

NEW HERBAL FORMULA LISTS Effective January 1, 2020

2019	2020
160 FORMULAS	162 FORMULAS

6 OMITTED FORMULAS	8 ADDED FORMULAS
1. GAN CAO XIE XIN TANG 2. SHENG JIANG XIE XIN TANG 3. XI JIAO DI HUANG TANG 4. XIANG RU SAN 5. DING XIANG SHI DI TANG 6. LING JIAO GOU TENG TANG	1. JIA WEI XIAO YAO SAN – M.303 2. DANG GUI SI NI TANG – M.270 3. SHEN FU TANG – M.291 4. FANG FENG TONG SHEN SAN – M.273 5. LIU JUN ZI TANG – M.293 6. SAN REN TANG – M.289 7. ZENG YE TANG – M.307 8. DA HUANG MU DAN TANG – M.268

Please Note: The exam will focus on, but may not be exclusively limited to, the herbal formulas listed. Formulas not on this list may still appear on the exam as distractors (incorrect answers). Candidates are also responsible for being familiar with all formulas that are mentioned in the content outline.

162 NCCAOM FORMULAS (Handbook p.555)

CATEGORY	SUBCATEGORY	FORMULA	ENGLISH	N
[1] Release Exterior	Wind-Cold	1 MA HUANG TANG	Ephedra Decoction	
		2 GUI ZHI TANG	Cinnamon Twig Decoction	
		3 GE GEN TANG	Kudzu Decoction	
		4 XIAO QING LONG TANG	Minor Bluegreen Dragon Decoction	
		5 XIANG SU SAN	Cyperus and Perilla Leaf Powder	
	Wind-Heat	6 SANG JU YIN	Mulberry Leaf and Chrysanthemum Decoction	
		7 YIN QIAO SAN	Honeysuckle and Forsythia Powder	
		8 CHAI GE JIE JI TANG	Bupleurum and Kudzu Decoction to Release the Muscle Layer	
		9 SHENG MA GE GEN TANG	Cimicifuga and Kudzu Decoction	
	Interior Deficiency	10 REN SHEN BAI DU SAN	Ginseng Powder to Overcome Pathogenic Influences	
		11 JIA JIAN WEI RUI TANG	Modified Solomon's Seal Decoction	
[2] Drain Downward	Heat accumulation	12 DA CHENG QI TANG	Major Order the Qi Decoction	
		13 XIAO CHENG QI TANG	Minor Order the Qi Decoction	
		14 TIAO WEI CHENG QI TANG	Regulate the Stomach and Order the Qi Decoction	
	Intestinal Dryness	15 RUN CHANG WAN	Moisten the Intestines Pill	
		16 MA ZI REN WAN	Hemp Seed Pill	
[3] Harmonize	Shao Yang	17 JI CHUAN JIAN	Benefit the River Decoction	
	Liver & Spleen	18 XIAO CHAI HU TANG	Minor Bupleurum Decoction	
