jiao Tang

DIAGNOSIS	SIGNS AND SYMPTOMS	ACUPUNCTURE	FORMULA
JUE YIN	Persistent thirst, a feeling of energy rising to the chest, pain and heat sensation in heart region, hunger but no desire to eat, cold limbs, diarrhoea, vomiting, vomiting of roundworms Ⓟ Wiry pulse	LV3, LI4, SP4, PC6	Wu Mei Wan

Which of the following classic has 398 sections with 113 herbal prescriptions, organised into the Six Divisions corresponding to the six stages of disease?

- A. Shang Han Lun
- B. Wen Re Lun
- C. Pi Wei Lun
- D. Huang Di Nei Jing

Which of the following is the author of Shang Han Lun?

- A. Zhang Zhong Jing, 150-219
- B. Wang Shu He, 180-270
- C. Ye Tian Shi, 1667-1747
- D. Wu Ju Tong, 1758-1836

Which of the following stages can be divided into Channel and Organ patterns?

- A. Jue Yin
- B. Shao Yang
- C. Yang Ming
- D. Shao Yin

Which of the following stages can be divided into Heat transformation and Cold transformation?

- A. Tai Yang
- B. Shao Yang
- C. Yang Ming
- D. Shao Yin

For Tai Yin stage, which of the following treatment principles should be applied?

- A. Harmonize half exterior, half interior
- B. Warm the middle burner, disperse Cold
- C. Nourish Yin, Clear deficiency Heat
- D. Regulate heat and cold simultaneously

Which of the following symptoms does NOT belong to Shao Yin Cold pattern?

- A. desire to sleep
- B. lying with body curled
- C. cold limbs
- D. dry mouth and throat

Which of the following does NOT belong to "Four Big" symptoms of Yang Ming Channel pattern?

- A. high fever
- B. profuse sweating
- C. intense thirst
- D. slippery pulse

Which of the following stages characterized by aversion to cold with vomiting of fluids soon after drinking?

- A. Shao Yin Cold transformation
- B. Shao Yin Heat transformation
- C. Tai Yang water accumulation
- D. Tai Yang Blood accumulation

Which of the following stages presents with Overflowing (a.k.a. Surging, Flooding) pulse?

- A. Yang Ming Jing
- B. Yang Ming Fu
- C. Tai Yang Jing
- D. Shao Yin Heat transformation

Which of the following stages presents with a feeling of energy rising to the chest, cold limbs, and vomiting of roundworms?

- A. Tai Yin
- B. Shao Yin
- C. Jue Yin
- D. Shao Yang

Which of the following stages presents with Heat in the chest and epigastrium with Cold in the intestine?

- A. Shao Yang
- B. Tai Yin
- C. Shao Yin
- D. Jue Yin

Tai Yin stage in Shang Han Lun is equivalent to which of the Zang Fu pattern?

- A. Kidney Yang deficiency
- B. Spleen Yang deficiency
- C. Heart Yang deficiency
- D. Heart Yin deficiency

Which of the following does NOT belong to four cardinal symptoms of Shao Yang pattern?

- A. alternation of chills and fever
- B. sour taste
- C. blurred vision
- D. wiry pulse

Which of the following channels can be used for Tai Yang Wind attack pattern?

- A. LI, ST, DU
- B. SJ, GB, PC, LV
- C. UB, LU, LI
- D. REN, KD, SP

Which of the following stages characterized by lethargy and somnolence with extremely cold limbs?

- A. Shao Yin - Cold transformation
- B. Shao Yin - Heat transformation
- C. Jue Yin
- D. Tai Yin

Moxa treatment is most appropriate for which of the following stages?

- A. Tai Yang wind & Yang Ming channel
- B. Tai Yang cold & Yang Ming organ
- C. Tai Yin & Shao Yin cold
- D. Tai Yin & Yang Ming organ

Which of the following eight extra combinations can be used for Shao Yang stage?

- A. Yang Wei + Dai
- B. Yin Wei + Chong
- C. Ren + Yin Qiao
- D. Du + Yang Qiao

“Cheng Qi Tang” (Order the Qi Decoction) family is used for?

- A. Shao Yang stage
- B. Yang Ming Channel stage
- C. Yang Ming Organ stage
- D. Tai Yin stage

What is the treatment principle for Shao Yin Cold pattern?

- A. Warm Middle burner
- B. Restore Yang
- C. Regulate Heat and Cold simultaneously
- D. Purge Excess and relieve constipation

What is the treatment principle for Jue Yin stage?

- A. Warm Middle burner
- B. Restore Yang
- C. Regulate Heat and Cold simultaneously
- D. Purge Excess and relieve constipation

LI11 and Ying-spring point of Stomach channel can be used for which of the following stages?

- A. Shao Yang
- B. Yang Ming
- C. Tai Yin
- D. Shao Yin

Which of the following is a characteristic of Tai Yang Channel stage with Cold prevalence?

- A. aversion to cold
- B. floating-slow pulse
- C. absence of sweating
- D. headache

Which of the following Zang Fu patterns is closely related to Shao Yin Heat Transformation stage?

- A. Heart and Kidney Yin deficiency
- B. Kidney Yang deficiency
- C. Spleen Yang deficiency
- D. Stomach Heat

Which of the following stages presents with hypogastric distension, incontinent urination, and mental restlessness?

- A. Shao Yin Heat transformation
- B. Jue Yin
- C. Tai Yang Organ Water accumulation
- D. Tai Yang Organ Blood accumulation

Which of the following stages presents with unchanged tongue body color with thin and white coating, possibly more around the front third?

