

OVERVIEW

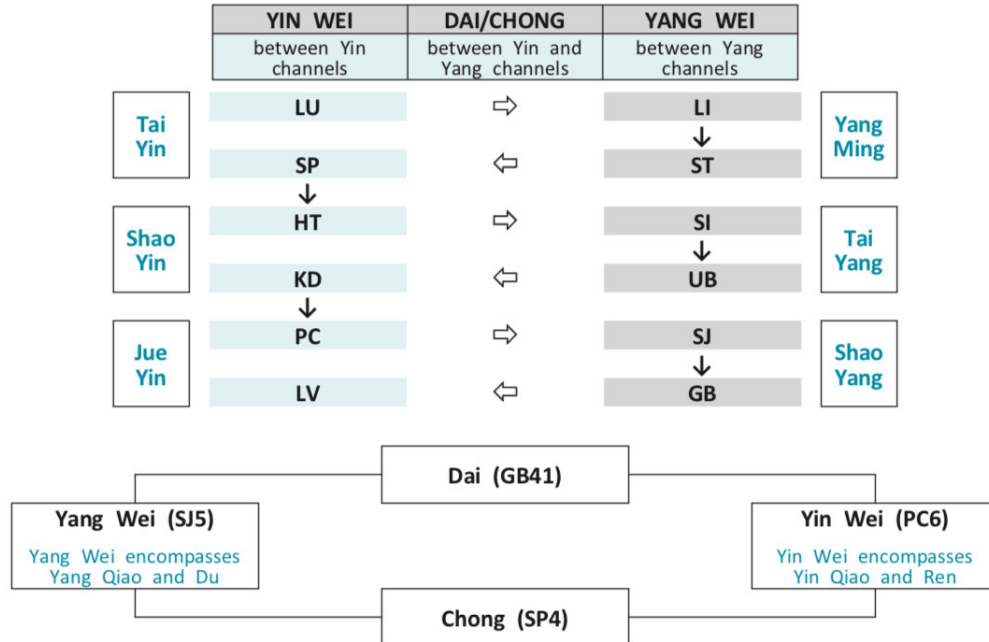
THEORY	SUMMARY	KEY
① GATE OPENING (Tong Gi Chim)	<ul style="list-style-type: none"> There are 24 Gate Opening treatments. Excellent as the first treatment in a course. Increases the body's receptiveness to acupuncture's benefits. Exhibits the unique function of synchronizing the body in time and space, aligning the body with the environment. 	Space & Time
② MERIDIAN FLOW (Ju Haeng Chim)	<ul style="list-style-type: none"> Facilitates overall Qi flow by promoting the interchange of Qi between the channels. Harmonizes and balances Qi flow within the meridians by utilizing the Eight Extra Vessels. 	Channels
③ YIN YANG BALANCING (Pyung Chim)	<ul style="list-style-type: none"> Addresses overall imbalances of Yin and Yang in the body, for example: Zang and Fu, left and right, upper and lower. Water and Fire are the elemental symbols of Yin and Yang. Uses Water and Fire points to equalize the imbalance. 	Yin Yang
④ FIVE ELEMENT HARMONIZING (Hwa Chim)	<ul style="list-style-type: none"> Restoring the five elements to a state of harmonious equilibrium is the focus of this theory. Pulse is used to determine the relative states of the five elements and their corresponding organs. Points are chosen based on the five-element generating and controlling cycles. 	5 Elements
⑤ FOUR NEEDLE TECHNIQUE (Sa Am Chim)	<ul style="list-style-type: none"> Six energies define the nature of all the channels: Tai Yin & Yang Ming, Shao Yin & Tai Yang, Jue Yin & Shao Yang. The six energies are used in conjunction with biorhythm to treat all three levels of being: physical, emotional and intellectual. 	6 Energies
⑥ CONSTITUTIONAL MEDICINE (Sa Sang Eu Hak)	<ul style="list-style-type: none"> This philosophy focuses on the body type, or constitution, rather than on the disease. The constitutional type indicates susceptibility to a common set of ailments as well as a common set of preventative measures and treatments. 	Body Type
⑦ HAND ACUPUNCTURE (Son Chim)	<ul style="list-style-type: none"> This microsystem reflects the 12 meridians and 361 points within the hand. Diagnostic techniques include: corresponding points, comparison of radial and carotid pulses & palpation of abdominal points. Treatment modalities include: acupuncture, moxibustion, seeds, magnets and ring therapy. 	Microsystem

Note: Korean Medicine is not limited to the theories presented here. This summary is only a fraction of what Korean Medicine has to offer. It has been chosen by the author in an attempt to provide a representative sampling of the variety of Korean medical philosophies and systems.