		19 SI NI SAN	Frigid Extremities Powder	
		20 XIAO YAO SAN	Rambling Powder	
		21 JIA WEI XIAO YAO SAN	Augmented Rambling Powder	
		22 TONG XIE YAO FANG	Important Formula for Painful Diarrhea	
[4] Clear Heat	Stomach & Intestines	23 BAN XIA XIE XIN TANG	Pinellia Decoction to Drain the Epigastrium	
	Qi Level	24 BAI HU TANG	White Tiger Decoction	
		25 ZHU YE SHI GAO TANG	Lophatherus and Gypsum Decoction	
	Ying Levels	26 QING YING TANG	Clear the Nutritive Level Decoction	
		27 HUANG LIAN JIE DU TANG	Coptis Decoction to Relieve Toxicity	
	Toxic-Heat	28 XIE XIN TANG	Drain the Epigastrium Decoction	
		29 PU JI XIAO DU YIN	Universal Benefit Decoction to Eliminate Toxin	
		30 LIANG GE SAN	Cool the Diaphragm Powder	
		31 QING WEN BAI DU YIN	Clear Epidemics and Overcome Toxicity Drink	
	Qi/Blood Levels	32 MA XING SHI GAN TANG	Ephedra, Apricot Kernel, Gypsum, and Licorice Decoction	
		33 XIE BAI SAN	Drain the White Powder	
		34 XIE HUANG SAN	Drain the Yellow Powder	
		35 QING WEI SAN	Clear the Stomach Powder	
		36 YU NU JIAN	Jade Women Decoction	
		37 DAO CHI SAN	Guide Out the Red Powder	
		38 LONG DAN XIE GAN TANG	Gentiana Decoction to Drain the Liver	
		39 ZUO JIN WAN	Left Metal Pill	
		40 SHAO YAO TANG	Peony Decoction	
		41 BAI TOU WENG TANG	Pulsatilla Decoction	
		42 QING HAO BIE JIA TANG	Artemisia Annua and Soft-shelled Turtle Shell Decoction	
	Deficiency-Heat	43 QING GU SAN	Cool the Bones Powder	
		44 DANG GUI LIU HUANG TANG	Tangkuei and Six-Yellow Decoction	
		45 LIU YI SAN	Six-to-One Powder	
[5] Warm Interior	Summer-Heat	46 DANG GUI SI NI TANG	Tangkuei Decoction for Frigid Extremities	
	Channel	47 LI ZHONG WAN	Regulate the Middle Pill	
		48 WU ZHU YU TANG	Evodia Decoction	
		49 XIAO JIAN ZHONG TANG	Minor Construct the Middle Decoction	
		50 DA JIAN ZHONG TANG	Major Construct the Middle Decoction	
	Middle Burner	51 SI NI TANG	Frigid Extremities Decoction	
		52 SHEN FU TANG	Ginseng and Aconite Accessory Root Decoction	
Yang Collapse				