- A. Greater Yang
- B. Yang Brightness
- C. Lesser Yang
- D. Greater Yin

Which of the following is NOT a possible tongue presentation for Shao Yang pattern?

- A. White coating on the tip + Gray coating on the root
- B. White and slightly slippery coating on the right side
- C. Red tongue body + White coating on the tip only
- D. Red body + yellow coating

Surging pulse is

- A. Yang within Yang
- B. Yin within Yin
- C. Yang within Yin
- D. Yin within Yang

Which of the following stages does NOT present with Deep pulse?

- A. Lesser Yang
- B. Greater Yin
- C. Lesser Yin
- D. Absolute Yin

Which of the following phase early in the embryonic development most closely related to Shao Yang stage?

- A. Gastrula
- B. Ectoderm
- C. Mesoderm
- D. Endoderm

Tight pulse is the characteristic of

- A. Tai Yang Wind attack
- B. Tai Yang Cold attack
- C. Tai Yin
- D. Shao Yin Cold pattern

Which of the following stages does NOT present with Rapid pulse?

- A. Yang Ming Channel pattern
- B. Yang Ming Organ pattern
- C. Tai Yin
- D. Shao Yin Heat pattern

Which of the following stages does NOT present with Red tongue?

- A. Shao Yin Heat transformation
- B. Yang Ming Channel pattern
- C. Jue Yin
- D. Tai Yin

A 29-year-old male presents with fever, aversion to wind, stiff neck, aches in the body, and sweating. His tongue is normal color with thin and white coating.

Which of the Six-stage diagnosis is most appropriate?

- A. Tai Yang - Wind prevalence
- B. Tai Yang - Cold prevalence
- C. Shao Yang
- D. Yang Ming - Channel pattern

A 48-year-old female presents with high fever, profuse sweating, aversion to heat, thirst with a desire to drink cold water, red face, and restlessness. Her pulse is red with yellow coating. Her pulse is surging and rapid.

- A. Tai Yang Organ - Water accumulation
- B. Tai Yang Organ - Blood accumulation
- C. Yang Ming Channel pattern
- D. Yang Ming Organ pattern

A 72-year-old male presents with chills, aversion to cold, listlessness, lethargy, cold limbs, diarrhea, no thirst or desire to drink warm fluids, and abundant-pale urine. His tongue is pale. His pulse is deep and thready.

- A. Tai Yin
- B. Shao Yin Cold transformation
- C. Shao Yin Heat transformation
- D. Jue Yin

A 21-year-old female presents with fever, aversion to cold, stiff neck, headache, severe pain in the body, no sweating, and shortness of breath. Her tongue is thin and white coating. Her pulse is superficial and tight.

- A. Tai Yang - Wind prevalence
- B. Tai Yang - Cold prevalence
- C. Shao Yang
- D. Yang Ming - Channel pattern

A 68-year-old male presents with thirst, feeling of energy rising to the chest, pain and feeling of heat in the chest, feeling of hunger with no desire to eat, cold limbs, diarrhea and vomiting. His tongue is red thorns with slippery white coating. His pulse is deep and wiry.

- A. Tai Yin
- B. Shao Yin - Cold transformation
- C. Shao Yin - Heat transformation
- D. Jue Yin

A 47-year-old male presents with aversion to cold, fever, retention of urine, slight thirst, vomiting of fluids soon after drinking. His pulse is floating.

- A. Tai Yang Channel - Wind prevalence
- B. Tai Yang Channel - Cold prevalence
- C. Tai Yang Organ - Water accumulation
- D. Tai Yang Organ - Blood accumulation

A 35-year-old male presents with alternation of chills and fever, fullness of the costal and hypochondriac regions, lack of appetite, irritability, dry throat, nausea, bitter taste, and blurred vision. His tongue is white-slippery tongue coating on the right side. His pulse is wiry.

- A. Shao Yang
- B. Shao Yin
- C. Yang Ming Channel pattern
- D. Jue Yin

A 55-year-old female presents with hypogastric distention, fullness and urgency, blood in urine, and mental restlessness. Her tongue is reddish-purple without coating. Her pulse is deep and choppy.

- A. Tai Yang Channel - Wind prevalence
- B. Tai Yang Channel - Cold prevalence
- C. Tai Yang Organ - Water accumulation
- D. Tai Yang Organ - Blood accumulation

A 41-year-old male presents with high fever which is worse in the afternoon, profuse sweating, constipation, thirst with a desire to drink cold water, fullness and pain in the abdomen which becomes worse on pressure, restlessness, irritability, and delirium. His tongue is red with black coating. His pulse is deep and excess.

- A. Tai Yang Organ - Water accumulation
- B. Tai Yang Organ - Blood accumulation
- C. Yang Ming Channel pattern
- D. Yang Ming Organ pattern

A 42-year-old female presents with abdominal fullness, vomiting, no appetite, diarrhea, absence of thirst. Her tongue is pale. Her pulse is deep, weak and slow.

- A. Greater Yin
- B. Lesser Yin - Cold transformation
- C. Lesser Yin - Heat transformation
- D. Absolute Yin

A 50-year-old male presents with fever, irritability, insomnia, dry mouth and throat, and scanty-dark urine. His tongue is red without coating. His pulse is thready and rapid.

- A. Tai Yin
- B. Shao Yin - Cold transformation
- C. Shao Yin - Heat transformation
- D. Jue Yin