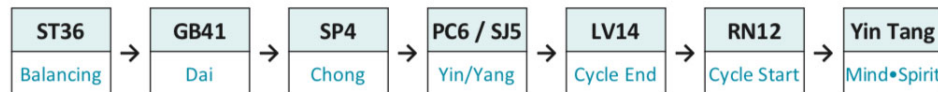
2 MERIDIAN FLOW Ju Haeng Chim

Note: Meridian Flow is a comprehensive subject encompassing many sub-theories. Meridian Connecting theory is just one subject under the umbrella of Meridian Flow Theory. **Meridian Flow Theory** is literally "the royal treatment," as this theory was developed by palatial doctors for treating the royal family. **Meridian Connecting Theory** has been chosen as an introduction to Meridian Flow theory because of its simplicity and usefulness. It is a good choice to use after Gate Opening.

MERIDIAN CONNECTING



MERIDIAN CONNECTING TREATMENT



1. Eight Extra Vessels: Meridian Connecting treatments utilize the Eight Extra Vessels. The Eight Extra Vessels serve as a reservoir for the 12 meridians. Activating the confluent points is like opening the dam to refill the channels.

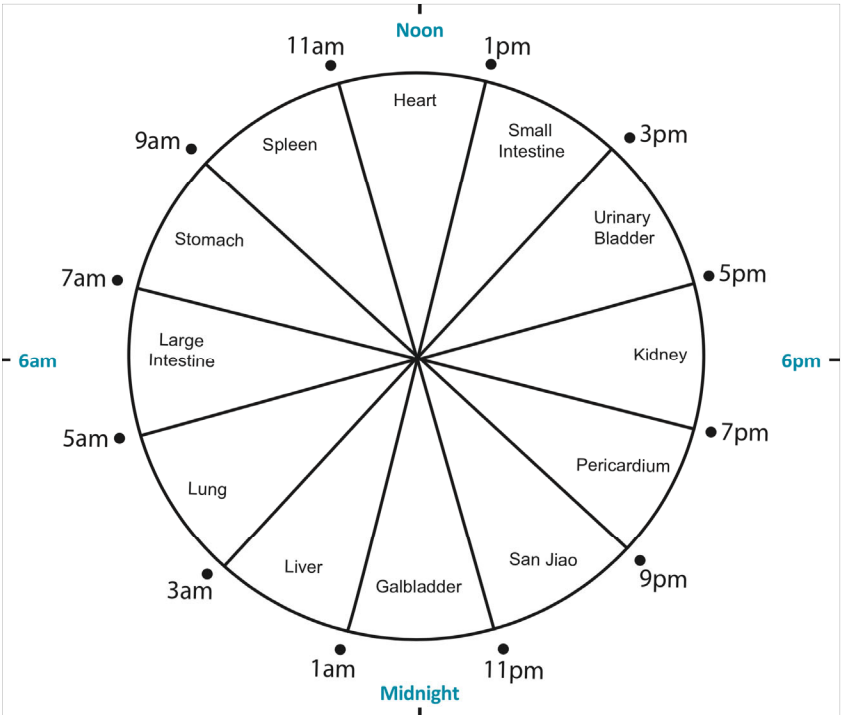
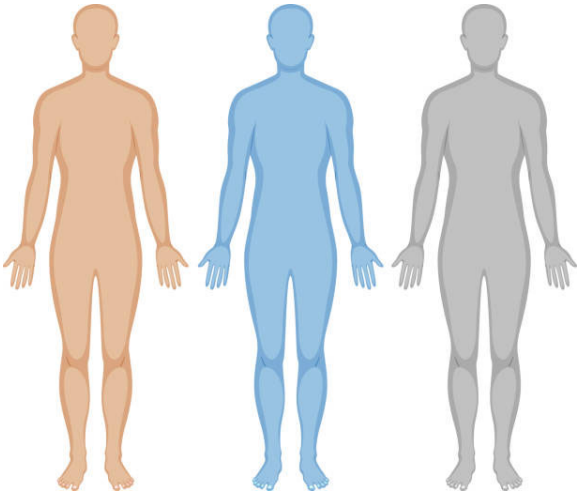
2. Order of insertion/withdrawal: The order of needle insertion and removal is a significant factor of the treatment, and changing the order can alter the treatment.

Insertion			Withdrawal		
Limbs	Torso	Head	Head	Torso	Limbs
ST36→GB41→SP4→PC6/SJ5	→LV14→RN12	→Yintang	Yintang→	RN12→LV14→	ST36→GB41→SP4→PC6/SJ5

3. Rationale of Point Selection: ST36, the initial point, supports post-natal Qi and Blood. Energetically ST36 is linked with SP4 and RN12. GB41 activates the Dai Vessel and SP4 activates the Chong Vessel. PC6 or SJ5 is chosen based on whether Yin Wei or Yang Wei is more applicable. LV14 is the last point in the cycle of Qi flow, while RN12 is the first point since that's where the LU channel begins. Qi flow has a higher probability of stagnating at this interchange than any other since it is not only a link between channels, but also the circuit junction. The addition of Yin Tang opens the Upper Dan Tian (third eye) and brings mental clarity, assisting the natural progression of harmony and balance in the physical body.

