PULSE DIAGNOSIS

	PULSE	IMAGE		Description & Indication
1 浮 Fu	FLOATING =SUPERFICIAL	— Under the Skin	D	Clearly felt with light pressure, somewhat weak with heavy pressure
			ı	Exterior pattern Yin deficiency if Floating & Empty
2 沈 Chen	DEEP =SINKING		D	Not clear with light pressure, but clear with heavy pressure Felt near the bone
		~~~	ı	Interior pattern     Qi/Blood stag. if Full / Yang def. if Weak
3 遅 Chi	SLOW		D	• Less than four beats per respiration cycle of the practitioner
				Normal Beats per Minute by Age           1-4         4-10         10-16         16-35         35-50         50+           90         84         80         76         72         68
			ı	Cold pattern     Deficiency-Cold if Weak / Excess-Cold if Full
4 數	RAPID	~~~~	D	<ul> <li>More than five beats per respiration cycle of the practitioner</li> </ul>
数 Shu	IVAL ID		1	Heat pattern     Excess Heat if Full / Deficiency Heat if Thin
5 虚 Xu	EMPTY =DEFICIENT, VACUOUS		D	Feels Big but Soft and without strength     "Empty" may suggest that nothing can be felt, but this is not so     "A balloon partially filled with water"
			1	Qi/Blood deficiency     Organ deficiency
6 實 Shi	FULL =EXCESS, FORCEFUL		D	Feels forceful and rather Long     Pounding hard against the fingers at all three depths
			I	Full pattern     Excess Heat if Rapid / Excess Cold if Slow
7 洪 Hong	SURGING =FLOODING, OVERFLOWING		D	<ul> <li>Arrives like waves, hitting the fingers with strength at all three depths and overflowing; but it leaves the fingers with less strength, debilitated, like a receding wave</li> <li>"A river overflows during a flood"</li> </ul>
			1	Excess Heat has injured the Fluid/Yin     Qi exhaustion following a long period of illness (if Empty)
				Fine like a thread, thinner than normal, but very distinct and clear
8 細 xi	THIN =FINE, THREADY		D	Diameter     Depth       SOGGY     floating       THIN     Thready     middle       WEAK     deep
			I	Blood/Yin deficiency     Dampness with Qi deficiency
9 滑 Hua	SLIPPERY =ROLLING		D	<ul> <li>Feels extremely fluid, smooth, rounded, and as if it were oily</li> <li>Slides under the fingers like a ball bearing covered with viscous fluid</li> <li>"Pearls in a porcelain basin"</li> </ul>
			1	Accumulation of Phlegm, Damp or food     Excess Heat     Normal during pregnancy