

83 CALE FORMULAS

	FORMULA		MEMO	INDICATIONS
RELEASE EXTERIOR	Wind-Cold	GUI ZHI TANG	桂枝湯(계지탕)	Exterior Wind-Cold of deficiency type
	Wind-Heat	SANG JU YIN	桑菊飲(상국음)	Exterior Wind-Heat causing cough; Wind-Heat causing eye disorders
		YIN QIAO SAN	銀翹散(은교산)	Exterior Wind-Heat with Heat-Toxin; Toxic-Heat causing Boils and Sores
		CHAI GE JIE JI TANG	柴葛解肌湯(사갈해기탕)	Exterior Wind-Cold (Taiyang) transforming into interior Heat (Yangming)
	Interior deficiency	REN SHEN BAI DU SAN	人參敗毒散(인삼패독산)	Exterior Wind-Cold-Damp with interior Qi deficiency
DRAIN DOWNWARD	Heat accumulation	DA CHENG QI TANG	大承氣湯(대승기탕)	Yangming organ syndrome causing severe constipation
		XIAO CHENG QI TANG	小承氣湯(소승기탕)	Moderate Yangming organ syndrome causing constipation
		TIAO WEI CHENG QI TANG	調胃承氣湯(조위승기탕)	Mild Yangming organ syndrome causing mild constipation
	Intestinal dryness	RUN CHANG WAN	潤腸丸(윤장환)	Constipation due to Blood deficiency → Desiccated Intestines
		MA ZI REN WAN	麻子仁丸(마자인환)	Constipation due to Intestinal Dryness & Heat → Spleen Bind
HARMONIZE	Shao Yang	XIAO CHAI HU TANG	小柴胡湯(소시호탕)	Shaoyang syndrome
	Liver & Spleen	SI NI SAN	四逆散(사역산)	LV Qi stagnation overacting on the SP causing cold extremities (<i>Yang Jue</i>)
		XIAO YAO SAN	逍遙散(소요산)	LV Qi stagnation with LV Blood & SP Qi deficiency
	Stomach & Intestines	BAN XIA XIE XIN TANG	半夏瀉心湯(반하사심탕)	Pi syndrome due to Cold-Heat complex
CLEAR HEAT	Qi Level	BAI HU TANG	白虎湯(백호탕)	Excess Heat in the Yangming channel or Qi level
	Toxic-Heat	HUANG LIAN JIE DU TANG	黃連解毒湯(황련해독탕)	Fire-Toxin from excessive Heat in the Triple burners
		XIE XIN TANG	瀉心湯(사심탕)	Excess Heat in the Triple burners
	Organ-Heat	QING WEI SAN	清胃散(청위산)	ST Heat accumulation
		DAO CHI SAN	導赤散(도적산)	HT Fire transferring to the SI
		LONG DAN XIE GAN TANG	龍膽瀉肝湯(용담사간탕)	LV Fire blazing up; LV/GB Damp-Heat invading downward
		BAI TOU WENG TANG	白頭翁湯(백두옹탕)	Dysentery due to Toxic-Heat in the ST & Intestine
	Deficiency-Heat	QING HAO BIE JIA TANG	青蒿鳖甲湯(청호별갑탕)	Yin deficiency with Heat in the Ying level during later stage of febrile disease
		DANG GUI LIU HUANG TANG	當歸六黃湯(당귀육황탕)	Yin deficiency with Empty-Heat causing night sweats