[6] Release Ex-In Excess	Interior Excess	53	DA CHAI HU TANG	Major Bupleurum Decoction	N
		54	FANG FENG TONG SHENG SAN	Saposhnikovia Powder that Sagely Unblocks	
	Interior Heat	55	GE GEN HUANG LIAN HUANG QIN T.	Kudzu, Coptis, and Scutellaria Decoction	
[7] Tonify	Qi Deficiency	56	SI JUN ZI TANG	Four-Gentlemen Decoction	
		57	LIU JUN ZI TANG	Six-Gentlemen Decoction	
		58	SHEN LING BAI ZHU SAN	Ginseng, Poria, and White Atractylodes Powder	
		59	BU ZHONG YI QI TANG	Tonify the Middle and Augment the Qi Decoction	
		60	YU PING FENG SAN	Jade Windscreen Powder	
		61	SHENG MAI SAN	Generate the Pulse Powder	
	Blood Deficiency	62	SI WU TANG	Four-Substances Decoction	
		63	DANG GUI BU XUE TANG	Tangkuei Decoction to Tonify the Blood	
		64	SHAO YAO GAN CAO TANG	Peony and Licorice Decoction	
	Qi & Blood Deficiency	65	BA ZHEN TANG	Eight-Treasure Decoction	
		66	SHI QUAN DA BU TANG	All-Inclusive Great Tonifying Decoction	
		67	GUI PI TANG	Restore the Spleen Decoction	
		68	ZHI GAN CAO TANG	Honey-fried Licorice Decoction	
		69	TAI SHAN PAN SHI SAN	Powder that Gives the Stability of Mount Tai	
	Yin Deficiency	70	LIU WEI DI HUANG WAN	Six-Ingredient Pill with Rehmannia	
		71	DU QI WAN	Capital Qi Pill	
		72	QI JU DI HUANG WAN	Lycium, Chrysanthemum, and Rehmannia Pill	
		73	ZHI BAI DI HUANG WAN	Anemarrhena, Phellodendron, and Rehmannia Pill	
		74	ZUO GUI WAN	Restore the Left Kidney Pill	
		75	ZUO GUI YIN	Restore the Left Kidney Decoction	
		76	DA BU YIN WAN	Great Tonify the Yin Pill	
		77	YI GUAN JIAN	Linking Decoction	
		78	ER ZHI WAN	Two Solstice Pill	
		79	BAI HE GU JIN TANG	Lily Bulb Decoction to Preserve the Metal	
	Yang Deficiency	80	JIN GUI SHEN QI WAN	Kidney Qi Pill from the Golden Cabinet	
		81	YOU GUI WAN	Restore the Right Kidney Pill	
		82	YOU GUI YIN	Restore the Right Kidney Decoction	
	Yin & Yang Deficiency	83	ER XIAN TANG	Two Immortal Decoction	
[8] Stabilize & Bind	Exterior	84	MU LI SAN	Oyster Shell Powder	
	Intestine	85	ZHEN REN YANG ZANG TANG	True Man's Decoction to Nourish the Organs	
		86	SI SHEN WAN	Four-Miracle Pill	
	Essence	87	JIN SUO GU JING WAN	Metal Lock Pill to Stabilize the Essence	
		88	SANG PIAO XIAO SAN	Mantis Egg-case Powder	
		89	SHOU TAI WAN	Fetus Longevity Pill	
	Womb	90	GU JING WAN	Stabilize the Menses Pill	
		91	WAN DAI TANG	End Discharge Decoction	
[9] Calm Spirit	Heart Deficiency	92	TIAN WANG BU XIN DAN	Emperor of Heaven's Special Pill to Tonify the Heart	
		93	SUAN ZAO REN TANG	Sour Jujube Decoction	
		94	HUANG LIAN E JIAO TANG	Coptis and Ass-Hide Gelatin Decoction	
		95	GAN MAI DA ZAO TANG	Licorice, Wheat, and Jujube Decoction	
[10] Regulate Qi	Qi Stagnation	96	YUE JU WAN	Escape Restraint Pill	
		97	CHAI HU SHU GAN SAN	Bupleurum Powder to Spread the Liver	
		98	BAN XIA HOU PO TANG	Pinellia and Magnolia Bark Decoction	
		99	LIANG FU WAN	Galangal and Cyperus Pill	
		100	JIN LING ZI SAN	Melia Toosendan Powder	
		101	TIAN TAI WU YAO SAN	Top-quality Lindera Powder	
		102	NUAN GAN JIAN	Warm the Liver Decoction	
	Rebellious Qi	103	SU ZI JIANG QI TANG	Perilla Fruit Decoction for Directing Qi Downward	
		104	DING CHUAN TANG	Arrest Wheezing Decoction	
		105	XUAN FU DAI ZHE TANG	Inula and Hematite Decoction	
		106	JU PI ZHU RU TANG	Tangerine Peel and Bamboo Shavings Decoction	