CIRCADIAN QI FLOW

EARTH CIRCUIT				HEAVEN CIRCUIT				HUMAN CIRCUIT			
Metal		Earth		Fire		Water		Minister Fire		Wood	
LU	LI	ST	SP	HT	SI	UB	KD	PC	SJ	GB	LV
3-5am	5-7am	7-9am	9-11am	11a-1pm	1-3pm	3-5pm	5-7pm	7-9pm	9-11pm	11p-1am	1-3am
Yangming				Taiyang				Shaoyang			
Taiyin				Shaoyin				Jueyin			



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MERIDIAN CLEANSING ACUPUNCTURE

導引經機起始取穴法 (도인경기기시취혈법)

THE 12 PRIMARY MERIDIANS CAM

CHANNELS		PATHOLOGICAL MANIFESTATION
E A R T H	LU	Cough, asthmatic breathing, hemoptysis, congested and sore throat, a sensation of fullness in the chest ; pain in the supraclavicular fossa, shoulder, back and anterior border of the medial aspect of the arm
	LI	Epistaxis, watery nasal discharge, toothache, congested and sore throat ; pain in the neck, anterior part of the shoulder and anterior border of the lateral aspect of the upper limb ; borborygmus, abdominal pain, diarrhea and dysentery
	ST	Borborygmus, abdominal distension, edema, epigastric pain, vomiting, hunger, epistaxis, deviation of the mouth, congested and sore throat ; pain in the chest, abdomen and lateral of the lower limb ; fever and mania
	SP	Belching, vomiting, epigastric pain, abdominal distension, loose stools, jaundice, heaviness of the body, lassitude, stiffness and pain in the root of the tongue, swelling and coldness in the medial aspect of the thigh and knee
H E A V E N	HT	Cardiac pain, palpitations, hypochondriac pain, insomnia, night sweating, dryness of the throat, thirst, pain in the medial aspect of the upper arm and heat sensation in the palms
	SI	Deafness, yellow sclera, sore throat, swelling of the cheeks, distension and pain in the lower abdomen and pain in the posterior border of the lateral aspect of the shoulder and arm
	UB	Retention of urine, enuresis, manic and depressive mental disorders, malaria, pain of the eyes, lacrimation when exposed to wind, nasal obstruction, rhinorrhea, epistaxis, headache ; and pain in the nape, back, low back, buttocks and posterior aspect of the lower limbs
	KD	Enuresis, frequent urination, nocturnal emission, impotence, irregular menstruation, asthmatic breathing, hemoptysis, dryness of the tongue, congested and sore throat, edema, pain in the lumbar region and in the posteromedial aspect of the thigh, weakness of the lower limbs and heat sensation in the soles
H U M A N	PC	Cardiac pain, palpitations, mental restlessness, stuffiness in the chest, flushed face, swelling in the axilla, depressive and manic mental disorders, spasm of the upper limbs and heat sensation in the palms
	SJ	Abdominal distension, edema, enuresis, dysuria, deafness, tinnitus, pain in the outer canthus, swelling of the cheeks, congested and sore throat ; and pain in the retroauricular region, shoulder, and lateral aspect of the arm and elbow
	GB	Headache, pain in the outer canthus, pain in the jaw, blurring of vision, bitter taste in the mouth, swelling and pain in the supraclavicular fossa, pain in the axilla ; and pain along the lateral aspect of the chest, hypochondrium, thigh and lower limbs
	LV	Low back pain, fullness in the chest, pain in the lower abdomen, hernia, vertical headache, dryness of the throat, hiccups, enuresis, dysuria and mental disturbance

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Which of the following Pattern Identifications is used in the Korean Meridian Cleansing Technique?

- A. Zang-Fu differentiation
- B. Eight Principle differentiation
- C. Channel differentiation
- D. Triple Burner differentiation

FIRST AND LAST POINTS (起始終止穴)

	LU	LI	ST	SP	HT	SI	UB	KD	PC	SJ	GB	LV
FIRST	1	1	1	1	1	1	1	1	1	1	1	1
LAST	11	20	45	21	9	19	67	27	9	23	44	14

YUAN-SOURCE POINTS (YUAN-PRIMARY POINTS 原穴)

EARTH				HEAVEN				HUMAN			
LU	LI	ST	SP	HT	SI	UB	KD	PC	SJ	GB	LV
9	4	42	3	7	4	64	3	7	4	40	3

LUO-CONNECTING POINTS (CONNECTING POINTS 絡穴)