WARM INTERIOR	Middle Burner	LI ZHONG WAN	理中丸(이중환)	Deficiency-Cold of the SP/ST
		WU ZHU YU TANG	吳茱萸湯(오수유탕)	Deficiency-Cold of the ST (Yangming), LV (Jueyin), and KD (Shaoyin)
		XIAO JIAN ZHONG TANG	小建中湯(소건중탕)	SP Yang deficiency with Cold causing abdominal pain
		DA JIAN ZHONG TANG	大建中湯(대건중탕)	Middle Burner Yang deficiency (root) + Vigorous Yin-cold (manifestation)
	Yang Collapse	SI NI TANG	四逆湯(사역탕)	KD Yang deficiency with Cold-Evil in Shaoyin stage (<i>Yin Jue</i>); Yang collapse
TONIFY	Qi Deficiency	SI JUN ZI TANG	四君子湯(사군자탕)	SP/ST Qi deficiency
		SHEN LING BAI ZHU SAN	參苓白朮散(삼령백출산)	SP Qi deficiency & Damp causing diarrhea
		BU ZHONG YI QI TANG	補中益氣湯(보중익기탕)	SP/ST Qi deficiency causing intermittent fever; SP Qi sinking
		YU PING FENG SAN	玉屏風散(육병풍산)	Wei Qi deficiency causing sweating
		SHENG MAI SAN	生脈散(생맥산)	Concurrent Qi & Yin deficiency, primarily of the LU
	Blood Deficiency	SI WU TANG	四物湯(사물탕)	Blood deficiency + Blood stasis
		DANG GUI BU XUE TANG	當歸補血湯(당귀보혈탕)	Blood & Qi deficiency with floating Yang
	Qi & Blood Deficiency	BA ZHEN TANG	八珍湯(팔진탕)	Qi & Blood deficiency
		SHI QUAN DA BU TANG	十全大補湯(십전대보탕)	Qi & Blood deficiency with mild Deficiency-Cold
		GUI PI TANG	歸脾湯(귀비탕)	SP Qi & HT Blood deficiency causing insomnia; SP Qi Not Controlling Blood
	Yin Deficiency	LIU WEI DI HUANG WAN	六味地黃丸(육미지황환)	KD & LV Yin deficiency
		ZUO GUI WAN	左歸飲(좌귀음)	KD Yin/Essence deficiency for severe case (more potent)
		BAI HE GU JIN TANG	百合固金湯(백합고금탕)	Internal Dryness of the LU
	Yang Deficiency	JIN GUI SHEN QI WAN	金櫃腎氣丸(금계신기환)	KD Yang deficiency
		YOU GUI WAN	右歸丸(우귀환)	KD Yang/Essence deficiency for severe case (more potent)
STABILIZE & BIND	Intestine	SI SHEN WAN	四神丸(사신환)	SP & KD Yang deficiency causing daybreak diarrhea
	Essence	JIN SUO GU JING WAN	金鎖固精丸(금쇄고정환)	Spermatorrhea due to KD deficiency
	Womb	GU JING WAN	固經丸(고경환)	Constrained LV Fire injuring Chong & Ren causing <i>Beng Lou</i> syndrome
		WAN DAI TANG	完帶湯(완대탕)	Leukorrhea due to Dai/SP deficiency with Damp & Qi stagnation