[11] Regulate Blood	Blood Stasis	107	TAO HE CHENG QI TANG	Peach Pit Decoction to Order the Qi	N	
		108	XUE FU ZHU YU TANG	Drive Out Stasis in the Mansion of Blood Decoction		
		109	GE XIA ZHU YU TANG	Drive Out Blood Stasis Below the Diaphragm Decoction		
		110	SHAO FU ZHU YU TANG	Drive Out Blood Stasis in the Lower Abdomen Decoction		
		111	SHEN TONG ZHU YU TANG	Drive Out Blood Stasis from a Painful Body Decoction		
		112	BU YANG HUAN WU TANG	Tonify the Yang to Restore Five Decoction		
		113	FU YUAN HUO XUE TANG	Revive Health by Invigorating the Blood Decoction		
		114	WEN JING TANG	Warm the Menses Decoction		
		115	SHENG HUA TANG	Generating and Transforming Decoction		
		116	GUI ZHI FU LING WAN	Cinnamon Twig and Poria Pill		
		117	SHI XIAO SAN	Sudden Smile Powder		
		118	DAN SHEN YIN	Salvia Drink		
	Bleeding	119	SHI HUI SAN	Ten Partially-Charred Substances Powder		
		120	XIAO JI YIN ZI	Small Thistle Drink		
121		HUAI HUA SAN	Sophora Japonica Flower Powder			
122		JIAO AI TANG	Ass-Hide Gelatin and Mugwort Decoction			
[12] Expel Wind		External Wind	123	CHUAN XIONG CHA TIAO SAN	Ligusticum Chuanxiong Powder to be taken with Green Tea	
			124	CANG ER ZI SAN	Xanthium Powder	
	125		XIAO HUO LUO DAN	Minor Invigorate the Collaterals Special Pill		
	126		XIAO FENG SAN	Eliminate Wind Powder		
	Internal Wind	127	ZHEN GAN XI FENG TANG	Sedate the Liver and Extinguish Wind Decoction		
		128	TIAN MA GOU TENG YIN	Gastrodia and Uncaria Decoction		
[13] Treat Dryness	Exterior Dryness	129	XING SU SAN	Apricot Kernel and Perilla Leaf Powder		
		130	SANG XING TANG	Mulberry Leaf and Apricot Kernel Decoction		
		131	QING ZAO JIU FEI TANG	Eliminate Dryness and Rescue the Lungs Decoction		
	Interior Dryness	132	MAI MEN DONG TANG	Ophiopogonis Decoction		
		133	ZENG YE TANG	Increase the Fluids Decoction		
[14] Expel Dampness	Damp Turbidity	134	PING WEI SAN	Calm the Stomach Powder		
		135	HUO XIANG ZHENG QI SAN	Agastache Powder to Rectify the Qi		
	Damp-Heat	136	SAN REN TANG	Three-Seed Decoction		
		137	YIN CHEN HAO TANG	Artemisia Yinchenhao Decoction		
		138	BA ZHENG SAN	Eight-Herb Powder for Rectification		
		139	ER MIAO SAN	Two Marvel Powder		
	Water Irregularity	140	WU LING SAN	Five-Ingredient Powder with Poria		
		141	ZHU LING TANG	Polyporus Decoction		
		142	WU PI SAN	Five-Peel Powder		
	Cold-Damp	143	LING GUI ZHU GAN TANG	Poria, Cinnamon, Atractylodes Macrocephala, & Licorice Decoction		
		144	ZHEN WU TANG	True Warrior Decoction		
		145	SHI PI YIN	Bolster the Spleen Drink		
		146	BI XIE FEN QING YIN	Tokoro Drink to Separate the Clear		
	Wind-Damp	147	QIANG HUO SHENG SHI TANG	Notopterigium Decoction to Overcome Dampness		
		148	JUAN BI TANG	Remove Painful Obstruction Decoction		
		149	DU HUO JI SHENG TANG	Angelica Pubescens and Sangjisheng Decoction		
		150	GUI ZHI SHAO YAO ZHI MU TANG	Cinnamon Twig, Peony, and Anemarrhena Decoction		
[15] Dissolve Phlegm	Damp-Phlegm	151	ER CHEN TANG	Two-Cured Decoction		
		152	WEN DAN TANG	Warm the Gallbladder Decoction		
	Hot-Phlegm	153	QING QI HUA TAN WAN	Clear the Qi and Transform Phlegm Pill		
	Dry-Phlegm	154	BEI MU GUA LOU SAN	Fritillaria and Trichosanthes Fruit Powder		
	Cold-Phlegm	155	SAN ZI YANG QIN TANG	Three-seed Decoction to Nourish One's Parents		
	Wind-Phlegm	156	BAN XIA BAI ZHU TIAN MA TANG	Pinellia, Atractylodis Macrocephalae, and Gastrodia Decoction		
		157	ZHI SOU SAN	Stop Coughing Powder		
[16] Digestive	Food Retention	158	BAO HE WAN	Preserve Harmony Pill		
[17] Treat Abscess	External Abscess	159	WU WEI XIAO DU YIN	Five-Ingredient Drink to Eliminate Toxin		
		160	YANG HE TANG	Balmy Yang Decoction		
	Internal Abscess	161	WEI JING TANG	Reed Decoction		
		162	DA HUANG MU DAN TANG	Rhubarb and Moutan Decoction		

