

83 CALE FORMULA LIST CATEGORIES

CATEGORY	SUBCATEGORY		PINYIN	ENGLISH	C
[1] Release Exterior	Wind-Cold	1	GUI ZHI TANG	Cinnamon Twig Decoction	Video 1
	Wind-Heat	2	SANG JU YIN	Mulberry Leaf and Chrysanthemum Decoction	
		3	YIN QIAO SAN	Honeysuckle and Forsythia Powder	
		4	CHAI GE JIE JI TANG	Bupleurum and Kudzu Decoction to Release the Muscle Layer	
	Interior Deficiency	5	REN SHEN BAI DU SAN	Ginseng Powder to Overcome Pathogenic Influences	
[2] Drain Downward	Heat accumulation	6	DA CHENG QI TANG	Major Order the Qi Decoction	
		7	XIAO CHENG QI TANG	Minor Order the Qi Decoction	
		8	TIAO WEI CHENG QI TANG	Regulate the Stomach and Order the Qi Decoction	
	Intestinal Dryness	9	RUN CHANG WAN	Moisten the Intestines Pill	
		10	MA ZI REN WAN	Hemp Seed Pill	
[3] Harmonize	Shao Yang	11	XIAO CHAI HU TANG	Minor Bupleurum Decoction	Video 2
	Liver & Spleen	12	SI NI SAN	Frigid Extremities Powder	
		13	XIAO YAO SAN	Rambling Powder	
	Stomach & Intestines	14	BAN XIA XIE XIN TANG	Pinellia Decoction to Drain the Epigastrium	
[4] Clear Heat	Qi Level	15	BAI HU TANG	White Tiger Decoction	Video 3
	Toxic-Heat	16	HUANG LIAN JIE DU TANG	Coptis Decoction to Relieve Toxicity	
		17	XIE XIN TANG	Drain the Epigastrium Decoction	
	Organ-Heat	18	QING WEI SAN	Clear the Stomach Powder	
		19	DAO CHI SAN	Guide Out the Red Powder	
		20	LONG DAN XIE GAN TANG	Gentiana Decoction to Drain the Liver	
	Deficiency-Heat	21	BAI TOU WENG TANG	Pulsatilla Decoction	
		22	QING HAO BIE JIA TANG	Artemisia Annu and Soft-shelled Turtle Shell Decoction	
23		DANG GUI LIU HUANG TANG	Tangkuei and Six-Yellow Decoction		
[5] Warm Interior	Middle Burner	24	LI ZHONG WAN	Regulate the Middle Pill	
		25	WU ZHU YU TANG	Evodia Decoction	
		26	XIAO JIAN ZHONG TANG	Minor Construct the Middle Decoction	
		27	DA JIAN ZHONG TANG	Major Construct the Middle Decoction	
	Yang Collapse	28	SI NI TANG	Frigid Extremities Decoction	
[6] Tonify	Qi Deficiency	29	SI JUN ZI TANG	Four-Gentlemen Decoction	Video 4
		30	SHEN LING BAI ZHU SAN	Ginseng, Poria, and White Atractylodes Powder	
		31	BU ZHONG YI QI TANG	Tonify the Middle and Augment the Qi Decoction	
		32	YU PING FENG SAN	Jade Windscreen Powder	
		33	SHENG MAI SAN	Generate the Pulse Powder	
	Blood Deficiency	34	SI WU TANG	Four-Substances Decoction	Video 5
		35	DANG GUI BU XUE TANG	Tangkuei Decoction to Tonify the Blood	
	Qi & Blood Deficiency	36	BA ZHEN TANG	Eight-Treasure Decoction	
		37	SHI QUAN DA BU TANG	All-Inclusive Great Tonifying Decoction	
		38	GUI PI TANG	Restore the Spleen Decoction	
	Yin Deficiency	39	LIU WEI DI HUANG WAN	Six-Ingredient Pill with Rehmannia	
		40	ZUO GUI WAN	Restore the Left Kidney Pill	
		41	BAI HE GU JIN TANG	Lily Bulb Decoction to Preserve the Metal	
	Yang Deficiency	42	JIN GUI SHEN QI WAN	Kidney Qi Pill from the Golden Cabinet	
		43	YOU GUI WAN	Restore the Right Kidney Pill	