CALM SPIRIT	Heart Deficiency	SUAN ZAO REN TANG	酸棗仁湯(산조인탕)	LV Blood & HT Yin deficiency with Empty-Heat
		HUANG LIAN E JIAO TANG	黃連阿膠湯(황련아교탕)	Fire from Yin deficiency affecting Spirit
		GAN MAI DA ZAO TANG	甘麥大棗湯(감맥대조탕)	HT Yin deficiency with LV Qi stagnation causing <i>Zang Zao</i> disorder
REGULATE QI	Qi Stagnation	YUE JU WAN	越鞠丸(월곡환)	Six Stagnations of Qi, Blood, Phlegm, Damp, Fire and Food
		BAN XIA HOU PO TANG	半夏厚朴湯(반하후박탕)	LV Qi & Phlegm stagnation lodging in the throat causing Plum-pit syndrome
	Rebellious Qi	SU ZI JIANG QI TANG	蘇子降氣湯(소자강기탕)	LU Cold-Phlegm (excess above) with KD Yang deficiency (deficiency below)
		JU PI ZHU RU TANG	橘皮竹茹湯(귤피죽여탕)	Rebellious ST Qi due to ST deficiency with Heat
REGULATE BLOOD	Blood Stasis	TAO HE CHENG QI TANG	桃核承氣湯(도핵승기탕)	Accumulation of Blood stasis & Heat in the Lower burner
		XUE FU ZHU YU TANG	血府逐瘀湯(혈부축어탕)	Blood stasis with Qi stagnation in the chest
		WEN JING TANG	溫經湯(온경탕)	Chong & Ren Deficiency-Cold with Blood stasis causing irregular menstruation
		SHENG HUA TANG	生化湯(생화탕)	Blood & Cold stagnation causing postpartum lochial retention
		GUI ZHI FU LING WAN	桂枝茯苓丸(계지복령환)	Blood stasis in the uterus during pregnancy
		DAN SHEN YIN	丹蔘飲(단삼음)	Blood & Qi stagnation in the Upper/Middle burners causing chest pain
	Bleeding	HUAI HUA SAN	槐花散(회화산)	Rectal bleeding due to LI Wind-Heat or Damp-Heat Toxin
		JIAO AI TANG	膠艾湯(교애탕)	Uterine bleeding due to Chong & Ren Deficiency-Cold with Blood deficiency
EXPEL WIND	External Wind	XIAO HUO LUO DAN	小活絡丹(소활락단)	Wind-Phlegm obstruction with Blood stasis in the channels & collaterals
		XIAO FENG SAN	消風散(소풍산)	Wind-Damp-Heat in the skin causing pruritus
	Internal Wind	ZHEN GAN XI FENG TANG	鎮肝熄風湯(진간식풍탕)	LV Yang rising & internal Wind due to LV & KD Yin deficiency
		TIAN MA GOU TENG YIN	天麻鉤藤飲(천마구등음)	LV Yang rising; LV Yang rising causing Internal Wind
TREAT DRYNESS	Exterior Dryness	XING SU SAN	杏蘇散(행소산)	Cool-Dryness
	Interior Dryness	MAI MEN DONG TANG	麥門冬湯(맥문동탕)	LU/ST Qi & Yin deficiency

EXPEL DAMPNESS	Damp Turbidity	PING WEI SAN	平胃散(평위산)	Damp-Cold stagnation in the SP/ST
		HUO XIANG ZHENG QI SAN	藿香正氣散(곽향정기산)	Damp stagnation in the Middle burner + External Wind-Cold
	Damp-Heat	BA ZHENG SAN	八正散(팔정산)	Damp-Heat clumping in the Lower burner
	Water Irregularity	WU LING SAN	五苓散(오령산)	Water-Damp retention marked by edema; Taiyang Fu syndrome
		ZHU LING TANG	豬苓湯(저령탕)	Water & Heat retention in the UB with Yin injury
		WU PI SAN	五皮散(오피산)	SP Qi deficiency with excessive Damp causing skin edema (<i>Pi Shui</i>)
	Cold-Damp	ZHEN WU TANG	眞武湯(진무탕)	KD & SP Yang deficiency causing Water retention
Wind-Damp	JUAN BI TANG	蠲痺湯(견비탕)	Acute <i>Bi</i> syndrome due to Wind-Cold-Damp	
DISSOLVE PHLEGM	Damp-Phlegm	ER CHEN TANG	二陳湯(이진탕)	Damp-Phlegm syndrome in the Middle burner or LU
		WEN DAN TANG	溫膽湯(온담탕)	GB & ST disharmony with Phlegm-Heat
	Hot-Phlegm	QING QI HUA TAN WAN	清氣化痰丸(청기화담환)	LU Phlegm-Heat causing cough
	Dry-Phlegm	BEI MU GUA LOU SAN	貝母栝蒌散(배모과루산)	LU Dry-Phlegm causing cough
	Wind-Phlegm	BAN XIA BAI ZHU TIAN MA TANG	半夏白朮天麻湯(반하백출천마탕)	Internal Wind-Phlegm rising upward causing dizziness/vertigo
		ZHI SOU SAN	止嗽散(지수산)	External Wind attacking the LU causing cough
DIGESTIVE	Food Retention	BAO HE WAN	保和丸(보화환)	Food retention in the Middle burner