8 NEW HERBAL FORMULAS

Addendum to the 5th Edition Handbook (pp.561-585)

3. HARMONIZE (Handbook p.564)

XIAO YAO SAN	Chai Hu	9	• LV Qi stagnation with LV Blood & SP Qi deficiency: Headache, vertigo, bitter taste in the mouth, dry mouth and throat, fatigue, reduced appetite, hypochondriac or abdominal pain, possibly with alternating chills and fever, irregular menstruation, breast distention, ① pale-red, ② wiry, empty								
Rambling powder 逍遙散(소요산)	Dang Gui	9									
	Bai Shao	9									
	Bai Zhu	9									
	Fu Ling	9									
	Zhi Gan Cao	4.5									
Harmonize LV & SP	Wei Jiang	6									
	Bo He	3									
<table><tr><th>SOOTH LV</th><th>↑BLOOD</th><th>↑QI</th><th>HARMONIZE</th></tr><tr><td>Chai Hu Bo He</td><td>Dang Gui Bai Shao</td><td>Bai Zhu Fu Ling</td><td>Zhi Gan Cao Wei Jiang</td></tr></table>				SOOTH LV	↑BLOOD	↑QI	HARMONIZE	Chai Hu Bo He	Dang Gui Bai Shao	Bai Zhu Fu Ling	Zhi Gan Cao Wei Jiang
SOOTH LV	↑BLOOD	↑QI		HARMONIZE							
Chai Hu Bo He	Dang Gui Bai Shao	Bai Zhu Fu Ling	Zhi Gan Cao Wei Jiang								
• Comparison <table><tr><th>Xiao Chai Hu Tang</th><th>Xiao Yao San</th></tr><tr><td>Harmonize Shaoyang</td><td>Harmonize LV & SP</td></tr><tr><td>Chai Hu + Huang Qin</td><td>Chai Hu + Bai Shao</td></tr><tr><td>① thin, white coating ② wiry</td><td>① pale-red tongue ② wiry, empty</td></tr></table>			Xiao Chai Hu Tang	Xiao Yao San	Harmonize Shaoyang	Harmonize LV & SP	Chai Hu + Huang Qin	Chai Hu + Bai Shao	① thin, white coating ② wiry	① pale-red tongue ② wiry, empty	
Xiao Chai Hu Tang	Xiao Yao San										
Harmonize Shaoyang	Harmonize LV & SP										
Chai Hu + Huang Qin	Chai Hu + Bai Shao										
① thin, white coating ② wiry	① pale-red tongue ② wiry, empty										
• Modifications <table><tr><td>Hei Xiao Yao San</td><td>+ Shu Di Huang</td><td>↑Blood</td></tr><tr><td>Jia Wei Xiao Yao San</td><td>+ Mu Dan Pi, Zhi Zi</td><td>↓Heat</td></tr></table>			Hei Xiao Yao San	+ Shu Di Huang	↑Blood	Jia Wei Xiao Yao San	+ Mu Dan Pi, Zhi Zi	↓Heat			
Hei Xiao Yao San	+ Shu Di Huang	↑Blood									
Jia Wei Xiao Yao San	+ Mu Dan Pi, Zhi Zi	↓Heat									
Jia Wei Xiao Yao San (Augmented rambling powder, 加味逍遙散 가미소요산)											
• LV Qi stagnation with LV Blood & SP Qi deficiency + Interior Heat: irritability, short temper with possible tidal fever and sweating, red eyes, dry mouth, palpitations, lower abdominal pressure, difficult, painful urination, increased menstrual flow or uterine bleeding											