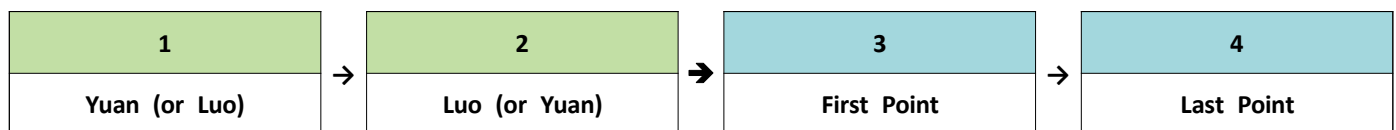
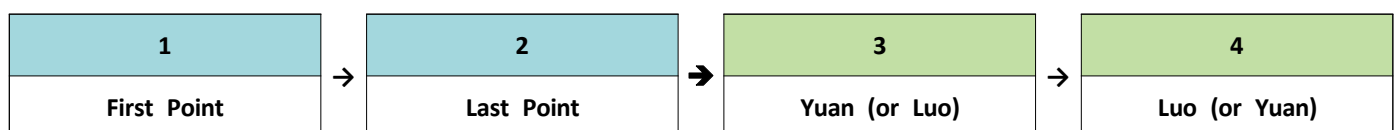
EARTH				HEAVEN				HUMAN			
LU	LI	ST	SP	HT	SI	UB	KD	PC	SJ	GB	LV
7	6	40	4	5	7	58	4	6	5	37	5

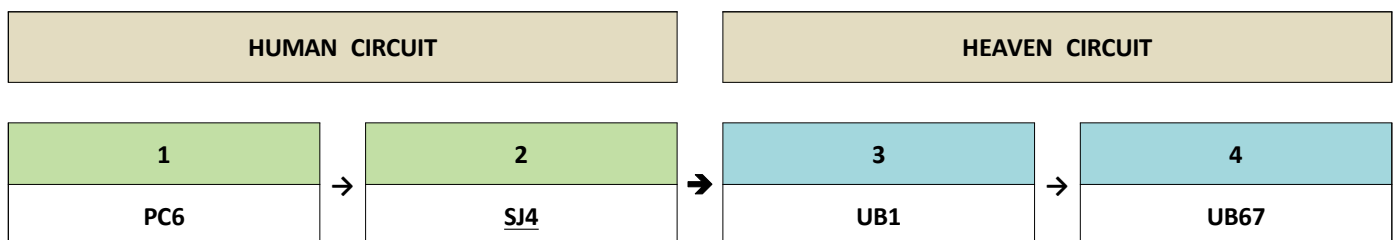
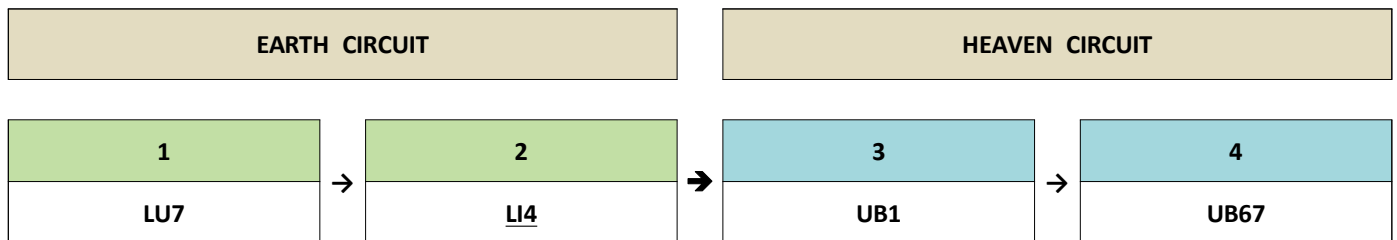
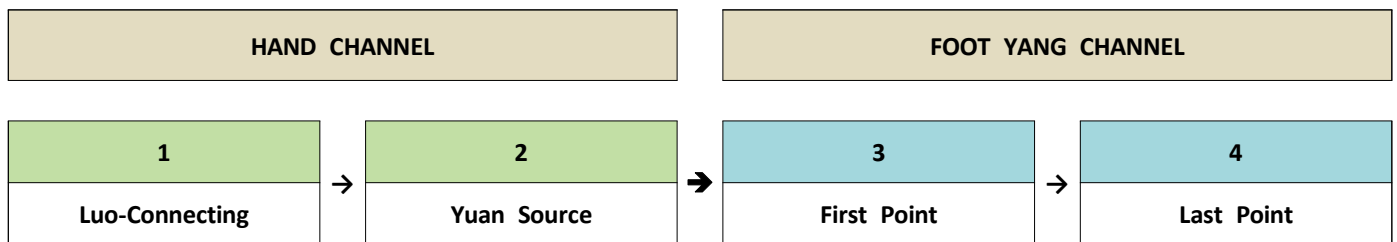
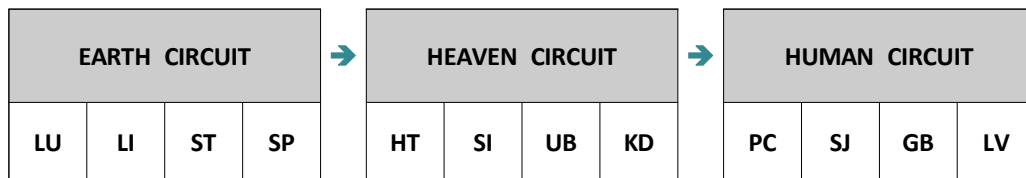
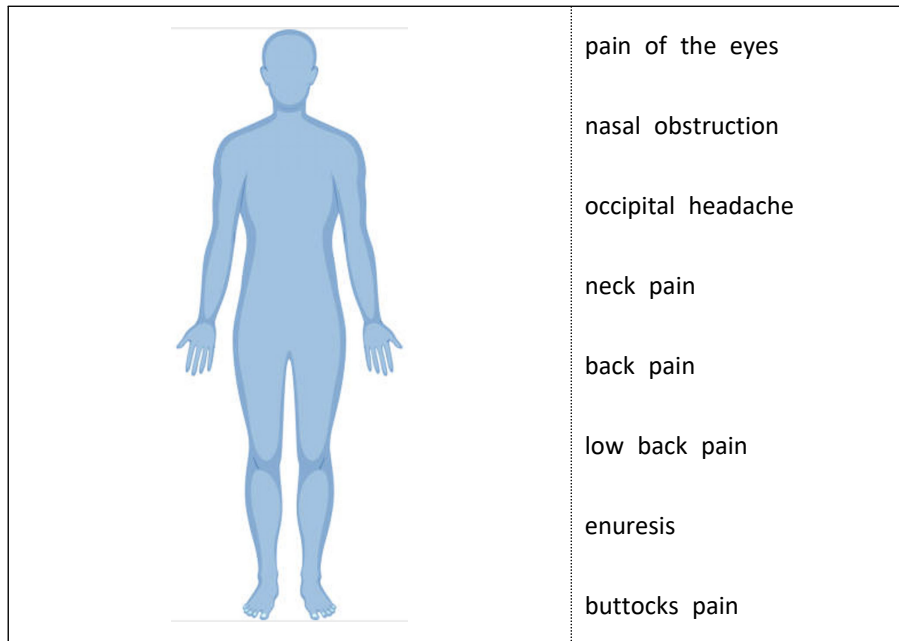
When using the Korean Meridian Cleansing Technique, which of the following points are used?