[7] Stabilize & Bind	Intestine	44	SI SHEN WAN	Four-Miracle Pill	C	Video 6
	Essence	45	JIN SUO GU JING WAN	Metal Lock Pill to Stabilize the Essence		
	Womb	46	GU JING WAN	Stabilize the Menses Pill		
		47	WAN DAI TANG	End Discharge Decoction		
[8] Calm Spirit	Heart Deficiency	48	SUAN ZAO REN TANG	Sour Jujube Decoction		
		49	HUANG LIAN E JIAO TANG	Coptis and Ass-Hide Gelatin Decoction		
		50	GAN MAI DA ZAO TANG	Licorice, Wheat, and Jujube Decoction		
[9] Regulate Qi	Qi Stagnation	51	YUE JU WAN	Escape Restraint Pill		
		52	BAN XIA HOU PO TANG	Pinellia and Magnolia Bark Decoction		
	Rebellious Qi	53	SU ZI JIANG QI TANG	Perilla Fruit Decoction for Directing Qi Downward		
		54	JU PI ZHU RU TANG	Tangerine Peel and Bamboo Shavings Decoction		
[10] Regulate Blood	Blood Stasis	55	TAO HE CHENG QI TANG	Peach Pit Decoction to Order the Qi		Video 7
		56	XUE FU ZHU YU TANG	Drive Out Stasis in the Mansion of Blood Decoction		
		57	WEN JING TANG	Warm the Menses Decoction		
		58	SHENG HUA TANG	Generating and Transforming Decoction		
		59	GUI ZHI FU LING WAN	Cinnamon Twig and Poria Pill		
		60	DAN SHEN YIN	Salvia Drink		
	Bleeding	61	HUAI HUA SAN	Sophora Japonica Flower Powder		
		62	JIAO AI TANG	Ass-Hide Gelatin and Mugwort Decoction		
[11] Expel Wind	External Wind	63	XIAO HUO LUO DAN	Minor Invigorate the Collaterals Special Pill		Video 8
		64	XIAO FENG SAN	Eliminate Wind Powder		
	Internal Wind	65	ZHEN GAN XI FENG TANG	Sedate the Liver and Extinguish Wind Decoction		
		66	TIAN MA GOU TENG YIN	Gastrodia and Uncaria Decoction		
[12] Treat Dryness	Exterior Dryness	67	XING SU SAN	Apricot Kernel and Perilla Leaf Powder		
	Interior Dryness	68	MAI MEN DONG TANG	Ophiopogonis Decoction		
[13] Expel Dampness	Damp Turbidity	69	PING WEI SAN	Calm the Stomach Powder		Video 9
		70	HUO XIANG ZHENG QI SAN	Agastache Powder to Rectify the Qi		
	Damp-Heat	71	BA ZHENG SAN	Eight-Herb Powder for Rectification		
	Water Irregularity	72	WU LING SAN	Five-Ingredient Powder with Poria		
		73	ZHU LING TANG	Polyporus Decoction		
		74	WU PI SAN	Five-Peel Powder		
	Cold-Damp	75	ZHEN WU TANG	True Warrior Decoction		
	Wind-Damp	76	JUAN BI TANG	Remove Painful Obstruction Decoction		
[14] Dissolve Phlegm	Damp-Phlegm	77	ER CHEN TANG	Two-Cured Decoction		
		78	WEN DAN TANG	Warm the Gallbladder Decoction		
	Hot-Phlegm	79	QING QI HUA TAN WAN	Clear the Qi and Transform Phlegm Pill		
	Dry-Phlegm	80	BEI MU GUA LOU SAN	Fritillaria and Trichosanthes Fruit Powder		
	Wind-Phlegm	81	BAN XIA BAI ZHU TIAN MA TANG	Pinellia, Atractylodis Macrocephalae, and Gastrodia Decoction		
		82	ZHI SOU SAN	Stop Coughing Powder		
[15] Digestive	Food Retention	83	BAO HE WAN	Preserve Harmony Pill		