5. WARM INTERIOR (Handbook p.568)

DANG GUI SI NI TANG	Dang Gui	9	• Cold in the channels with Blood deficiency: Long-standing cold hands and feet that are both cold to the touch and feel very cold to the patient, ① pale, white coat, ② deep, thin or one that is thin and almost imperceptible • Note: Also used to treat irregular menstruation and various types of pain that are aggravated by exposure to cold.
Tangkuei decoction for frigid extremities 當歸四逆湯(당귀사역탕)	Gui Zhi	9	
	Bai Shao	9	
	Xi Xin	6	
	Zhi Gan Cao	6	
	Da Zao	4-5p	
	Mu Tong	6	
Warm Channels			
SHEN FU TANG	Ren Shen	15 (9)	• Severe deficiency of the Source Qi with Sudden Collapse of the Yang Qi: Cold extremities, sweating, weak breathing and shortness of breath, dizziness, an extremely pale complexion, ① pale, ② faint pulse that is almost imperceptible • Note: Used to treat a variety of biomedically defined disorders including cardiac failure, myocardial infarction, cardiogenic shock, postpartum hemorrhage, uterine bleeding, and other causes of hypovolemic shock
Ginseng and aconite accessory root decoction 參附湯(삼부탕)	Zhi Fu Zi	30 (15)	
Rescue Yang			

6. RELEASE EXTERIOR-INTERIOR EXCESS (Handbook p.569)

FANG FENG TONG SHENG SAN Saposhnikovia powder that sagely unblocks 防風通聖散(방풍통성산) Release Exterior + Purge Interior	Fang Feng	15	• Excess Heat in both the exterior & interior: Strong simultaneous chills and fever, thick and sticky nasal discharge and saliva, red and sore eyes, bitter taste in the mouth, stifling sensation in the chest, constipation, dark and rough urination, ① yellow, greasy coat, ② surging, rapid or wiry, slippery • Note: Also for carbuncles, intestinal Wind, Heat rashes and obesity.											
	Ma Huang	15												
	Da Huang	15												
	Mang Xiao	15												
	Jing Jie	15												
	Bo He	15												
	Zhi Zi	15												
	Hua Shi	90												
	Shi Gao	30												
	Lian Qiao	15												
	Huang Qin	30												
	Jie Geng	30												
	Chuan Xiong	15												
	Dang Gui	15												
	Bai Shao	15												
	Bai Zhu	15												
	Gan Cao	60												
	Sheng Jiang	3p												
<table><tr><th colspan="3">Exterior Excess + Interior Excess</th></tr><tr><td colspan="3">Release Exterior</td></tr><tr><td>Purge Interior</td><td>Clear Interior</td><td>Warm Interior</td></tr><tr><td>Da Chai Hu Tang Fang Feng Tong Sheng San</td><td>Ge Gen Huang Lian Huang Qin T.</td><td>Wu Ji San</td></tr></table>			Exterior Excess + Interior Excess			Release Exterior			Purge Interior	Clear Interior	Warm Interior	Da Chai Hu Tang Fang Feng Tong Sheng San	Ge Gen Huang Lian Huang Qin T.	Wu Ji San
Exterior Excess + Interior Excess														
Release Exterior														
Purge Interior	Clear Interior	Warm Interior												
Da Chai Hu Tang Fang Feng Tong Sheng San	Ge Gen Huang Lian Huang Qin T.	Wu Ji San												