- A. First and Last Points
- B. Entry and Exit Points

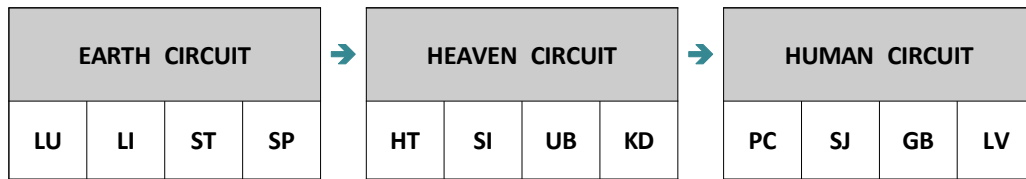
In the Korean Meridian Cleaning Technique, which of the following points are used for bringing in one's energy force?

- A. Yuan-Source + Luo-Connecting Points
- B. Entry + Exit Points
- C. Front-Mu + Back-Shu Points

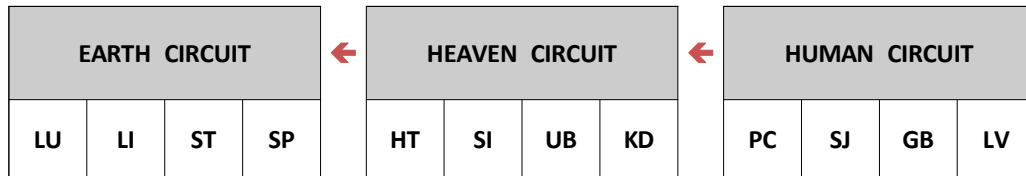
NEEDLE INSERTION**NEEDLE WITHDRAWAL**



NATURAL FLOW TREATMENT



REBELLIOUS FLOW TREATMENT



NATURAL FLOW (mild)

REBELLIOUS FLOW (strong)

CLEANING FORCE

CLEANING CHANNEL

Yuan→Luo / Luo→Yuan



First → Last

CLEANING FORCE

CLEANING CHANNEL

Yuan→Luo / Luo→Yuan



First → Last

NATURAL FLOW (mild)

REBELLIOUS FLOW (strong)

HEAVEN



HUMAN

EARTH



HUMAN

NATURAL FLOW (mild)

REBELLIOUS FLOW (strong)

HT & SI

LIVER

LU & LI

LIVER

NATURAL FLOW (mild)

REBELLIOUS FLOW (strong)