7. TONIFY (Handbook p.569)

SI JUN ZI TANG Four-gentlemen decoction 四君子湯(사군자탕) Tonify Qi	Ren Shen	3-9	• SP/ST Qi deficiency: Pallid complexion, low and soft voice, reduced appetite, loose stools, weakness in the limbs, ㊶ pale, ㊷ thin, weak • Note: This is the primary formula for SP/ST Qi deficiency. It also helps the SP process Dampness.										
	Bai Zhu	6-9											
	Fu Ling	6-9											
	Zhi Gan Cao	3-6											
	<table><tr><td>Yi Gong San</td><td>4 Gentlemen + Chen Pi</td><td>+ Qi stagnation</td></tr><tr><td>Liu Jun Zi Tang (six gentlemen)</td><td>4 Gentlemen + Ban Xia, Chen Pi</td><td>+ Phlegm</td></tr><tr><td>Xiang Sha Liu Jun Zi Tang</td><td>6 Gentlemen + Mu Xiang, Sha Ren</td><td>+ Phlegm, Qi stag, Pain</td></tr><tr><td>Xiang Sha Yang Wei Tang</td><td>Xiang Sha Liu Jun Zi + Ping Wei San</td><td>+ Damp</td></tr></table>			Yi Gong San	4 Gentlemen + Chen Pi	+ Qi stagnation	Liu Jun Zi Tang (six gentlemen)	4 Gentlemen + Ban Xia, Chen Pi	+ Phlegm	Xiang Sha Liu Jun Zi Tang	6 Gentlemen + Mu Xiang, Sha Ren	+ Phlegm, Qi stag, Pain	Xiang Sha Yang Wei Tang
Yi Gong San	4 Gentlemen + Chen Pi	+ Qi stagnation											
Liu Jun Zi Tang (six gentlemen)	4 Gentlemen + Ban Xia, Chen Pi	+ Phlegm											
Xiang Sha Liu Jun Zi Tang	6 Gentlemen + Mu Xiang, Sha Ren	+ Phlegm, Qi stag, Pain											
Xiang Sha Yang Wei Tang	Xiang Sha Liu Jun Zi + Ping Wei San	+ Damp											
Liu Jun Zi Tang (Six-gentlemen decoction, 六君子湯 육군자탕) • SP/ST Qi deficiency + Damp-Phlegm: loss of appetite, nausea or vomiting, focal distention and stifling sensation in the chest and epigastrium, and often coughing of copious, thin, and white sputum													

13. TREAT DRYNESS (Handbook p.580)

ZENG YE TANG Increase the fluids decoction 增液湯(증액탕) Enrich Yin & Moist Dryness	Xuan Shen 30 Mai Men Dong 24 Sheng Di Huang 24	• Dry intestines: Constipation, thirst, ㊶ dry and red, ㊷ thin and slightly rapid, or weak • Note: "A boat stuck in the riverbed due to low water flow" → Unblocks the bowels by clearing heat and replenishing the fluids.
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14. EXPEL DAMPNES (Handbook p.581)

SAN REN TANG Three-seed decoction 三仁湯(삼인탕) Clear Damp-Heat	Xing Ren 15 Bai Dou Kou 6 Yi Yi Ren 18 Hou Po 6 Ban Xia 9 Tong Cao 6 Dan Zhu Ye 6 Hua Shi 18	• Damp-Heat in the Wei & Qi levels with Damp predominant (Upper burner): Headache, chills, afternoon fever, heavy sensation in the body, no thirst, body pain, pale yellow face, stifling sensation in the chest, loss of appetite, ㊶ greasy, white coat, ㊷ wiry, thin, and soggy • Note: This formula is from the Warm Disease philosophy. It emphasizes Dampness, as it does little to clear Heat.
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17. TREAT ABSCESES (Handbook p.585)

DA HUANG MU DAN TANG Rhuhab and moutan decoction 大黃牡丹湯(대황목단탕) Treat Internal Abscesses	Da Huang 12 Mang Xiao 9-12 Mu Dan Pi 3 Tao Ren 9-15 Dong Gua Ren 15-30	• Acute intestinal abscess from interior clumping of Heat and Blood: Lower abdominal distention and pain that increases upon pressure with rebound tenderness, fever, constipation, ㊶ thin, yellow, greasy coat, ㊷ slippery, rapid • Note: May also be groin pain, or lower right quadrant abdominal masses, with irregular, intermittent fever followed by chills and sweating.				
		<table><tr><td>Uncomplicated early-stage appendicitis</td><td>Ruptured appendix with peritonitis</td></tr><tr><td>Da Huang Mu Dan Tang can be used</td><td>Appendectomy and Inpatient care</td></tr></table>	Uncomplicated early-stage appendicitis	Ruptured appendix with peritonitis	Da Huang Mu Dan Tang can be used	Appendectomy and Inpatient care
	Uncomplicated early-stage appendicitis	Ruptured appendix with peritonitis				
Da Huang Mu Dan Tang can be used	Appendectomy and Inpatient care					