HT9 → SI7



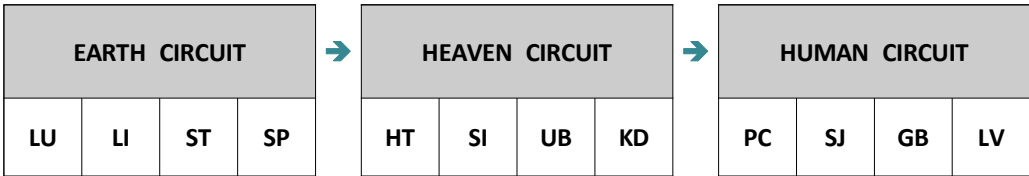
LV1 → LV14

LU9 → LI6

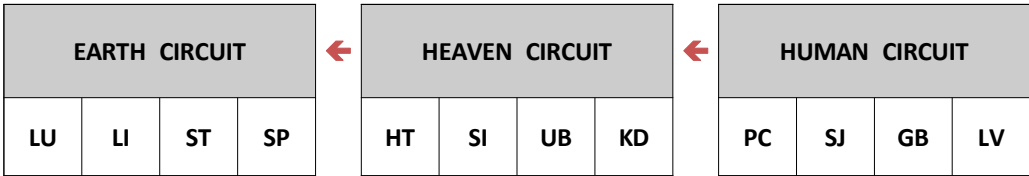


LV1 → LV14

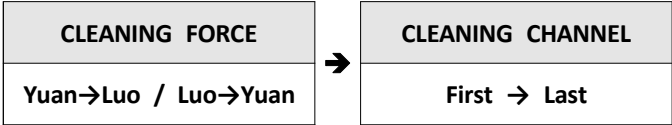
NATURAL FLOW TREATMENT



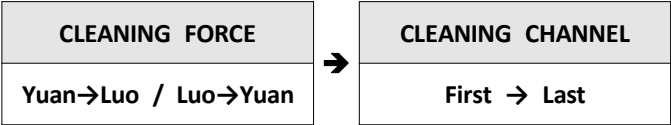
REBELLIOUS FLOW TREATMENT



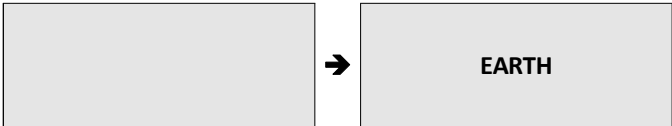
NATURAL FLOW (mild)



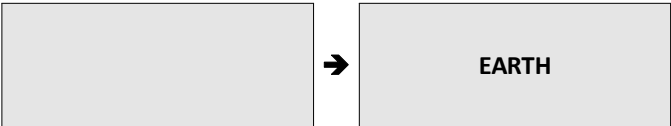
REBELLIOUS FLOW (strong)



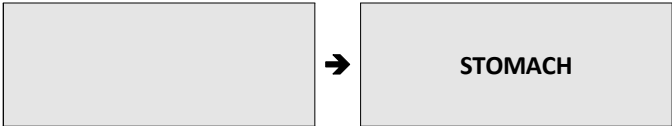
NATURAL FLOW (mild)



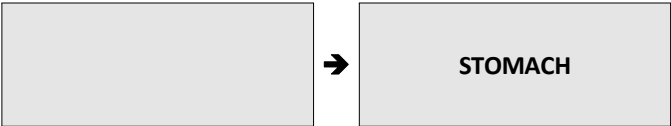
REBELLIOUS FLOW (strong)



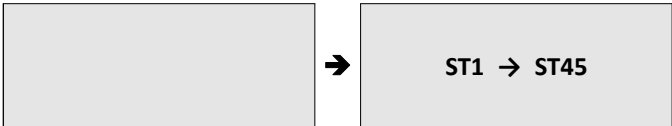
NATURAL FLOW (mild)



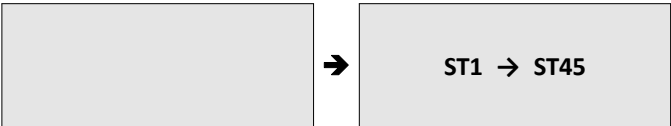
REBELLIOUS FLOW (strong)




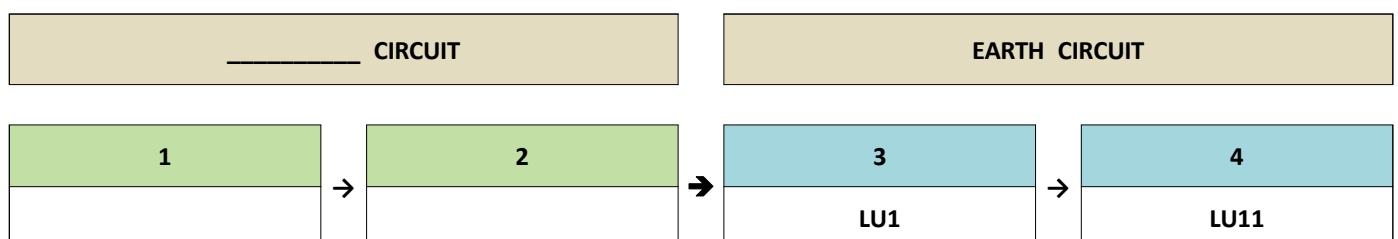
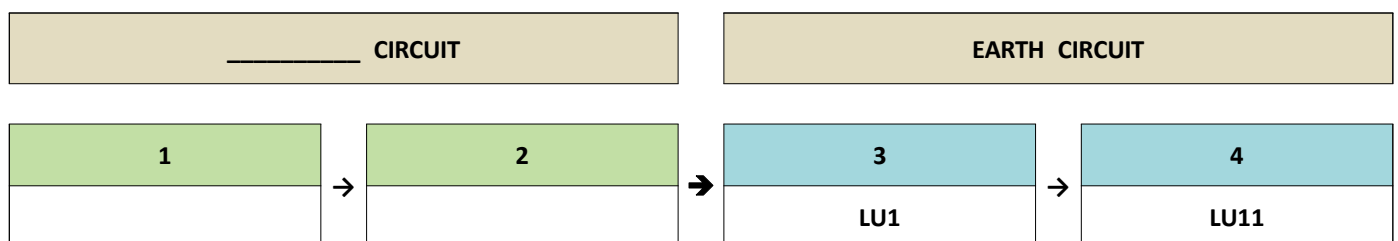
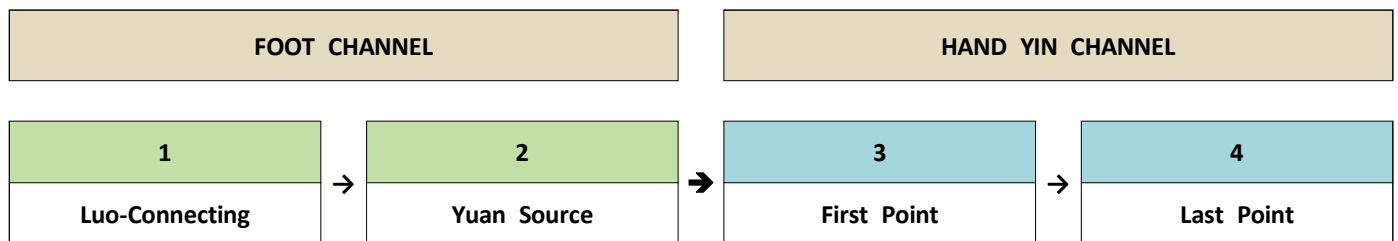
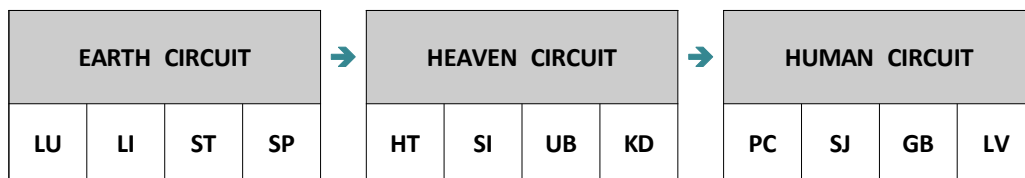
NATURAL FLOW (mild)

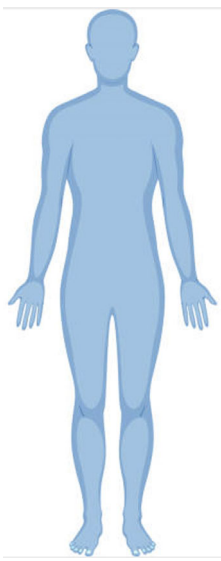


REBELLIOUS FLOW (strong)



	<p>fullness in the chest</p> <p>cough, asthmatic breathing</p> <p>sore throat</p> <p>pain in the supraclavicular fossa</p> <p>anterior shoulder pain</p> <p>anterior border of the medial aspect of the arm pain</p> <p>thumb pain</p>
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vertical headache

eye pain

dryness of the throat

mental disturbance

fullness in the chest

lower back pain

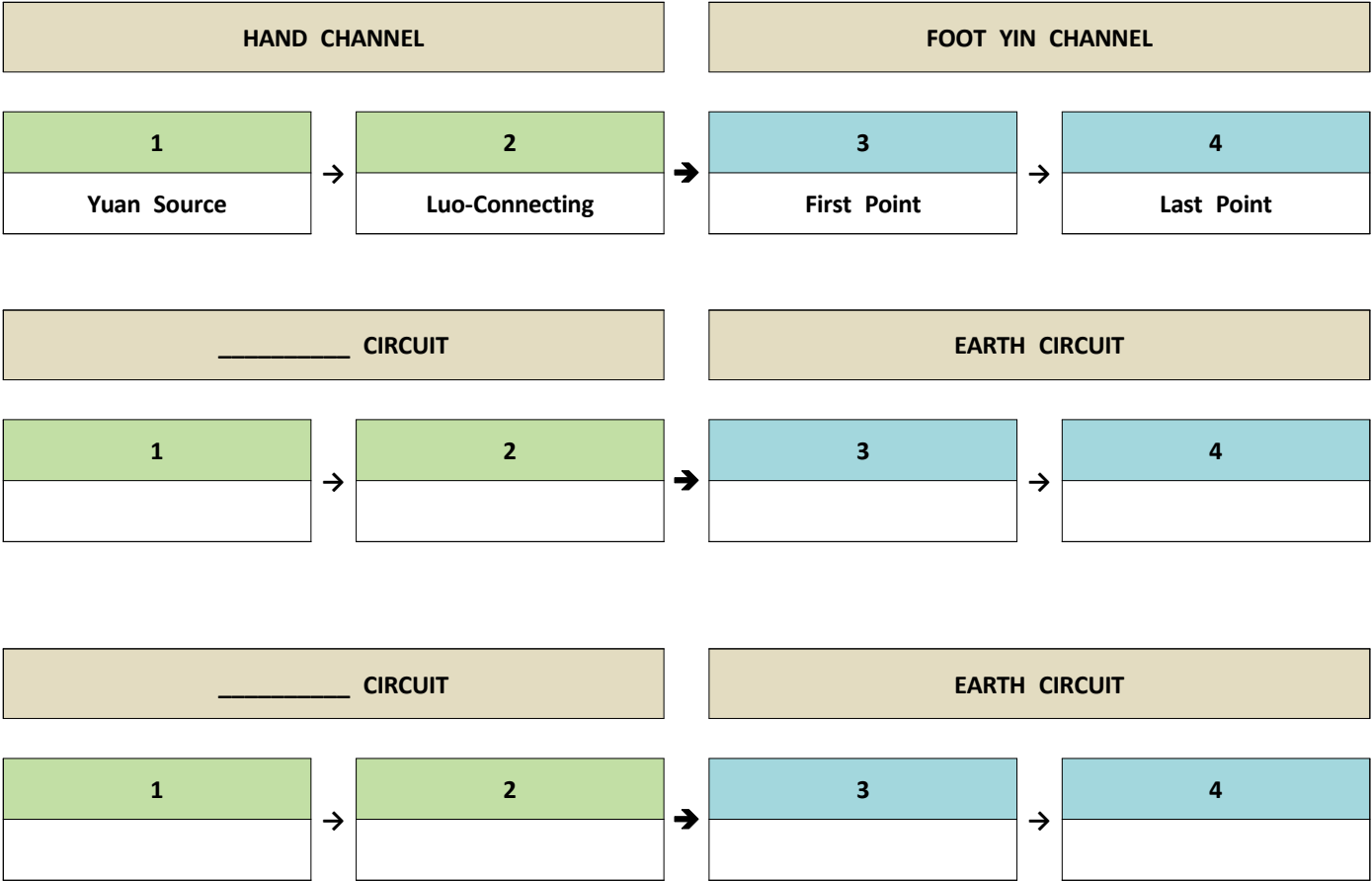
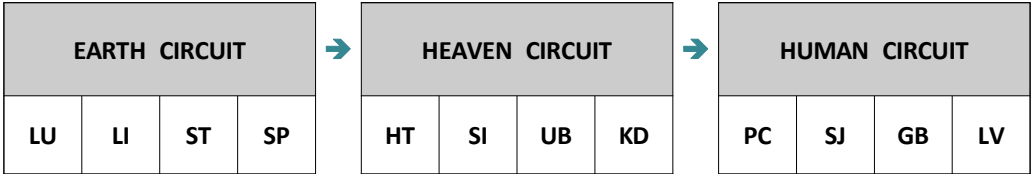
pain in the lower abdomen

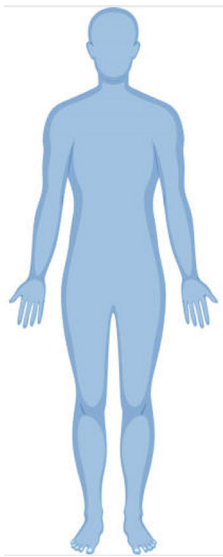
hernia

dysuria

genital disorders

big toe pain





epistaxis, nasal discharge

toothache

sore throat

pain in the neck

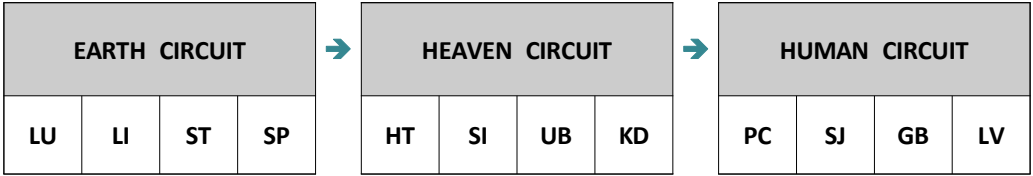
anterior shoulder pain

lateral aspect of the upper limb

borborygmus

abdominal pain

diarrhea, dysentery



FOOT CHANNEL

1

Yuan Source

➔

2

Luo-Connecting

➔

3

First Point

➔

4

Last Point

HAND YANG CHANNEL

3

First Point

➔

4

Last Point

_____ CIRCUIT

1

➔

2

➔

3

➔

4

EARTH CIRCUIT

3

➔

4

_____ CIRCUIT

1

➔

2

➔

3

➔

4

EARTH CIRCUIT

3

➔

4